



#### Week 1

#### 3rdMike

Released	Ty Chandler	MIN RB	Commissioner	Mon Jul 15 3:54pm ET
Released	Royce Freeman	DAL RB	Commissioner	Mon Jul 15 3:54pm ET
Released	Kenneth Gainwell	PHI RB	Commissioner	Mon Jul 15 3:54pm ET
Released	Chuba Hubbard	CAR RB	Commissioner	Mon Jul 15 3:54pm ET
Released	Latavius Murray	BUF RB	Commissioner	Mon Jul 15 3:54pm ET
Released	Miles Sanders	CAR RB	Commissioner	Mon Jul 15 3:54pm ET
Traded		The Fall of Dean		Thu Apr 18 12:19am ET
	Romeo Doubs WR GB		Rnd 1, Pick 1	

Rnd 1, Pick 3 2025 Draft, Rnd 1 2025 Draft, Rnd 2 2025 Draft, Rnd 3

#### **Bench**

Traded

Released	Rico Dowdle	DAL RB	Owner	Sat Jul 13 11:08pm ET
Released	Justin Tucker	BAL K	Owner	Sat Jul 13 7:06am ET
Released	Joshua Kelley	LAC RB	Owner	Thu Jul 11 11:31pm ET
Released	Chicago Bears	CHI D/ST	Owner	Thu Jul 11 11:31pm ET
Released	Jelani Woods	IND TE	Owner	Fri Apr 19 7:12am ET
Traded		That Haitian BBQ!		Sat Jul 13 8:39am ET

Tyler Allgeier RB ATL

Rnd 3, Pick 12 Tue Jul 9 9:12am ET DeezQuan

Tyler Allgeier RB ATL

Zay Flowers WR BAL

Lamar Jackson QB BAL Tony Pollard RB TEN Tyjae Spears RB TEN Zay Flowers WR BAL Rnd 2, Pick 9

Bijan Robinson RB ATL Roschon Johnson RB CHI Rnd 4, Pick 10

Traded

Dynasty Delco Mike Evans WR TB San Francisco 49ers D/ST

D.K. Metcalf WR SEA

Rnd 4, Pick 10

Christian Kirk WR JAX

## DeezQuan

Released	Michael Mayer	LV TE	Owner	Sat Jul 13 9:56pm ET
Released	Matthew Stafford	LAR QB	Owner	Wed Jul 10 12:11pm ET
Released	AJ Dillon	GB RB	Owner	Mon Jul 8 9:24pm ET
Released	Aaron Rodgers	NYJ QB	Owner	Mon Jul 8 9:24pm ET
Released	Cedric Tillman	CLE WR	Owner	Tue Mar 26 12:29pm ET
Released	Sam Howell	SEA QB	Owner	Tue Mar 26 12:29pm ET
Released	Isaiah Spiller	LAC RB	Owner	Tue Mar 26 12:29pm ET
Traded		Dynasty Delco		Thu Jul 11 10:01am ET
	Dalton Schultz TE HOU		Michael Mayer TE LV	
	Rnd 3, Pick 8		Rnd 2, Pick 11	
Traded		Bench		Tue Jul 9 9:12am ET
	Tyler Allgeier RB ATL		Lamar Jackson QB BAL	
	Bijan Robinson RB ATL		Tony Pollard RB TEN	
	Roschon Johnson RB CHI		Tyjae Spears RB TEN	

Tue Jun 25 11:06pm ET

www.rtsports.com 2024 Transactions Sat Jul 20 5:37am ET

			Rnd 2, Pick 9	
Traded	14 11 01 11 14 B B11E	Dynasty Delco	D 10 B: 1 40	Tue Jul 9 9:10am ET
	Khalil Shakir WR BUF		Rnd 2, Pick 10	
Traded		The Last Stand		Fri Jul 5 12:19am ET
	Jaleel McLaughlin RB DEN		Matthew Stafford QB LAR	
	Rnd 4, Pick 8		Rnd 3, Pick 3	
	Rnd 5, Pick 8			
Traded		Dynasty Delco		Thu Jun 27 11:07pm ET
	Tank Bigsby RB JAX		Jaleel McLaughlin RB DEN	
			Rnd 5, Pick 10	
Traded		PEAS		Sun Apr 7 8:08pm ET
	Rnd 2, Pick 10		George Kittle TE SF	
			· ·	
Dynasty Delc	:O			
Released	Kareem Hunt	CLE RB	Owner	Wed Mar 13 6:57pm ET
Traded		DeezQuan		Thu Jul 11 10:01am ET
	Michael Mayer TE LV		Dalton Schultz TE HOU	
	Rnd 2, Pick 11		Rnd 3, Pick 8	
Traded		DeezQuan		Tue Jul 9 9:10am ET
	Rnd 2, Pick 10		Khalil Shakir WR BUF	
Traded		PEAS		Mon Jul 8 8:19pm ET
Haded	Rhamondre Stevenson RB NE	ILAO	Rnd 2, Pick 1	Mon 301 0 0.13pm E1
			Rnd 2, Pick 10	
			Rnd 2, Pick 11	
Traded	Island Mel swellin DD DEN	DeezQuan	Tark Disselve DD IAV	Thu Jun 27 11:07pm ET
	Jaleel McLaughlin RB DEN		Tank Bigsby RB JAX	
	Rnd 5, Pick 10			
Traded		Bench		Tue Jun 25 11:06pm ET
	Mike Evans WR TB		San Francisco 49ers D/ST	
	Christian Kirk WR JAX		D.K. Metcalf WR SEA	
Traded		Thunder		Thu Jun 20 10:02pm ET
Haded	DeAndre Hopkins WR TEN	manaei	Jordan Addison WR MIN	111d 3di1 20 10.02piii L1
	Davante Adams WR LV		Michael Mayer TE LV	
	Joe Mixon RB HOU		Jaleel McLaughlin RB DEN	
	000 1111/011 112 1100		oaloo: mozaag 112 2 2 1.1	
Traded		PEAS		Sat Jun 1 11:54am ET
	Tee Higgins WR CIN		Davante Adams WR LV	
	Chase Brown RB CIN		Rhamondre Stevenson RB NE	
	Rnd 6, Pick 12		Rnd 5, Pick 10	
	Rnd 7, Pick 6		Rnd 6, Pick 10	
Traded		That Haitian BBQ!		Tue May 14 6:17pm ET
	Rnd 5, Pick 7		Rnd 5, Pick 12	
	Rnd 6, Pick 7		Rnd 6, Pick 6	
			Rnd 6, Pick 12	
			Rnd 7, Pick 6	
			Rnd 7, Pick 12	
Traded		That Haitian BBQ!		Tue May 14 6:04pm ET
	Rnd 8, Pick 12		Rnd 9, Pick 6	•
			Rnd 10, Pick 6	



www.rtsports.com 2024 Transactions Sat Jul 20 5:37am ET

				Sat Jul 20 5:378
Traded		Thunder		Sun May 12 5:06pm ET
Hadou	Rnd 8, Pick 7	manaor	Rnd 8, Pick 12	Odif May 12 0.00pm 21
	Title 0, 1 lok 7		Rnd 9, Pick 12	
			Rnd 10, Pick 12	
			1110 10,110112	
Traded		The Fall of Dean		Wed Mar 13 8:08am ET
	Dontayvion Wicks WR GB		Tee Higgins WR CIN	
	Rnd 1, Pick 7			
Filthy McN	Nasty			
Released	Baltimore Ravens	BAL D/ST	Owner	Wed Apr 17 9:37am ET
Released	Jeff Wilson	MIA RB	Owner	Wed Apr 17 9:37am ET
Released	Dalvin Cook	BAL RB	Owner	Wed Apr 17 9:37am ET
Released	Cameron Dicker	LAC K	Owner	Mon Apr 8 7:36am ET
Released	Zay Jones	ARI WR	Owner	Mon Apr 8 7:36am ET
Off I/R	Mike Williams	NYJ WR	Owner	Wed Mar 20 9:57am ET
Released	Luke Musgrave	GB TE	Owner	Wed Mar 20 9:57am ET
Released	Evan McPherson	CIN K	Owner	Wed Mar 20 9:57am ET
Released	Rashaad Penny	CAR RB	Owner	Wed Mar 20 9:57am ET
Released	Emari Demercado	ARI RB	Owner	Wed Mar 20 9:57am ET
Released	Cam Akers	MIN RB	Owner	Wed Mar 20 9:57am ET
Traded	Gam, more	The Last Stand	C.M.Io.	Thu Apr 18 7:52am ET
Hadea	Raheem Mostert RB MIA	The East Stand	Alvin Kamara RB NO	111d 7 pt 10 7.02dill E1
	Gabriel Davis WR JAX		Wan'Dale Robinson WR NYG	
	Rnd 3, Pick 2		Rnd 4, Pick 11	
	Kild 3, Fick 2		KIIU 4, FICK II	
Traded		Thunder		Wed Apr 17 9:36am ET
	Rnd 1, Pick 2		Josh Jacobs RB GB	
	Rnd 2, Pick 2		Jaylen Waddle WR MIA	
Hash Mar	ks Matter			
Released	Gerald Everett	CHI TE	Owner	Thu Jul 11 12:06am ET
Released	Daniel Carlson	LV K	Owner	Thu Jul 11 12:06am ET
Released	Robert Woods	HOU WR	Owner	Thu Jul 11 12:06am ET
Released	Tutu Atwell	LAR WR	Owner	Thu Jul 11 12:06am ET
Released	D'Ernest Johnson	JAX RB	Owner	Thu Jul 11 12:06am ET
Released	Desmond Ridder	ARI QB	Owner	Thu Jul 11 12:06am ET
Released	Desmond Ridder	ARI QD	Owner	Thu Jul 11 12.00am E1
OBX LION	<b>J</b>			
Released	Jerick McKinnon	KC RB	Owner	Wed Jul 10 10:01pm ET
Released	Darrell Henderson	LAR RB	Owner	Wed Jul 10 10:01pm ET
Released	Tampa Bay Buccaneers	TB D/ST	Owner	Wed Jul 10 10:01pm ET
Released	Dustin Hopkins	CLE K	Owner	Wed Jul 10 10:01pm ET
Released	Michael Gallup	LV WR	Owner	Wed Jul 10 10:01pm ET
Released	Tyler Higbee	LAR TE	Owner	Wed Jul 10 10:01pm ET
PEAS				
Released	Elijah Moore	CLE WR	Owner	Mon Jul 8 8:22pm ET
Traded		Dynasty Delco		Mon Jul 8 8:19pm ET
	Rnd 2, Pick 1		Rhamondre Stevenson RB NE	
	Rnd 2, Pick 10			
	Rnd 2, Pick 11			
	,			



www.rtsports.com 2024 Transactions Sat Jul 20 5:37am ET

Traded		Dynasty Delco		Sat Jun 1 11:54am ET
	Davante Adams WR LV		Tee Higgins WR CIN	
	Rhamondre Stevenson RB N	E	Chase Brown RB CIN	
	Rnd 5, Pick 10		Rnd 6, Pick 12	
	Rnd 6, Pick 10		Rnd 7, Pick 6	
aded		DeezQuan		Sun Apr 7 8:08pm ET
	George Kittle TE SF		Rnd 2, Pick 10	
raded		That Haitian BBQ!		Tue Apr 2 3:45pm ET
	Rnd 1, Pick 10		Rnd 2, Pick 1	
			Rnd 2, Pick 11	
Γhat Haitia	an BBQ!			
eleased	Noah Brown	HOU WR	Owner	Sat Jul 13 12:10am ET
eleased	Darren Waller	NYG TE	Owner	Tue Jul 9 6:00am ET
eleased	Justice Hill	BAL RB	Owner	Tue Jul 9 6:00am ET
off I/R	Deshaun Watson	CLE QB	Owner	Tue Apr 2 9:31pm ET
raded		Bench		Sat Jul 13 8:39am ET
	Rnd 3, Pick 12		Tyler Allgeier RB ATL	
raded		Dynasty Delco		Tue May 14 6:17pm ET
	Rnd 5, Pick 12		Rnd 5, Pick 7	
	Rnd 6, Pick 6		Rnd 6, Pick 7	
	Rnd 6, Pick 12			
	Rnd 7, Pick 6 Rnd 7, Pick 12			
raded		Dynasty Delco		Tue May 14 6:04pm ET
	Rnd 9, Pick 6		Rnd 8, Pick 12	
	Rnd 10, Pick 6			
raded		Thunder		Sun May 12 2:24pm ET
	Rnd 3, Pick 6		Rnd 3, Pick 12	
			Rnd 4, Pick 12	
			Rnd 5, Pick 12	
			Rnd 6, Pick 12 Rnd 7, Pick 12	
raded		Thunder		Fri Apr 19 4:47pm ET
	Rnd 1, Pick 6		Rnd 1, Pick 2	, <del>.</del> <del>.</del>
	Rnd 1, Pick 10		Rnd 1, Pick 12	
	Rnd 1, Pick 11			
	Rnd 2, Pick 6			
raded		The Last Stand		Mon Apr 15 10:30am ET
	Jalen Hurts QB PHI		T.J. Hockenson TE MIN	
	Pat Freiermuth TE PIT		Anthony Richardson QB IND	
	Drake London WR ATL Devon Achane RB MIA		Puka Nacua WR LAR Rnd 1, Pick 11	
raded		PEAS		Tue Apr 2 3:45pm ET
	Rnd 2, Pick 1		Rnd 1, Pick 10	. 40 / tp. = 5. 10pm = 1
	- /		· , · · · · ·	

Released Michael Carter ARI RB Commissioner Mon Jul 15 3:38pm ET

www.rtsports.com 2024 Transactions Sat Jul 20 5:37am ET

Fri Jul 5 4:38pm ET

Released	Michael Wilson	ARI WR	Commissioner	Mon Jul 15 3:38pm ET
Released	Jamaal Williams	NO RB	Commissioner	Mon Jul 15 3:38pm ET
Released	Elijah Mitchell	SF RB	Commissioner	Mon Jul 15 3:38pm ET
Released	Dontayvion Wicks	GB WR	Commissioner	Mon Jul 15 3:38pm ET
Released	Isaiah Likely	BAL TE	Commissioner	Mon Jul 15 3:38pm ET
Released	Hayden Hurst	LAC TE	Owner	Mon May 13 11:22pm ET
Released	Blake Grupe	NO K	Owner	Sun May 12 6:08pm ET
Released	Las Vegas Raiders	LV D/ST	Owner	Sun May 12 6:08pm ET
Traded		The Last Stand		Wed Jun 5 9:11pm ET
	Rnd 5, Pick 1		Ezekiel Elliott RB DAL	
			Rnd 6, Pick 11	
Traded		3rdMike		Thu Apr 18 12:19am ET
rraueu	Rnd 1, Pick 1	Sidivilke	Romeo Doubs WR GB	Thu Apr To 12.19am ET
	Title 1, 1 lok 1		Rnd 1, Pick 3	
			2025 Draft, Rnd 1	
			2025 Draft, Rnd 2	
			2025 Draft, Rnd 2	
			2023 Diait, Kilu 3	
Traded		Dynasty Delco		Wed Mar 13 8:08am ET
	Tee Higgins WR CIN		Dontayvion Wicks WR GB	
			Rnd 1, Pick 7	

#### The Last Stand

Chigoziem Okonkwo

Jaleel McLaughlin RB DEN

Released

	3			
Released	Khalil Herbert	CHI RB	Owner	Fri Jul 5 4:38pm ET
Traded		DeezQuan		Fri Jul 5 12:19am ET
	Matthew Stafford QB LAR		Jaleel McLaughlin RB DEN	
	Rnd 3, Pick 3		Rnd 4, Pick 8	
			Rnd 5, Pick 8	
Traded		The Fall of Dean		Wed Jun 5 9:11pm ET
	Ezekiel Elliott RB DAL		Rnd 5, Pick 1	
	Rnd 6, Pick 11			
Traded		Filthy McNasty		Thu Apr 18 7:52am ET
	Alvin Kamara RB NO		Raheem Mostert RB MIA	
	Wan'Dale Robinson WR NYG		Gabriel Davis WR JAX	
	Rnd 4, Pick 11		Rnd 3, Pick 2	
Traded		That Haitian BBQ!		Mon Apr 15 10:30am ET
	T.J. Hockenson TE MIN		Jalen Hurts QB PHI	
	Anthony Richardson QB IND		Pat Freiermuth TE PIT	
	Puka Nacua WR LAR		Drake London WR ATL	
	Rnd 1, Pick 11		Devon Achane RB MIA	

Owner

TEN TE

# Thunder

Released	Demario Douglas	NE WR	Owner	Sat Mar 2 1:37pm ET
Released	Dallas Cowboys	DAL D/ST	Owner	Sat Mar 2 1:37pm ET
Released	Harrison Butker	KC K	Owner	Sat Mar 2 1:37pm ET
Released	Geno Smith	SEA QB	Owner	Sat Mar 2 1:37pm ET
Traded		Dynasty Delco		Thu Jun 20 10:02pm ET
	Jordan Addison WR MIN		DeAndre Hopkins WR TEN	
	Michael Mayer TE LV		Davante Adams WR LV	

Joe Mixon RB HOU



www.rtsports.com 2024 Transactions Sat Jul 20 5:37am ET

Traded		Dynasty Delco		Sun May 12 5:06pm ET
	Rnd 8, Pick 12		Rnd 8, Pick 7	
	Rnd 9, Pick 12			
	Rnd 10, Pick 12			
Traded		That Haitian BBQ!		Sun May 12 2:24pm ET
	Rnd 3, Pick 12		Rnd 3, Pick 6	
	Rnd 4, Pick 12			
	Rnd 5, Pick 12			
	Rnd 6, Pick 12			
	Rnd 7, Pick 12			
Traded		That Haitian BBQ!		Fri Apr 19 4:47pm ET
	Rnd 1, Pick 2		Rnd 1, Pick 6	
	Rnd 1, Pick 12		Rnd 1, Pick 10	
			Rnd 1, Pick 11	
			Rnd 2, Pick 6	
Traded		Filthy McNasty		Wed Apr 17 9:36am ET
	Josh Jacobs RB GB		Rnd 1, Pick 2	
	Jaylen Waddle WR MIA		Rnd 2, Pick 2	