



Week 1

125dynasty7spotMike

Released	Ameer Abdullah	LV RB	Commissioner	Mon Jul 15 2:40pm CT
Released	Chuba Hubbard	CAR RB	Commissioner	Mon Jul 15 2:40pm CT
Released	Joshua Kelley	LAC RB	Commissioner	Mon Jul 15 2:40pm CT
Released	Zay Jones	ARI WR	Commissioner	Mon Jul 15 2:40pm CT
Released	Alec Pierce	IND WR	Commissioner	Mon Jul 15 2:40pm CT
Released	Tyler Higbee	LAR TE	Commissioner	Mon Jul 15 2:40pm CT
Released	Blake Grupe	NO K	Commissioner	Mon Jul 15 2:40pm CT
Released	New York Jets	NYJ D/ST	Commissioner	Mon Jul 15 2:40pm CT

Bleeding Green Dynasty 125 III

Off I/R	Jayden Reed	GB WR	Owner	Wed Jul 24 9:34am CT
On I/R	T.J. Hockenson	MIN TE	Owner	Wed Jul 24 9:34am CT
On I/R	Jayden Reed	GB WR	Owner	Mon Jul 22 1:27pm CT
On I/R	Keaton Mitchell	BAL RB	Owner	Mon Jul 22 1:27pm CT
Released	Keaton Mitchell	BAL RB	Owner	Sat Jul 13 4:53am CT
Released	Baker Mayfield	TB QB	Owner	Sat Jul 13 4:53am CT
Released	Ty Chandler	MIN RB	Owner	Sat Jul 13 4:53am CT
Released	Jalin Hyatt	NYG WR	Owner	Sat Jul 13 4:53am CT
Released	Jake Browning	CIN QB	Owner	Tue Apr 23 4:24am CT
Released	Keaontay Ingram	KC RB	Owner	Tue Apr 23 4:24am CT
Released	Isaiah Likely	BAL TE	Owner	Tue Apr 23 4:24am CT
Off I/R	T.J. Hockenson	MIN TE	Owner	Tue Apr 23 4:22am CT
Traded		The Almighty K-Gregorians		Tue Jul 9 10:37am CT
	Rnd 2, Pick 11		Jaleel McLaughlin RB DEN	
			Rnd 3, Pick 8	

Drifting at Sea 8

On I/R	Antonio Gibson	NE RB	Owner	Fri Jul 26 12:06pm CT
Released	Khalil Herbert	CHI RB	Owner	Sat Jul 13 9:35pm CT
Released	Wan'Dale Robinson	NYG WR	Owner	Sat Jul 13 9:35pm CT
Released	Dontayvion Wicks	GB WR	Owner	Fri Jun 28 8:05am CT
Released	Michael Wilson	ARI WR	Owner	Sat May 11 8:55am CT
Released	Elijah Moore	CLE WR	Owner	Mon Mar 11 6:48pm CT
Traded		Maulers D8		Wed Jul 24 12:03pm CT
	Rnd 8, Pick 1		2025 Draft, Rnd 7	
	Rnd 8, Pick 2			
	Rnd 8, Pick 3			
Traded		He Hate Me D4		Sat Jul 13 1:44pm CT
	Roschon Johnson RB CHI		Rnd 5, Pick 12	
Traded		Lunatic Fringe 10		Sat Jul 13 12:50pm CT
	Rnd 1, Pick 7		James Conner RB ARI	
			J.K. Dobbins RB LAC	
			Rnd 5, Pick 1	
			Rnd 6, Pick 1	
			Rnd 7, Pick 1	
			Rnd 8, Pick 1	
			Rnd 8, Pick 2	
Traded		He Hate Me D4		Sat Jul 13 11:38am CT



The SuperFlex Experiment

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2024 Transactions
Sat Aug 3 6:55pm CT

	Rnd 2, Pick 12		Gus Edwards RB LAC	
			Rnd 6, Pick 12	
Traded		The Almighty K-Gregorians		Thu Jun 6 8:42am CT
	Justin Fields QB PIT		Matthew Stafford QB LAR	
	Rnd 1, Pick 3		Jaylen Warren RB PIT	
	Rnd 7, Pick 3		Rnd 1, Pick 7	
			Rnd 7, Pick 7	

He Hate Me D4

Released	Michael Thomas	NO WR	Owner	Fri Jul 5 4:59pm CT
Released	Kareem Hunt	CLE RB	Owner	Mon Jun 3 10:02pm CT
Released	Jerick McKinnon	KC RB	Owner	Mon May 6 10:21pm CT
Released	New Orleans Saints	NO D/ST	Owner	Sun Apr 7 9:12am CT
Released	Dallas Cowboys	DAL D/ST	Owner	Sun Apr 7 9:12am CT
Released	Jake Elliott	PHI K	Owner	Sun Apr 7 9:12am CT
Off I/R	Michael Thomas	NO WR	Owner	Sat Apr 6 9:52pm CT
Traded		The Almighty K-Gregorians		Wed Jul 24 3:18pm CT
	Rnd 9, Pick 12		Rnd 8, Pick 7	
	Rnd 10, Pick 7			
	Rnd 10, Pick 12			
Traded		The Almighty K-Gregorians		Sat Jul 13 8:43pm CT
	Josh Downs WR IND		Rnd 2, Pick 10	
	Rnd 2, Pick 12		Rnd 6, Pick 7	
			Rnd 7, Pick 3	
			Rnd 10, Pick 7	
Traded		Drifting at Sea 8		Sat Jul 13 1:44pm CT
	Rnd 5, Pick 12		Roschon Johnson RB CHI	
Traded		Drifting at Sea 8		Sat Jul 13 11:38am CT
	Gus Edwards RB LAC		Rnd 2, Pick 12	
	Rnd 6, Pick 12			

Hoarder

Released	Geno Smith	SEA QB	Owner	Tue Jul 23 12:25pm CT
Released	Darren Waller	NYG TE	Owner	Thu May 2 2:29pm CT
Released	Jordan Mason	SF RB	Owner	Mon Mar 4 4:58pm CT
Traded		Maulers D8		Thu Jul 11 12:07pm CT
	Drake London WR ATL		Trevor Lawrence QB JAX	
	Bryce Young QB CAR		Rnd 1, Pick 6	
Traded		The Almighty K-Gregorians		Fri May 3 9:07am CT
	Christian Watson WR GB		Rnd 2, Pick 7	
	Marvin Mims WR DEN			

LLUA APWAOAOT nosflx renewed

Released	Rondale Moore	ATL WR	Owner	Tue Jul 2 10:25am CT
Released	K.J. Osborn	NE WR	Owner	Mon Jun 17 6:22pm CT
Released	Gerald Everett	CHI TE	Owner	Mon Jun 17 6:22pm CT
Released	Salvon Ahmed	MIA RB	Owner	Fri Mar 8 12:42pm CT
Released	Jeff Wilson	MIA RB	Owner	Fri Mar 8 12:42pm CT
Released	Chicago Bears	CHI D/ST	Owner	Fri Mar 8 12:42pm CT



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Sat Aug 3 6:55pm CT

Released	Tyler Bass	BUF K	Owner	Fri Mar 8 12:42pm CT
Released	Miami Dolphins	MIA D/ST	Owner	Fri Mar 8 12:42pm CT
Traded		The Almighty K-Gregorians		Mon Jun 17 6:20pm CT
	Rnd 3, Pick 8		Mike Williams WR NYJ	
			Rnd 4, Pick 7	
			Rnd 9, Pick 7	

Lunatic Fringe 10

Released	D'Onta Foreman	CLE RB	Owner	Sun Jul 14 12:28am CT
Released	Josh Palmer	LAC WR	Owner	Sun Jul 14 12:28am CT
Released	Luke Musgrave	GB TE	Owner	Sun Jul 14 12:28am CT
Released	Gabriel Davis	JAX WR	Owner	Sun Jul 14 12:28am CT
Traded		Salamanders 7		Sun Jul 21 5:23pm CT
	Rnd 4, Pick 10		2025 Draft, Rnd 3	
	Rnd 9, Pick 1			
	Rnd 10, Pick 1			
Traded		Drifting at Sea 8		Sat Jul 13 12:50pm CT
	James Conner RB ARI		Rnd 1, Pick 7	
	J.K. Dobbins RB LAC			
	Rnd 5, Pick 1			
	Rnd 6, Pick 1			
	Rnd 7, Pick 1			
	Rnd 8, Pick 1			
	Rnd 8, Pick 2			
Traded		Salamanders 7		Fri Jul 5 11:01am CT
	Justin Herbert QB LAC		J.K. Dobbins RB LAC	
			Rnd 2, Pick 2	
			Rnd 4, Pick 10	
Traded		Salamanders 7		Thu Mar 7 5:31pm CT
	Rnd 1, Pick 1		Rnd 1, Pick 2	
			Rnd 2, Pick 3	
			Rnd 4, Pick 2	

Maulers D8

On I/R	Ricky Pearsall	SF WR	Owner	Wed Jul 24 6:46pm CT
On I/R	Juwan Johnson	NO TE	Owner	Mon Jul 22 12:12am CT
Released	Baltimore Ravens	BAL D/ST	Owner	Sat Jul 13 1:06am CT
Released	Odell Beckham Jr.	MIA WR	Owner	Fri Jul 5 1:28am CT
Released	Jason Sanders	MIA K	Owner	Mon Jul 1 11:39pm CT
Released	Miles Sanders	CAR RB	Owner	Sun Jun 30 2:34pm CT
Released	Cincinnati Bengals	CIN D/ST	Owner	Sun Jun 30 2:34pm CT
Released	Damien Harris	BUF RB	Owner	Sun Jun 30 2:00pm CT
Released	Nick Folk	TEN K	Owner	Sun Jun 30 2:00pm CT
Released	Emari Demercado	ARI RB	Owner	Sun Jun 30 1:59pm CT
Traded		Drifting at Sea 8		Wed Jul 24 12:03pm CT
	2025 Draft, Rnd 7		Rnd 8, Pick 1	
			Rnd 8, Pick 2	
			Rnd 8, Pick 3	
Traded		Hoarder		Thu Jul 11 12:07pm CT
	Trevor Lawrence QB JAX		Drake London WR ATL	
	Rnd 1, Pick 6		Bryce Young QB CAR	



Salamanders 7

Released	Hendon Hooker	DET QB	Owner	Thu Jul 25 5:09am CT
Released	Desmond Ridder	ARI QB	Owner	Thu Mar 14 9:04am CT
Traded		Who Dey & The Blowfish		Wed Jul 24 4:32pm CT
	2025 Draft, Rnd 7		Rnd 8, Pick 4	
Traded		Lunatic Fringe 10		Sun Jul 21 5:23pm CT
	2025 Draft, Rnd 3		Rnd 4, Pick 10 Rnd 9, Pick 1 Rnd 10, Pick 1	
Traded		Lunatic Fringe 10		Fri Jul 5 11:01am CT
	J.K. Dobbins RB LAC Rnd 2, Pick 2 Rnd 4, Pick 10		Justin Herbert QB LAC	
Traded		Lunatic Fringe 10		Thu Mar 7 5:31pm CT
	Rnd 1, Pick 2 Rnd 2, Pick 3 Rnd 4, Pick 2		Rnd 1, Pick 1	

The Almighty K-Gregorians

Released	Jonathan Mingo	CAR WR	Owner	Mon Jul 8 9:48am CT
Off I/R	Daniel Jones	NYG QB	Owner	Thu May 30 5:14pm CT
Off I/R	Mike Williams	NYJ WR	Owner	Thu May 30 5:14pm CT
Acquired	Jerome Ford	CLE RB	Commissioner	Fri May 3 4:44pm CT
Released	Xavier Hutchinson	HOU WR	Owner	Fri May 3 9:09am CT
Released	Pierre Strong Jr.	CLE RB	Owner	Fri May 3 9:07am CT
Released	Jerome Ford	CLE RB	Owner	Fri May 3 9:07am CT
Released	Chris Rodriguez Jr.	WAS RB	Owner	Sun Mar 17 2:20pm CT
Released	Clyde Edwards-Helaire	KC RB	Owner	Sun Mar 17 2:20pm CT
Traded		He Hate Me D4		Wed Jul 24 3:18pm CT
	Rnd 8, Pick 7		Rnd 9, Pick 12 Rnd 10, Pick 7 Rnd 10, Pick 12	
Traded		He Hate Me D4		Sat Jul 13 8:43pm CT
	Rnd 2, Pick 10 Rnd 6, Pick 7 Rnd 7, Pick 3 Rnd 10, Pick 7		Josh Downs WR IND Rnd 2, Pick 12	
Traded		Bleeding Green Dynasty 125 III		Tue Jul 9 10:37am CT
	Jaleel McLaughlin RB DEN Rnd 3, Pick 8		Rnd 2, Pick 11	
Traded		LLUA APWAOAOT nosflx renewed		Mon Jun 17 6:20pm CT
	Mike Williams WR NYJ Rnd 4, Pick 7 Rnd 9, Pick 7		Rnd 3, Pick 8	
Traded		Drifting at Sea 8		Thu Jun 6 8:42am CT
	Matthew Stafford QB LAR Jaylen Warren RB PIT Rnd 1, Pick 7 Rnd 7, Pick 7		Justin Fields QB PIT Rnd 1, Pick 3 Rnd 7, Pick 3	



Traded		Hoarder		Fri May 3 9:07am CT
	Rnd 2, Pick 7		Christian Watson WR GB Marvin Mims WR DEN	

Who Dey & The Blowfish

Released	Justin Watson	KC WR	Owner	Fri Jul 12 9:14pm CT
Released	Chase Edmonds	TB RB	Owner	Fri Jul 12 9:14pm CT
Released	Tank Bigsby	JAX RB	Owner	Fri Jul 12 9:14pm CT
Released	Treylon Burks	TEN WR	Owner	Wed Jul 10 9:38pm CT
Released	Michael Mayer	LV TE	Owner	Thu Jul 4 2:49pm CT
Released	D.J. Chark	LAC WR	Owner	Thu Jul 4 2:49pm CT
Released	Michael Carter	ARI RB	Owner	Thu Jul 4 2:49pm CT
Traded		Salamanders 7		Wed Jul 24 4:32pm CT
	Rnd 8, Pick 4		2025 Draft, Rnd 7	

Zuccini Bandits

Released	Kansas City Chiefs	KC D/ST	Owner	Wed Jul 10 9:41pm CT
Released	Robert Woods	HOU WR	Owner	Wed Jul 10 9:41pm CT
Released	Jamaal Williams	NO RB	Owner	Wed Jul 10 9:41pm CT
Released	Latavius Murray	BUF RB	Owner	Wed Jul 10 9:41pm CT
Released	Justice Hill	BAL RB	Owner	Wed Jul 10 9:41pm CT
Released	Tutu Atwell	LAR WR	Owner	Wed Jul 10 9:41pm CT
Released	Indianapolis Colts	IND D/ST	Owner	Wed Jul 10 9:41pm CT
Released	Greg Dulcich	DEN TE	Owner	Wed Jul 10 9:41pm CT