



Week 1

125dynasty7spotMike

Released	Ameer Abdullah	LV RB	Commissioner	Mon Jul 15 2:40pm CT
Released	Chuba Hubbard	CAR RB	Commissioner	Mon Jul 15 2:40pm CT
Released	Joshua Kelley	LAC RB	Commissioner	Mon Jul 15 2:40pm CT
Released	Zay Jones	ARI WR	Commissioner	Mon Jul 15 2:40pm CT
Released	Alec Pierce	IND WR	Commissioner	Mon Jul 15 2:40pm CT
Released	Tyler Higbee	LAR TE	Commissioner	Mon Jul 15 2:40pm CT
Released	Blake Grupe	NO K	Commissioner	Mon Jul 15 2:40pm CT
Released	New York Jets	NYJ D/ST	Commissioner	Mon Jul 15 2:40pm CT

Bleeding Green Dynasty 125 III

Off I/R	Jayden Reed	GB WR	Owner	Wed Jul 24 9:34am CT
On I/R	T.J. Hockenson	MIN TE	Owner	Wed Jul 24 9:34am CT
On I/R	Jayden Reed	GB WR	Owner	Mon Jul 22 1:27pm CT
On I/R	Keaton Mitchell	BAL RB	Owner	Mon Jul 22 1:27pm CT
Released	Keaton Mitchell	BAL RB	Owner	Sat Jul 13 4:53am CT
Released	Baker Mayfield	TB QB	Owner	Sat Jul 13 4:53am CT
Released	Ty Chandler	MIN RB	Owner	Sat Jul 13 4:53am CT
Released	Jalin Hyatt	NYG WR	Owner	Sat Jul 13 4:53am CT
Released	Jake Browning	CIN QB	Owner	Tue Apr 23 4:24am CT
Released	Keaontay Ingram	KC RB	Owner	Tue Apr 23 4:24am CT
Released	Isaiah Likely	BAL TE	Owner	Tue Apr 23 4:24am CT
Off I/R	T.J. Hockenson	MIN TE	Owner	Tue Apr 23 4:22am CT
Traded		The Almighty K-Gregorians		Tue Jul 9 10:37am CT
	Rnd 2, Pick 11		Jaleel McLaughlin RB DEN	
			Rnd 3, Pick 8	

Drifting at Sea 8

On I/R	Antonio Gibson	NE RB	Owner	Fri Jul 26 12:06pm CT
Released	Khalil Herbert	CHI RB	Owner	Sat Jul 13 9:35pm CT
Released	Wan'Dale Robinson	NYG WR	Owner	Sat Jul 13 9:35pm CT
Released	Dontayvion Wicks	GB WR	Owner	Fri Jun 28 8:05am CT
Released	Michael Wilson	ARI WR	Owner	Sat May 11 8:55am CT
Released	Elijah Moore	CLE WR	Owner	Mon Mar 11 6:48pm CT
Traded		Maulers D8		Wed Jul 24 12:03pm CT
	Rnd 8, Pick 1		2025 Draft, Rnd 7	
	Rnd 8, Pick 2			
	Rnd 8, Pick 3			
Traded		He Hate Me D4		Sat Jul 13 1:44pm CT
	Roschon Johnson RB CHI		Rnd 5, Pick 12	
Traded		Lunatic Fringe 10		Sat Jul 13 12:50pm CT
	Rnd 1, Pick 7		James Conner RB ARI	
			J.K. Dobbins RB LAC	
			Rnd 5, Pick 1	
			Rnd 6, Pick 1	
			Rnd 7, Pick 1	
			Rnd 8, Pick 1	
			Rnd 8, Pick 2	
Traded		He Hate Me D4		Sat Jul 13 11:38am CT



# The SuperFlex Experiment

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2024 Transactions

Mon Jul 29 6:54pm CT

Rnd 2, Pick 12

Gus Edwards RB LAC

Rnd 6, Pick 12

Traded

The Almighty K-Gregorians

Thu Jun 6 8:42am CT

Justin Fields QB PIT

Rnd 1, Pick 3

Rnd 7, Pick 3

Matthew Stafford QB LAR

Jaylen Warren RB PIT

Rnd 1, Pick 7

Rnd 7, Pick 7

## He Hate Me D4

Released

Michael Thomas

NO WR

Owner

Fri Jul 5 4:59pm CT

Released

Kareem Hunt

CLE RB

Owner

Mon Jun 3 10:02pm CT

Released

Jerick McKinnon

KC RB

Owner

Mon May 6 10:21pm CT

Released

New Orleans Saints

NO D/ST

Owner

Sun Apr 7 9:12am CT

Released

Dallas Cowboys

DAL D/ST

Owner

Sun Apr 7 9:12am CT

Released

Jake Elliott

PHI K

Owner

Sun Apr 7 9:12am CT

Off I/R

Michael Thomas

NO WR

Owner

Sat Apr 6 9:52pm CT

Traded

The Almighty K-Gregorians

Wed Jul 24 3:18pm CT

Rnd 9, Pick 12

Rnd 8, Pick 7

Rnd 10, Pick 7

Rnd 10, Pick 12

Traded

The Almighty K-Gregorians

Sat Jul 13 8:43pm CT

Josh Downs WR IND

Rnd 2, Pick 12

Rnd 2, Pick 10

Rnd 6, Pick 7

Rnd 7, Pick 3

Rnd 10, Pick 7

Traded

Drifting at Sea 8

Sat Jul 13 1:44pm CT

Rnd 5, Pick 12

Roschon Johnson RB CHI

Traded

Drifting at Sea 8

Sat Jul 13 11:38am CT

Gus Edwards RB LAC

Rnd 6, Pick 12

Rnd 2, Pick 12

## Hoarder

Released

Geno Smith

SEA QB

Owner

Tue Jul 23 12:25pm CT

Released

Darren Waller

NYG TE

Owner

Thu May 2 2:29pm CT

Released

Jordan Mason

SF RB

Owner

Mon Mar 4 4:58pm CT

Traded

Maulers D8

Thu Jul 11 12:07pm CT

Drake London WR ATL

Bryce Young QB CAR

Trevor Lawrence QB JAX

Rnd 1, Pick 6

Traded

The Almighty K-Gregorians

Fri May 3 9:07am CT

Christian Watson WR GB

Marvin Mims WR DEN

Rnd 2, Pick 7

## LLUA APWAOAOT nosflx renewed

Released

Rondale Moore

ATL WR

Owner

Tue Jul 2 10:25am CT

Released

K.J. Osborn

NE WR

Owner

Mon Jun 17 6:22pm CT

Released

Gerald Everett

CHI TE

Owner

Mon Jun 17 6:22pm CT

Released

Salvon Ahmed

MIA RB

Owner

Fri Mar 8 12:42pm CT

Released

Jeff Wilson

MIA RB

Owner

Fri Mar 8 12:42pm CT

Released

Chicago Bears

CHI D/ST

Owner

Fri Mar 8 12:42pm CT



## The SuperFlex Experiment

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2024 Transactions

Mon Jul 29 6:54pm CT

Released	Tyler Bass	BUF K	Owner	Fri Mar 8 12:42pm CT
Released	Miami Dolphins	MIA D/ST	Owner	Fri Mar 8 12:42pm CT
Traded		The Almighty K-Gregorians		Mon Jun 17 6:20pm CT
	Rnd 3, Pick 8		Mike Williams WR NYJ	
			Rnd 4, Pick 7	
			Rnd 9, Pick 7	

## Lunatic Fringe 10

Released	D'Onta Foreman	CLE RB	Owner	Sun Jul 14 12:28am CT
Released	Josh Palmer	LAC WR	Owner	Sun Jul 14 12:28am CT
Released	Luke Musgrave	GB TE	Owner	Sun Jul 14 12:28am CT
Released	Gabriel Davis	JAX WR	Owner	Sun Jul 14 12:28am CT
Traded		Salamanders 7		Sun Jul 21 5:23pm CT
	Rnd 4, Pick 10		2025 Draft, Rnd 3	
	Rnd 9, Pick 1			
	Rnd 10, Pick 1			
Traded		Drifting at Sea 8		Sat Jul 13 12:50pm CT
	James Conner RB ARI		Rnd 1, Pick 7	
	J.K. Dobbins RB LAC			
	Rnd 5, Pick 1			
	Rnd 6, Pick 1			
	Rnd 7, Pick 1			
	Rnd 8, Pick 1			
	Rnd 8, Pick 2			
Traded		Salamanders 7		Fri Jul 5 11:01am CT
	Justin Herbert QB LAC		J.K. Dobbins RB LAC	
			Rnd 2, Pick 2	
			Rnd 4, Pick 10	
Traded		Salamanders 7		Thu Mar 7 5:31pm CT
	Rnd 1, Pick 1		Rnd 1, Pick 2	
			Rnd 2, Pick 3	
			Rnd 4, Pick 2	

## Maulers D8

On I/R	Ricky Pearsall	SF WR	Owner	Wed Jul 24 6:46pm CT
On I/R	Juwan Johnson	NO TE	Owner	Mon Jul 22 12:12am CT
Released	Baltimore Ravens	BAL D/ST	Owner	Sat Jul 13 1:06am CT
Released	Odell Beckham Jr.	MIA WR	Owner	Fri Jul 5 1:28am CT
Released	Jason Sanders	MIA K	Owner	Mon Jul 1 11:39pm CT
Released	Miles Sanders	CAR RB	Owner	Sun Jun 30 2:34pm CT
Released	Cincinnati Bengals	CIN D/ST	Owner	Sun Jun 30 2:34pm CT
Released	Damien Harris	BUF RB	Owner	Sun Jun 30 2:00pm CT
Released	Nick Folk	TEN K	Owner	Sun Jun 30 2:00pm CT
Released	Emari Demercado	ARI RB	Owner	Sun Jun 30 1:59pm CT
Traded		Drifting at Sea 8		Wed Jul 24 12:03pm CT
	2025 Draft, Rnd 7		Rnd 8, Pick 1	
			Rnd 8, Pick 2	
			Rnd 8, Pick 3	
Traded		Hoarder		Thu Jul 11 12:07pm CT
	Trevor Lawrence QB JAX		Drake London WR ATL	
	Rnd 1, Pick 6		Bryce Young QB CAR	



## Salamanders 7

Released	Hendon Hooker	DET QB	Owner	Thu Jul 25 5:09am CT
Released	Desmond Ridder	ARI QB	Owner	Thu Mar 14 9:04am CT
Traded		Who Dey & The Blowfish		Wed Jul 24 4:32pm CT
	2025 Draft, Rnd 7		Rnd 8, Pick 4	
Traded		Lunatic Fringe 10		Sun Jul 21 5:23pm CT
	2025 Draft, Rnd 3		Rnd 4, Pick 10 Rnd 9, Pick 1 Rnd 10, Pick 1	
Traded		Lunatic Fringe 10		Fri Jul 5 11:01am CT
	J.K. Dobbins RB LAC Rnd 2, Pick 2 Rnd 4, Pick 10		Justin Herbert QB LAC	
Traded		Lunatic Fringe 10		Thu Mar 7 5:31pm CT
	Rnd 1, Pick 2 Rnd 2, Pick 3 Rnd 4, Pick 2		Rnd 1, Pick 1	

## The Almighty K-Gregorians

Released	Jonathan Mingo	CAR WR	Owner	Mon Jul 8 9:48am CT
Off I/R	Daniel Jones	NYG QB	Owner	Thu May 30 5:14pm CT
Off I/R	Mike Williams	NYJ WR	Owner	Thu May 30 5:14pm CT
Acquired	Jerome Ford	CLE RB	Commissioner	Fri May 3 4:44pm CT
Released	Xavier Hutchinson	HOU WR	Owner	Fri May 3 9:09am CT
Released	Pierre Strong Jr.	CLE RB	Owner	Fri May 3 9:07am CT
Released	Jerome Ford	CLE RB	Owner	Fri May 3 9:07am CT
Released	Chris Rodriguez Jr.	WAS RB	Owner	Sun Mar 17 2:20pm CT
Released	Clyde Edwards-Helaire	KC RB	Owner	Sun Mar 17 2:20pm CT
Traded		He Hate Me D4		Wed Jul 24 3:18pm CT
	Rnd 8, Pick 7		Rnd 9, Pick 12 Rnd 10, Pick 7 Rnd 10, Pick 12	
Traded		He Hate Me D4		Sat Jul 13 8:43pm CT
	Rnd 2, Pick 10 Rnd 6, Pick 7 Rnd 7, Pick 3 Rnd 10, Pick 7		Josh Downs WR IND Rnd 2, Pick 12	
Traded		Bleeding Green Dynasty 125 III		Tue Jul 9 10:37am CT
	Jaleel McLaughlin RB DEN Rnd 3, Pick 8		Rnd 2, Pick 11	
Traded		LLUA APWAOAOT nosflx renewed		Mon Jun 17 6:20pm CT
	Mike Williams WR NYJ Rnd 4, Pick 7 Rnd 9, Pick 7		Rnd 3, Pick 8	
Traded		Drifting at Sea 8		Thu Jun 6 8:42am CT
	Matthew Stafford QB LAR Jaylen Warren RB PIT Rnd 1, Pick 7 Rnd 7, Pick 7		Justin Fields QB PIT Rnd 1, Pick 3 Rnd 7, Pick 3	



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2024 Transactions

Mon Jul 29 6:54pm CT

Traded

Hoarder

Fri May 3 9:07am CT

Rnd 2, Pick 7

Christian Watson WR GB

Marvin Mims WR DEN

## Who Dey & The Blowfish

Released

Justin Watson

KC WR

Owner

Fri Jul 12 9:14pm CT

Released

Chase Edmonds

TB RB

Owner

Fri Jul 12 9:14pm CT

Released

Tank Bigsby

JAX RB

Owner

Fri Jul 12 9:14pm CT

Released

Treylon Burks

TEN WR

Owner

Wed Jul 10 9:38pm CT

Released

Michael Mayer

LV TE

Owner

Thu Jul 4 2:49pm CT

Released

D.J. Chark

LAC WR

Owner

Thu Jul 4 2:49pm CT

Released

Michael Carter

ARI RB

Owner

Thu Jul 4 2:49pm CT

Traded

Salamanders 7

Wed Jul 24 4:32pm CT

Rnd 8, Pick 4

2025 Draft, Rnd 7

## Zuccini Bandits

Released

Kansas City Chiefs

KC D/ST

Owner

Wed Jul 10 9:41pm CT

Released

Robert Woods

HOU WR

Owner

Wed Jul 10 9:41pm CT

Released

Jamaal Williams

NO RB

Owner

Wed Jul 10 9:41pm CT

Released

Latavius Murray

BUF RB

Owner

Wed Jul 10 9:41pm CT

Released

Justice Hill

BAL RB

Owner

Wed Jul 10 9:41pm CT

Released

Tutu Atwell

LAR WR

Owner

Wed Jul 10 9:41pm CT

Released

Indianapolis Colts

IND D/ST

Owner

Wed Jul 10 9:41pm CT

Released

Greg Dulcich

DEN TE

Owner

Wed Jul 10 9:41pm CT