



Week 1

Week 2

Tue., Sep 14 2010 5:33 p	The Corporate Ethics	Released	Ryan Grant	GNB	RB	Owner
Sat., Sep 18 2010 3:07 a	Beat Down Boys	Acquired	Mark Clayton	STL	WR	Waiver Wire
Sat., Sep 18 2010 3:07 a	Cowboy's 4ever	Acquired	Mike Williams	SEA	WR	Waiver Wire
Sat., Sep 18 2010 3:07 a	Beat Down Boys	Released	Braylon Edwards	NYJ	WR	Waiver Wire
Sat., Sep 18 2010 3:07 a	The Lion's Den	Acquired	Legedu Naanee	SDG	WR	Waiver Wire
Sat., Sep 18 2010 3:07 a	The Lion's Den	Released	Chris Chambers	KAN	WR	Waiver Wire
Sat., Sep 18 2010 3:07 a	Cowboy's 4ever	Released	Devin Hester	CHI	WR	Waiver Wire
Sat., Sep 18 2010 3:07 a	The Corporate Ethics	Acquired	Brandon Jackson	GNB	RB	Waiver Wire
Sat., Sep 18 2010 10:53 p	Beat Down Boys	Released	T.J. Houshmandzadeh	BAL	WR	Owner
Sun., Sep 19 2010 8:25 a	Beat Down Boys	Acquired	Mario Manningham	NYG	WR	Commissioner
Sun., Sep 19 2010 8:34 a	The Lion's Den	Released	Matthew Stafford	DET	QB	Owner
Sun., Sep 19 2010 8:34 a	The Lion's Den	Acquired	Michael Vick	PHI	QB	Owner

Week 3

Sat., Sep 25 2010 3:07 a	Adam's Team	Acquired	Bruce Gradkowski	OAK	QB	Waiver Wire
Sat., Sep 25 2010 3:07 a	The Lion's Den	Acquired	Demaryius Thomas	DEN	WR	Waiver Wire
Sat., Sep 25 2010 3:07 a	Greenbowl Packers	Acquired	Neil Rackers	HOU	K	Waiver Wire
Sat., Sep 25 2010 3:07 a	The Corporate Ethics	Acquired	T.J. Houshmandzadeh	BAL	WR	Waiver Wire
Sat., Sep 25 2010 3:07 a	Greenbowl Packers	Released	Shayne Graham	NWE	K	Waiver Wire
Sat., Sep 25 2010 3:07 a	Adam's Team	Released	Jason Campbell	OAK	QB	Waiver Wire
Sat., Sep 25 2010 3:07 a	The Corporate Ethics	Released	Brent Celek	PHI	TE	Waiver Wire
Sat., Sep 25 2010 3:07 a	The Lion's Den	Released	Nate Burleson	DET	WR	Waiver Wire
Sun., Sep 26 2010 5:52 a	TARHEELS12	Released	Mewelde Moore	PIT	RB	Owner
Sun., Sep 26 2010 5:52 a	TARHEELS12	Acquired	Mike Tolbert	SDG	RB	Owner
Sun., Sep 26 2010 8:44 a	Beat Down Boys	Released	Brian Westbrook	SFO	RB	Commissioner
Sun., Sep 26 2010 8:44 a	Beat Down Boys	Acquired	Jason Snelling	ATL	RB	Commissioner
Sun., Sep 26 2010 8:45 a	Beat Down Boys	Released	C.J. Spiller	BUF	RB	Commissioner
Sun., Sep 26 2010 8:45 a	Beat Down Boys	Acquired	Peyton Hillis	CLE	RB	Commissioner

Week 4

Sat., Oct 2 2010 3:07 a	The Corporate Ethics	Acquired	Marshawn Lynch	SEA	RB	Waiver Wire
Sat., Oct 2 2010 3:07 a	The Lion's Den	Acquired	BenJarvus Green-Ellis	NWE	RB	Waiver Wire
Sat., Oct 2 2010 3:07 a	The Corporate Ethics	Released	Fred Jackson	BUF	RB	Waiver Wire
Sat., Oct 2 2010 3:07 a	The Lion's Den	Released	Knowshon Moreno	DEN	RB	Waiver Wire
Sat., Oct 2 2010 9:48 p	The Corporate Ethics	Released	Derrick Mason	BAL	WR	Commissioner
Sat., Oct 2 2010 9:48 p	The Corporate Ethics	Acquired	Jermichael Finley	GNB	TE	Commissioner
Sat., Oct 2 2010 10:00 p	The Lion's Den	Released	Arizona Cardinals	ARI	Def/ST	Owner
Sat., Oct 2 2010 10:00 p	The Lion's Den	Acquired	Seattle Seahawks	SEA	Def/ST	Owner

Week 5

Sat., Oct 9 2010 3:07 a	Greenbowl Packers	Acquired	C.J. Spiller	BUF	RB	Waiver Wire
Sat., Oct 9 2010 3:07 a	Greenbowl Packers	Released	Marion Barber	DAL	RB	Waiver Wire
Sat., Oct 9 2010 3:07 a	Greg's Team	Acquired	Josh Freeman	TAM	QB	Waiver Wire
Sat., Oct 9 2010 3:07 a	Greg's Team	Released	Matt Moore	CAR	QB	Waiver Wire
Sat., Oct 9 2010 3:07 a	The Corporate Ethics	Released	Devin Aromashodu	CHI	WR	Waiver Wire
Sat., Oct 9 2010 3:07 a	The Corporate Ethics	Acquired	Brandon Lloyd	DEN	WR	Waiver Wire
Sun., Oct 10 2010 7:58 a	The Corporate Ethics	Released	T.J. Houshmandzadeh	BAL	WR	Commissioner
Sun., Oct 10 2010 7:58 a	The Corporate Ethics	Acquired	Braylon Edwards	NYJ	WR	Commissioner
Sun., Oct 10 2010 7:59 a	The Corporate Ethics	Released	Chester Taylor	CHI	RB	Commissioner
Sun., Oct 10 2010 7:59 a	The Corporate Ethics	Acquired	Knowshon Moreno	DEN	RB	Commissioner
Sun., Oct 10 2010 10:53 a	The Corporate Ethics	Released	Brandon Jackson	GNB	RB	Commissioner
Sun., Oct 10 2010 10:53 a	The Corporate Ethics	Acquired	Ryan Torain	WAS	RB	Commissioner

Week 6

Sat., Oct 16 2010 3:07 a	Greenbowl Packers	Released	Kevin Walter	HOU	WR	Waiver Wire
Sat., Oct 16 2010 3:07 a	The Lion's Den	Acquired	Jabar Gaffney	DEN	WR	Waiver Wire
Sat., Oct 16 2010 3:07 a	The Lion's Den	Released	Demaryius Thomas	DEN	WR	Waiver Wire



Sat., Oct 16 2010 3:07 a	Greenbowl Packers	Acquired	Danny Amendola	STL	WR	Waiver Wire
Sun., Oct 17 2010 12:49 p	Beat Down Boys	Acquired	Mike Thomas	JAC	WR	Commissioner
Sun., Oct 17 2010 12:49 p	Beat Down Boys	Released	Mark Clayton	STL	WR	Commissioner
Sun., Oct 17 2010 12:56 p	Beat Down Boys	Acquired	Davone Bess	MIA	WR	Commissioner
Sun., Oct 17 2010 12:56 p	Beat Down Boys	Released	Sidney Rice	MIN	WR	Commissioner

Week 7

Sat., Oct 23 2010 3:07 a	The Lion's Den	Released	Legedu Naanee	SDG	WR	Waiver Wire
Sat., Oct 23 2010 3:07 a	Greenbowl Packers	Released	C.J. Spiller	BUF	RB	Waiver Wire
Sat., Oct 23 2010 3:07 a	Greenbowl Packers	Acquired	Chris Ivory	NOR	RB	Waiver Wire
Sat., Oct 23 2010 3:07 a	The Lion's Den	Acquired	Steve Johnson	BUF	WR	Waiver Wire
Sat., Oct 23 2010 3:07 a	Bay Area Mac Daddies	Released	Dallas Clark	IND	TE	Waiver Wire
Sat., Oct 23 2010 3:07 a	Bay Area Mac Daddies	Acquired	Deion Branch	NWE	WR	Waiver Wire

Week 8

Sat., Oct 30 2010 3:07 a	The Lion's Den	Acquired	Brandon Jackson	GNB	RB	Waiver Wire
Sat., Oct 30 2010 3:07 a	The Lion's Den	Released	BenJarvus Green-Ellis	NWE	RB	Waiver Wire
Sat., Oct 30 2010 3:07 a	The Corporate Ethics	Released	Jermichael Finley	GNB	TE	Waiver Wire
Sat., Oct 30 2010 3:07 a	The Corporate Ethics	Acquired	Kenny Britt	TEN	WR	Waiver Wire
Sun., Oct 31 2010 12:05 p	Adam's Team	Released	Tarvaris Jackson	MIN	QB	Owner
Sun., Oct 31 2010 12:05 p	Adam's Team	Acquired	Troy Smith	SFO	QB	Owner
Sun., Oct 31 2010 12:38 p	Beat Down Boys	Released	Jason Snelling	ATL	RB	Owner
Sun., Oct 31 2010 12:38 p	Beat Down Boys	Acquired	Fred Jackson	BUF	RB	Owner

Week 9

Sat., Nov 6 2010 3:07 a	Bay Area Mac Daddies	Acquired	LeGarrette Blount	TAM	RB	Waiver Wire
Sat., Nov 6 2010 3:07 a	Bay Area Mac Daddies	Released	Tim Hightower	ARI	RB	Waiver Wire
Sat., Nov 6 2010 3:07 a	The Lion's Den	Released	Donald Driver	GNB	WR	Waiver Wire
Sat., Nov 6 2010 3:07 a	The Lion's Den	Acquired	Derrick Mason	BAL	WR	Waiver Wire
Sat., Nov 6 2010 6:55 p	TARHEELS12	Released	Golden Tate	SEA	WR	Owner
Sat., Nov 6 2010 6:55 p	TARHEELS12	Acquired	Patrick Crayton	SDG	WR	Owner
Sat., Nov 6 2010 6:59 p	TARHEELS12	Released	Steve Slaton	HOU	RB	Owner
Sat., Nov 6 2010 6:59 p	TARHEELS12	Acquired	BenJarvus Green-Ellis	NWE	RB	Owner
Sun., Nov 7 2010 8:52 a	The Lion's Den	Released	Nate Kaeding	SDG	K	Owner
Sun., Nov 7 2010 8:52 a	The Lion's Den	Acquired	Dan Carpenter	MIA	K	Owner
Sun., Nov 7 2010 12:24 p	Adam's Team	Released	Bruce Gradkowski	OAK	QB	Owner
Sun., Nov 7 2010 12:24 p	Adam's Team	Acquired	Jason Campbell	OAK	QB	Owner

Week 10

Thu., Nov 11 2010 4:07 p	Bay Area Mac Daddies	Acquired	Jacob Tamme	IND	TE	Waiver Wire
Thu., Nov 11 2010 4:07 p	Greenbowl Packers	Acquired	Willis McGahee	BAL	RB	Waiver Wire
Thu., Nov 11 2010 4:07 p	Bay Area Mac Daddies	Released	Eddie Royal	DEN	WR	Waiver Wire
Thu., Nov 11 2010 4:07 p	The Corporate Ethics	Acquired	Seyi Ajirotutu	SDG	WR	Waiver Wire
Thu., Nov 11 2010 4:07 p	The Corporate Ethics	Released	Kenny Britt	TEN	WR	Waiver Wire
Thu., Nov 11 2010 4:07 p	Greenbowl Packers	Released	Chris Ivory	NOR	RB	Waiver Wire
Sun., Nov 14 2010 11:06 a	The Lion's Den	Acquired	Danny Woodhead	NWE	RB	Owner
Sun., Nov 14 2010 11:06 a	The Lion's Den	Released	Jonathan Stewart	CAR	RB	Owner

Week 11

Sun., Nov 21 2010 12:56 p	Beat Down Boys	Released	Davone Bess	MIA	WR	Owner
Sun., Nov 21 2010 12:56 p	Beat Down Boys	Acquired	Lance Moore	NOR	WR	Owner
Sun., Nov 21 2010 12:59 p	Beat Down Boys	Released	DeAngelo Williams	CAR	RB	Owner
Sun., Nov 21 2010 12:59 p	Beat Down Boys	Acquired	Tim Hightower	ARI	RB	Owner

Week 12

Thu., Nov 25 2010 10:47 a	Beat Down Boys	Released	Houston Texans	HOU	Def/ST	Owner
Thu., Nov 25 2010 11:07 a	The Lion's Den	Released	Kevin Smith	DET	RB	Waiver Wire
Thu., Nov 25 2010 11:07 a	Greg's Team	Released	Jacoby Jones	HOU	WR	Waiver Wire
Thu., Nov 25 2010 11:07 a	The Lion's Den	Acquired	Mike Goodson	CAR	RB	Waiver Wire
Thu., Nov 25 2010 11:07 a	Greg's Team	Acquired	Brian Hartline	MIA	WR	Waiver Wire



Thu., Nov 25 2010 11:07 a	Beat Down Boys	Acquired	New England Patriots	NWE	Def/ST	Waiver Wire
Thu., Nov 25 2010 11:07 a	TARHEELS12	Released	Patrick Crayton	SDG	WR	Waiver Wire
Thu., Nov 25 2010 11:07 a	TARHEELS12	Acquired	Nate Burleson	DET	WR	Waiver Wire

Week 13

Tue., Nov 30 2010 6:41 p	Beat Down Boys	Released	Mike Thomas	JAC	WR	Owner
Thu., Dec 2 2010 11:07 a	Beat Down Boys	Acquired	Ben Obomanu	SEA	WR	Waiver Wire
Thu., Dec 2 2010 11:07 a	The Lion's Den	Acquired	Tampa Bay Buccaneers	TAM	Def/ST	Waiver Wire
Thu., Dec 2 2010 11:07 a	The Lion's Den	Released	Seattle Seahawks	SEA	Def/ST	Waiver Wire
Thu., Dec 2 2010 11:07 a	TARHEELS12	Acquired	Brian Westbrook	SFO	RB	Waiver Wire
Thu., Dec 2 2010 11:07 a	TARHEELS12	Released	Frank Gore	SFO	RB	Waiver Wire

Playoff Week 1

Thu., Dec 9 2010 11:07 a	The Lion's Den	Acquired	Sidney Rice	MIN	WR	Waiver Wire
Thu., Dec 9 2010 11:07 a	The Lion's Den	Released	Randy Moss	TEN	WR	Waiver Wire
Sat., Dec 11 2010 6:34 p	TARHEELS12	Acquired	Anthony Armstrong	WAS	WR	Owner
Sat., Dec 11 2010 6:34 p	TARHEELS12	Released	Nate Burleson	DET	WR	Owner
Sun., Dec 12 2010 8:36 a	Bay Area Mac Daddies	Acquired	Chris Ivory	NOR	RB	Commissioner
Sun., Dec 12 2010 8:36 a	Bay Area Mac Daddies	Released	Pierre Thomas	NOR	RB	Commissioner
Sun., Dec 12 2010 12:13 p	The Lion's Den	Acquired	Jonathan Stewart	CAR	RB	Owner
Sun., Dec 12 2010 12:13 p	The Lion's Den	Released	Mike Goodson	CAR	RB	Owner

Playoff Week 2

Sun., Dec 19 2010 1:59 a	TARHEELS12	Acquired	Kenny Britt	TEN	WR	Owner
Sun., Dec 19 2010 1:59 a	TARHEELS12	Released	Anthony Armstrong	WAS	WR	Owner

Playoff Week 3

Offseason