



## Week 1

Sun Sep 11 12:51 pm ET	Adam's Team	Acquired	Cowboy's 4ever	Acquired	Trade
	Santonio Holmes, WR		Dez Bryant, WR		

## Week 2

Fri Sep 16 9:09 pm ET	The Lion's Den	Released	St. Louis Rams	STL	Def/ST	Waiver Wire
Fri Sep 16 9:09 pm ET	TARHEELS12	Released	James Jones	GNB	WR	Waiver Wire
Fri Sep 16 9:09 pm ET	TARHEELS12	Acquired	Early Doucet	ARI	WR	Waiver Wire
Fri Sep 16 9:09 pm ET	The Lion's Den	Acquired	New York Giants	NYG	Def/ST	Waiver Wire
Fri Sep 16 9:09 pm ET	The Corporate Ethics	Acquired	Devery Henderson	NOR	WR	Waiver Wire
Fri Sep 16 9:09 pm ET	The Corporate Ethics	Released	Roy Williams	CHI	WR	Waiver Wire
Sun Sep 18 12:01 pm ET	Cowboy's 4ever	Acquired	Nate Burleson	DET	WR	Commissioner
Sun Sep 18 12:01 pm ET	Cowboy's 4ever	Released	Bernard Berrian	---	WR	Commissioner
Sun Sep 18 12:52 pm ET	Beat Down Boys	Acquired	Jacksonville Jaguars	JAC	Def/ST	Owner
Sun Sep 18 12:52 pm ET	Beat Down Boys	Released	New Orleans Saints	NOR	Def/ST	Owner
Sun Sep 18 12:58 pm ET	Beat Down Boys	Acquired	Carnell Williams	STL	RB	Owner
Sun Sep 18 12:58 pm ET	Beat Down Boys	Released	Joseph Addai	IND	RB	Owner

## Week 3

Fri Sep 23 9:09 pm ET	Greg's Team	Acquired	Tony Gonzalez	ATL	TE	Waiver Wire
Fri Sep 23 9:09 pm ET	The Lion's Den	Acquired	Isaac Redman	PIT	RB	Waiver Wire
Fri Sep 23 9:09 pm ET	TARHEELS12	Released	Rashad Jennings	JAC	RB	Waiver Wire
Fri Sep 23 9:09 pm ET	TARHEELS12	Acquired	Daniel Thomas	MIA	RB	Waiver Wire
Fri Sep 23 9:09 pm ET	Greg's Team	Released	Greg Little	CLE	WR	Waiver Wire
Fri Sep 23 9:09 pm ET	Bay Area Mac Daddies	Acquired	Eric Decker	DEN	WR	Waiver Wire
Fri Sep 23 9:09 pm ET	Bay Area Mac Daddies	Released	Danny Amendola	STL	WR	Waiver Wire
Fri Sep 23 9:09 pm ET	The Lion's Den	Released	Ricky Williams	BAL	RB	Waiver Wire
Fri Sep 23 9:09 pm ET	Beat Down Boys	Released	Chad Ochocinco	NWE	WR	Waiver Wire
Fri Sep 23 9:09 pm ET	Beat Down Boys	Acquired	Denarius Moore	OAK	WR	Waiver Wire
Sun Sep 25 7:13 am ET	Beat Down Boys	Released	Billy Cundiff	BAL	K	Owner
Sun Sep 25 7:13 am ET	Beat Down Boys	Acquired	Jason Hanson	DET	K	Owner
Sun Sep 25 8:34 am ET	The Corporate Ethics	Released	David Garrard	---	QB	Commissioner
Sun Sep 25 8:34 am ET	The Corporate Ethics	Acquired	Ryan Fitzpatrick	BUF	QB	Commissioner
Sun Sep 25 8:45 am ET	Bay Area Mac Daddies	Released	Ryan Grant	GNB	RB	Commissioner
Sun Sep 25 8:45 am ET	Bay Area Mac Daddies	Acquired	Roy Helu	WAS	RB	Commissioner
Sun Sep 25 8:49 am ET	Bay Area Mac Daddies	Released	Dallas Clark	IND	TE	Commissioner
Sun Sep 25 8:49 am ET	Bay Area Mac Daddies	Acquired	Rob Gronkowski	NWE	TE	Commissioner
Sun Sep 25 8:50 am ET	Bay Area Mac Daddies	Released	Minnesota Vikings	MIN	Def/ST	Commissioner
Sun Sep 25 8:50 am ET	Bay Area Mac Daddies	Acquired	Tennessee Titans	TEN	Def/ST	Commissioner

## Week 4

Fri Sep 30 4:03 pm ET	Greg's Team	Released	Kansas City Chiefs	KAN	Def/ST	Owner
Fri Sep 30 9:09 pm ET	Beat Down Boys	Released	Carnell Williams	STL	RB	Waiver Wire
Fri Sep 30 9:09 pm ET	Beat Down Boys	Acquired	Ryan Grant	GNB	RB	Waiver Wire
Fri Sep 30 9:09 pm ET	Bay Area Mac Daddies	Acquired	Nate Washington	TEN	WR	Waiver Wire
Fri Sep 30 9:09 pm ET	The Corporate Ethics	Acquired	Torrey Smith	BAL	WR	Waiver Wire
Fri Sep 30 9:09 pm ET	The Lion's Den	Released	Isaac Redman	PIT	RB	Waiver Wire
Fri Sep 30 9:09 pm ET	Bay Area Mac Daddies	Released	Eric Decker	DEN	WR	Waiver Wire
Fri Sep 30 9:09 pm ET	The Lion's Den	Acquired	Joseph Addai	IND	RB	Waiver Wire
Fri Sep 30 9:09 pm ET	Greg's Team	Acquired	Washington Redskins	WAS	Def/ST	Waiver Wire
Fri Sep 30 9:09 pm ET	The Corporate Ethics	Released	Devery Henderson	NOR	WR	Waiver Wire
Sun Oct 2 10:22 am ET	Cowboy's 4ever	Released	Nate Kaeding	SDG	K	Commissioner
Sun Oct 2 10:22 am ET	Cowboy's 4ever	Acquired	Dan Bailey	DAL	K	Commissioner
Sun Oct 2 12:58 pm ET	Beat Down Boys	Released	Jacksonville Jaguars	JAC	Def/ST	Owner
Sun Oct 2 12:58 pm ET	Beat Down Boys	Acquired	Cincinnati Bengals	CIN	Def/ST	Owner

## Week 5

Fri Oct 7 9:09 pm ET	Bay Area Mac Daddies	Released	Donovan McNabb	---	QB	Waiver Wire
Fri Oct 7 9:09 pm ET	Bay Area Mac Daddies	Acquired	Curtis Painter	IND	QB	Waiver Wire



Fri Oct 7 9:09 pm ET	The Corporate Ethics	Acquired	Jimmy Graham	NOR	TE	Waiver Wire
Fri Oct 7 9:09 pm ET	The Lion's Den	Released	Jerome Harrison	DET	RB	Waiver Wire
Fri Oct 7 9:09 pm ET	The Corporate Ethics	Released	Steve Smith	PHI	WR	Waiver Wire
Fri Oct 7 9:09 pm ET	The Lion's Den	Acquired	Willis McGahee	DEN	RB	Waiver Wire
Fri Oct 7 9:09 pm ET	Greenbowl Packers	Acquired	Victor Cruz	NYG	WR	Waiver Wire
Fri Oct 7 9:09 pm ET	Greenbowl Packers	Released	Hines Ward	PIT	WR	Waiver Wire
Sun Oct 9 2:26 am ET	TARHEELS12	Released	Kenny Britt	TEN	WR	Owner
Sun Oct 9 2:26 am ET	TARHEELS12	Acquired	David Nelson	BUF	WR	Owner
Sun Oct 9 12:31 pm ET	Cowboy's 4ever	Released	Lee Evans	BAL	WR	Owner
Sun Oct 9 12:31 pm ET	Cowboy's 4ever	Acquired	Antonio Brown	PIT	WR	Owner
Sun Oct 9 11:42 pm ET	The Corporate Ethics	Released	BenJarvus Green-Ellis	NWE	RB	Commissioner
Sun Oct 9 11:42 pm ET	The Corporate Ethics	Acquired	Ryan Torain	WAS	RB	Commissioner

## Week 6

Fri Oct 14 9:09 pm ET	Greenbowl Packers	Acquired	Darrius Heyward-Bey	OAK	WR	Waiver Wire
Fri Oct 14 9:09 pm ET	Greenbowl Packers	Released	Plaxico Burress	NYJ	WR	Waiver Wire
Fri Oct 14 9:09 pm ET	The Lion's Den	Acquired	Doug Baldwin	SEA	WR	Waiver Wire
Fri Oct 14 9:09 pm ET	The Lion's Den	Released	Jacoby Ford	OAK	WR	Waiver Wire
Sat Oct 15 4:41 pm ET	The Lion's Den	Released	Joseph Addai	IND	RB	Owner
Sat Oct 15 4:41 pm ET	The Lion's Den	Acquired	BenJarvus Green-Ellis	NWE	RB	Owner

## Week 7

Fri Oct 21 9:09 pm ET	The Lion's Den	Acquired	Carson Palmer	OAK	QB	Waiver Wire
Fri Oct 21 9:09 pm ET	The Lion's Den	Released	Jason Campbell	OAK	QB	Waiver Wire
Fri Oct 21 9:09 pm ET	Greenbowl Packers	Released	Brandon Jacobs	NYG	RB	Waiver Wire
Fri Oct 21 9:09 pm ET	Greenbowl Packers	Acquired	Jackie Battle	KAN	RB	Waiver Wire
Fri Oct 21 9:09 pm ET	The Corporate Ethics	Released	David Akers	SFO	K	Waiver Wire
Fri Oct 21 9:09 pm ET	The Corporate Ethics	Acquired	Rian Lindell	BUF	K	Waiver Wire
Sat Oct 22 10:33 pm ET	Bay Area Mac Daddies	Acquired	Eric Decker	DEN	WR	Commissioner
Sat Oct 22 10:33 pm ET	Bay Area Mac Daddies	Released	Jermichael Finley	GNB	TE	Commissioner
Sat Oct 22 10:34 pm ET	The Corporate Ethics	Acquired	Billy Cundiff	BAL	K	Commissioner
Sat Oct 22 10:34 pm ET	The Corporate Ethics	Released	Rian Lindell	BUF	K	Commissioner
Sun Oct 23 3:22 am ET	Beat Down Boys	Acquired	Joseph Addai	IND	RB	Owner
Sun Oct 23 3:22 am ET	Beat Down Boys	Released	Ryan Grant	GNB	RB	Owner
Sun Oct 23 3:32 am ET	Beat Down Boys	Acquired	Earnest Graham	TAM	RB	Owner
Sun Oct 23 3:32 am ET	Beat Down Boys	Released	Pierre Thomas	NOR	RB	Owner
Sun Oct 23 11:44 am ET	Cowboy's 4ever	Acquired	Devery Henderson	NOR	WR	Commissioner
Sun Oct 23 11:44 am ET	Cowboy's 4ever	Released	Mike Sims-Walker	---	WR	Commissioner
Sun Oct 23 11:48 am ET	Cowboy's 4ever	Acquired	Seattle Seahawks	SEA	Def/ST	Commissioner
Sun Oct 23 11:48 am ET	Cowboy's 4ever	Released	Tampa Bay Buccaneers	TAM	Def/ST	Commissioner
Sun Oct 23 2:19 pm ET	TARHEELS12	Acquired	Jermichael Finley	GNB	TE	Commissioner
Sun Oct 23 2:19 pm ET	TARHEELS12	Released	Mario Manningham	NYG	WR	Commissioner

## Week 8

Thu Oct 27 8:02 pm ET	Greg's Team	Released	Tim Hightower	WAS	RB	Owner
Fri Oct 28 9:09 pm ET	The Lion's Den	Released	Doug Baldwin	SEA	WR	Waiver Wire
Fri Oct 28 9:09 pm ET	The Lion's Den	Acquired	Fred Davis	WAS	TE	Waiver Wire
Fri Oct 28 9:09 pm ET	Bay Area Mac Daddies	Acquired	James Jones	GNB	WR	Waiver Wire
Fri Oct 28 9:09 pm ET	Bay Area Mac Daddies	Released	Nate Washington	TEN	WR	Waiver Wire
Sat Oct 29 4:49 pm ET	Greg's Team	Acquired	DeMarco Murray	DAL	RB	Owner
Sat Oct 29 5:37 pm ET	Greg's Team	Acquired	Jacksonville Jaguars	JAC	Def/ST	Owner
Sat Oct 29 5:37 pm ET	Greg's Team	Released	Washington Redskins	WAS	Def/ST	Owner
Sun Oct 30 9:58 am ET	Cowboy's 4ever	Acquired	The Lion's Den	Acquired	Trade	
	Miles Austin, WR		Nate Burleson, WR			
	James Starks, RB		Michael Turner, RB			

## Week 9

Fri Nov 4 9:09 pm ET	The Lion's Den	Released	Nate Burleson	DET	WR	Waiver Wire
Fri Nov 4 9:09 pm ET	The Lion's Den	Acquired	T.J. Houshmandzadeh	OAK	WR	Waiver Wire
Sun Nov 6 1:10 am ET	Beat Down Boys	Acquired	Montario Hardesty	CLE	RB	Owner



Sun Nov 6 1:10 am ET	Beat Down Boys	Released	Earnest Graham	TAM	RB	Owner
Sun Nov 6 1:13 am ET	Beat Down Boys	Acquired	Nate Washington	TEN	WR	Owner
Sun Nov 6 1:13 am ET	Beat Down Boys	Released	Santana Moss	WAS	WR	Owner
Sun Nov 6 1:24 am ET	Beat Down Boys	Acquired	Brandon Jacobs	NYG	RB	Owner
Sun Nov 6 1:24 am ET	Beat Down Boys	Released	Joseph Addai	IND	RB	Owner
Sun Nov 6 12:41 pm ET	TARHEELS12	Acquired	Mario Manningham	NYG	WR	Owner
Sun Nov 6 12:41 pm ET	TARHEELS12	Released	Michael Crabtree	SFO	WR	Owner

## Week 10

Tue Nov 8 9:32 am ET	Beat Down Boys	Released	Sam Bradford	STL	QB	Owner
Thu Nov 10 1:11 am ET	Greenbowl Packers	Released	Davone Bess	MIA	WR	Waiver Wire
Thu Nov 10 1:11 am ET	Beat Down Boys	Acquired	Andy Dalton	CIN	QB	Waiver Wire
Thu Nov 10 1:11 am ET	Greenbowl Packers	Acquired	Earl Bennett	CHI	WR	Waiver Wire

## Week 11

Thu Nov 17 1:16 am ET	Greenbowl Packers	Released	Chad Henne	MIA	QB	Waiver Wire
Thu Nov 17 1:16 am ET	The Corporate Ethics	Released	Mike Thomas	JAC	WR	Waiver Wire
Thu Nov 17 1:16 am ET	Greenbowl Packers	Acquired	Christian Ponder	MIN	QB	Waiver Wire
Thu Nov 17 1:16 am ET	The Corporate Ethics	Acquired	Damian Williams	TEN	WR	Waiver Wire
Sun Nov 20 1:10 am ET	Beat Down Boys	Acquired	Laurent Robinson	DAL	WR	Owner
Sun Nov 20 1:10 am ET	Beat Down Boys	Released	Lance Moore	NOR	WR	Owner
Sun Nov 20 1:21 am ET	Beat Down Boys	Acquired	Dexter McCluster	KAN	RB	Owner
Sun Nov 20 1:21 am ET	Beat Down Boys	Released	Montario Hardesty	CLE	RB	Owner
Sun Nov 20 10:28 am ET	The Corporate Ethics	Acquired	Lance Ball	DEN	RB	Commissioner
Sun Nov 20 10:28 am ET	The Corporate Ethics	Released	Knowshon Moreno	DEN	RB	Commissioner
Sun Nov 20 12:41 pm ET	Greg's Team	Acquired	Vince Young	PHI	QB	Owner
Sun Nov 20 12:41 pm ET	Greg's Team	Released	Matt Cassel	KAN	QB	Owner

## Week 12

Sun Nov 27 12:53 pm ET	Beat Down Boys	Acquired	Sam Bradford	STL	QB	Owner
Sun Nov 27 12:53 pm ET	Beat Down Boys	Released	Jay Cutler	CHI	QB	Owner
Sun Nov 27 12:58 pm ET	Beat Down Boys	Acquired	Joseph Addai	IND	RB	Owner
Sun Nov 27 12:58 pm ET	Beat Down Boys	Released	Jahvid Best	DET	RB	Owner

## Week 13

Thu Dec 1 1:08 am ET	Greenbowl Packers	Acquired	Marcel Reece	OAK	RB	Waiver Wire
Thu Dec 1 1:08 am ET	Greenbowl Packers	Released	Thomas Jones	KAN	RB	Waiver Wire

## Playoff Week 1

## Playoff Week 2

## Playoff Week 3

## Offseason