



Week 1

125dynasty7spotMike

On I/R	Odell Beckham Jr.	MIA WR	Owner	Wed Aug 14 7:40am ET
On I/R	Nick Chubb	CLE RB	Owner	Wed Aug 14 7:40am ET
Released	New York Jets	NYJ D/ST	Commissioner	Mon Jul 15 3:40pm ET
Released	Blake Grupe	NO K	Commissioner	Mon Jul 15 3:40pm ET
Released	Tyler Higbee	LAR TE	Commissioner	Mon Jul 15 3:40pm ET
Released	Alec Pierce	IND WR	Commissioner	Mon Jul 15 3:40pm ET
Released	Zay Jones	ARI WR	Commissioner	Mon Jul 15 3:40pm ET
Released	Joshua Kelley	NYG RB	Commissioner	Mon Jul 15 3:40pm ET
Released	Chuba Hubbard	CAR RB	Commissioner	Mon Jul 15 3:40pm ET
Released	Ameer Abdullah	LV RB	Commissioner	Mon Jul 15 3:40pm ET
Traded		Maulers D8		Wed Aug 14 7:32am ET
	Kirk Cousins QB ATL		Derek Carr QB NO	
	2025 Draft, Rnd 2		Christian Kirk WR JAX	
			Devin Singletary RB NYG	

Bleeding Green Dynasty 125 III

Off I/R	Jayden Reed	GB WR	Owner	Wed Jul 24 10:34am ET
On I/R	T.J. Hockenson	MIN TE	Owner	Wed Jul 24 10:34am ET
On I/R	Jayden Reed	GB WR	Owner	Mon Jul 22 2:27pm ET
On I/R	Keaton Mitchell	BAL RB	Owner	Mon Jul 22 2:27pm ET
Released	Keaton Mitchell	BAL RB	Owner	Sat Jul 13 5:53am ET
Released	Baker Mayfield	TB QB	Owner	Sat Jul 13 5:53am ET
Released	Ty Chandler	MIN RB	Owner	Sat Jul 13 5:53am ET
Released	Jalin Hyatt	NYG WR	Owner	Sat Jul 13 5:53am ET
Released	Jake Browning	CIN QB	Owner	Tue Apr 23 5:24am ET
Released	Keaontay Ingram	KC RB	Owner	Tue Apr 23 5:24am ET
Released	Isaiah Likely	BAL TE	Owner	Tue Apr 23 5:24am ET
Off I/R	T.J. Hockenson	MIN TE	Owner	Tue Apr 23 5:22am ET
Traded		The Almighty K-Gregorians		Tue Jul 9 11:37am ET
	Rnd 2, Pick 11		Jaleel McLaughlin RB DEN	
			Rnd 3, Pick 8	

Drifting at Sea 8

Released	Hunter Henry	NE TE	Owner	Thu Aug 15 9:41am ET
Released	Tre Tucker	LV WR	Owner	Mon Aug 12 6:04am ET
Released	Colby Parkinson	LAR TE	Owner	Mon Aug 12 6:04am ET
On I/R	Antonio Gibson	NE RB	Owner	Fri Jul 26 1:06pm ET
Released	Khalil Herbert	CHI RB	Owner	Sat Jul 13 10:35pm ET
Released	Wan'Dale Robinson	NYG WR	Owner	Sat Jul 13 10:35pm ET
Released	Dontayvion Wicks	GB WR	Owner	Fri Jun 28 9:05am ET
Released	Michael Wilson	ARI WR	Owner	Sat May 11 9:55am ET
Released	Elijah Moore	CLE WR	Owner	Mon Mar 11 7:48pm ET
Traded		Who Dey & The Blowfish		Fri Aug 16 2:15pm ET
	Gus Edwards RB LAC		Tank Dell WR HOU	
	J.K. Dobbins RB LAC		Released: Donovan Peoples-Jones WR DET	
Traded		Hoarder		Thu Aug 15 9:59am ET
	Anthony Richardson QB IND		D'Andre Swift RB CHI	
			Trevor Lawrence QB JAX	



# The SuperFlex Experiment

Traded	Rnd 8, Pick 1 Rnd 8, Pick 2 Rnd 8, Pick 3	Maulers D8	2025 Draft, Rnd 7	Wed Jul 24 1:03pm ET
Traded	Roschon Johnson RB CHI	He Hate Me D4	Rnd 5, Pick 12	Sat Jul 13 2:44pm ET
Traded	Rnd 1, Pick 7	Lunatic Fringe 10	James Conner RB ARI J.K. Dobbins RB LAC Rnd 5, Pick 1 Rnd 6, Pick 1 Rnd 7, Pick 1 Rnd 8, Pick 1 Rnd 8, Pick 2	Sat Jul 13 1:50pm ET
Traded	Rnd 2, Pick 12	He Hate Me D4	Gus Edwards RB LAC Rnd 6, Pick 12	Sat Jul 13 12:38pm ET
Traded	Justin Fields QB PIT Rnd 1, Pick 3 Rnd 7, Pick 3	The Almighty K-Gregorians	Matthew Stafford QB LAR Jaylen Warren RB PIT Rnd 1, Pick 7 Rnd 7, Pick 7	Thu Jun 6 9:42am ET

## He Hate Me D4

Released	Michael Thomas	NO WR	Owner	Fri Jul 5 5:59pm ET
Released	Kareem Hunt	CLE RB	Owner	Mon Jun 3 11:02pm ET
Released	Jerick McKinnon	KC RB	Owner	Mon May 6 11:21pm ET
Released	New Orleans Saints	NO D/ST	Owner	Sun Apr 7 10:12am ET
Released	Dallas Cowboys	DAL D/ST	Owner	Sun Apr 7 10:12am ET
Released	Jake Elliott	PHI K	Owner	Sun Apr 7 10:12am ET
Off I/R	Michael Thomas	NO WR	Owner	Sat Apr 6 10:52pm ET
Traded	Rnd 9, Pick 12 Rnd 10, Pick 7 Rnd 10, Pick 12	The Almighty K-Gregorians	Rnd 8, Pick 7	Wed Jul 24 4:18pm ET
Traded	Josh Downs WR IND Rnd 2, Pick 12	The Almighty K-Gregorians	Rnd 2, Pick 10 Rnd 6, Pick 7 Rnd 7, Pick 3 Rnd 10, Pick 7	Sat Jul 13 9:43pm ET
Traded	Rnd 5, Pick 12	Drifting at Sea 8	Roschon Johnson RB CHI	Sat Jul 13 2:44pm ET
Traded	Gus Edwards RB LAC Rnd 6, Pick 12	Drifting at Sea 8	Rnd 2, Pick 12	Sat Jul 13 12:38pm ET

## Hoarder

Released	Isaac Guerendo	SF RB	Owner	Thu Aug 15 10:00am ET
Released	Geno Smith	SEA QB	Owner	Tue Jul 23 1:25pm ET



# The SuperFlex Experiment

Released	Darren Waller	NYG TE	Owner	Thu May 2 3:29pm ET
Released	Jordan Mason	SF RB	Owner	Mon Mar 4 5:58pm ET
Traded		Drifting at Sea 8		Thu Aug 15 9:59am ET
	D'Andre Swift RB CHI		Anthony Richardson QB IND	
	Trevor Lawrence QB JAX			
Traded		Maulers D8		Thu Jul 11 1:07pm ET
	Drake London WR ATL		Trevor Lawrence QB JAX	
	Bryce Young QB CAR		Rnd 1, Pick 6	
Traded		The Almighty K-Gregorians		Fri May 3 10:07am ET
	Christian Watson WR GB		Rnd 2, Pick 7	
	Marvin Mims WR DEN			

## LLUA APWAOAOT nosflx renewed

Released	Buffalo Bills	BUF D/ST	Owner	Tue Aug 20 6:39pm ET
On I/R	Mike Williams	NYJ WR	Owner	Sun Aug 4 2:47pm ET
Released	Rondale Moore	ATL WR	Owner	Tue Jul 2 11:25am ET
Released	Gerald Everett	CHI TE	Owner	Mon Jun 17 7:22pm ET
Released	K.J. Osborn	NE WR	Owner	Mon Jun 17 7:22pm ET
Released	Miami Dolphins	MIA D/ST	Owner	Fri Mar 8 1:42pm ET
Released	Tyler Bass	BUF K	Owner	Fri Mar 8 1:42pm ET
Released	Chicago Bears	CHI D/ST	Owner	Fri Mar 8 1:42pm ET
Released	Jeff Wilson	MIA RB	Owner	Fri Mar 8 1:42pm ET
Released	Salvon Ahmed	MIA RB	Owner	Fri Mar 8 1:42pm ET
Traded		The Almighty K-Gregorians		Mon Jun 17 7:20pm ET
	Rnd 3, Pick 8		Mike Williams WR NYJ	
			Rnd 4, Pick 7	
			Rnd 9, Pick 7	

## Lunatic Fringe 10

Released	D'Onta Foreman	CLE RB	Owner	Sun Jul 14 1:28am ET
Released	Josh Palmer	LAC WR	Owner	Sun Jul 14 1:28am ET
Released	Luke Musgrave	GB TE	Owner	Sun Jul 14 1:28am ET
Released	Gabriel Davis	JAX WR	Owner	Sun Jul 14 1:28am ET
Traded		Salamanders 7		Sun Jul 21 6:23pm ET
	Rnd 4, Pick 10		2025 Draft, Rnd 3	
	Rnd 9, Pick 1			
	Rnd 10, Pick 1			
Traded		Drifting at Sea 8		Sat Jul 13 1:50pm ET
	James Conner RB ARI		Rnd 1, Pick 7	
	J.K. Dobbins RB LAC			
	Rnd 5, Pick 1			
	Rnd 6, Pick 1			
	Rnd 7, Pick 1			
	Rnd 8, Pick 1			
	Rnd 8, Pick 2			
Traded		Salamanders 7		Fri Jul 5 12:01pm ET
	Justin Herbert QB LAC		J.K. Dobbins RB LAC	
			Rnd 2, Pick 2	
			Rnd 4, Pick 10	
Traded		Salamanders 7		Thu Mar 7 6:31pm ET



Rnd 1, Pick 1

Rnd 1, Pick 2  
Rnd 2, Pick 3  
Rnd 4, Pick 2

### Maulers D8

Released	Cedric Tillman	CLE WR	Owner	Thu Aug 22 9:36am ET
Released	Trey Sermon	IND RB	Owner	Thu Aug 22 9:36am ET
Off I/R	Ricky Pearsall	SF WR	Owner	Sun Aug 4 2:31am ET
On I/R	Ricky Pearsall	SF WR	Owner	Wed Jul 24 7:46pm ET
On I/R	Juwan Johnson	NO TE	Owner	Mon Jul 22 1:12am ET
Released	Baltimore Ravens	BAL D/ST	Owner	Sat Jul 13 2:06am ET
Released	Odell Beckham Jr.	MIA WR	Owner	Fri Jul 5 2:28am ET
Released	Jason Sanders	MIA K	Owner	Tue Jul 2 12:39am ET
Released	Miles Sanders	CAR RB	Owner	Sun Jun 30 3:34pm ET
Released	Cincinnati Bengals	CIN D/ST	Owner	Sun Jun 30 3:34pm ET
Released	Damien Harris	BUF RB	Owner	Sun Jun 30 3:00pm ET
Released	Nick Folk	TEN K	Owner	Sun Jun 30 3:00pm ET
Released	Emari Demercado	ARI RB	Owner	Sun Jun 30 2:59pm ET
Traded		125dynasty7spotMike		Wed Aug 14 7:32am ET
	Derek Carr QB NO		Kirk Cousins QB ATL	
	Christian Kirk WR JAX		2025 Draft, Rnd 1	
	Devin Singletary RB NYG		2025 Draft, Rnd 2	
Traded		Drifting at Sea 8		Wed Jul 24 1:03pm ET
	2025 Draft, Rnd 7		Rnd 8, Pick 1 Rnd 8, Pick 2 Rnd 8, Pick 3	
Traded		Hoarder		Thu Jul 11 1:07pm ET
	Trevor Lawrence QB JAX		Drake London WR ATL	
	Rnd 1, Pick 6		Bryce Young QB CAR	

### Salamanders 7

Released	John Metchie III	HOU WR	Owner	Fri Aug 23 12:51pm ET
Released	Trey Palmer	TB WR	Owner	Tue Aug 20 8:58pm ET
Released	Israel Abanikanda	NYJ RB	Owner	Tue Aug 20 1:49pm ET
Released	Samaje Perine	DEN RB	Owner	Sat Aug 17 5:14pm ET
Released	Hendon Hooker	DET QB	Owner	Thu Jul 25 6:09am ET
Released	Desmond Ridder	ARI QB	Owner	Thu Mar 14 10:04am ET
Traded		Who Dey & The Blowfish		Wed Jul 24 5:32pm ET
	2025 Draft, Rnd 7		Rnd 8, Pick 4	
Traded		Lunatic Fringe 10		Sun Jul 21 6:23pm ET
	2025 Draft, Rnd 3		Rnd 4, Pick 10 Rnd 9, Pick 1 Rnd 10, Pick 1	
Traded		Lunatic Fringe 10		Fri Jul 5 12:01pm ET
	J.K. Dobbins RB LAC		Justin Herbert QB LAC	
	Rnd 2, Pick 2			
	Rnd 4, Pick 10			
Traded		Lunatic Fringe 10		Thu Mar 7 6:31pm ET
	Rnd 1, Pick 2		Rnd 1, Pick 1	
	Rnd 2, Pick 3			



Rnd 4, Pick 2

### The Almighty K-Gregorians

Released	Jonathan Mingo	CAR WR	Owner	Mon Jul 8 10:48am ET
Off I/R	Daniel Jones	NYG QB	Owner	Thu May 30 6:14pm ET
Off I/R	Mike Williams	NYJ WR	Owner	Thu May 30 6:14pm ET
Acquired	Jerome Ford	CLE RB	Commissioner	Fri May 3 5:44pm ET
Released	Xavier Hutchinson	HOU WR	Owner	Fri May 3 10:09am ET
Released	Pierre Strong Jr.	CLE RB	Owner	Fri May 3 10:07am ET
Released	Jerome Ford	CLE RB	Owner	Fri May 3 10:07am ET
Released	Chris Rodriguez Jr.	WAS RB	Owner	Sun Mar 17 3:20pm ET
Released	Clyde Edwards-Helaire	KC RB	Owner	Sun Mar 17 3:20pm ET
Traded		He Hate Me D4		Wed Jul 24 4:18pm ET

Rnd 8, Pick 7

Rnd 9, Pick 12

Rnd 10, Pick 7

Rnd 10, Pick 12

Traded		He Hate Me D4		Sat Jul 13 9:43pm ET
	Rnd 2, Pick 10		Josh Downs WR IND	
	Rnd 6, Pick 7		Rnd 2, Pick 12	
	Rnd 7, Pick 3			
	Rnd 10, Pick 7			

Traded		Bleeding Green Dynasty 125 III		Tue Jul 9 11:37am ET
	Jaleel McLaughlin RB DEN		Rnd 2, Pick 11	
	Rnd 3, Pick 8			

Traded		LLUA APWAOAOT nosflx renewed		Mon Jun 17 7:20pm ET
	Mike Williams WR NYJ		Rnd 3, Pick 8	
	Rnd 4, Pick 7			
	Rnd 9, Pick 7			

Traded		Drifting at Sea 8		Thu Jun 6 9:42am ET
	Matthew Stafford QB LAR		Justin Fields QB PIT	
	Jaylen Warren RB PIT		Rnd 1, Pick 3	
	Rnd 1, Pick 7		Rnd 7, Pick 3	
	Rnd 7, Pick 7			

Traded		Hoarder		Fri May 3 10:07am ET
	Rnd 2, Pick 7		Christian Watson WR GB	
			Marvin Mims WR DEN	

### Who Dey & The Blowfish

Released	Donovan Peoples-Jones	DET WR	Owner	Fri Aug 16 2:15pm ET
Released	Justin Watson	KC WR	Owner	Fri Jul 12 10:14pm ET
Released	Chase Edmonds	TB RB	Owner	Fri Jul 12 10:14pm ET
Released	Tank Bigsby	JAX RB	Owner	Fri Jul 12 10:14pm ET
Released	Treylon Burks	TEN WR	Owner	Wed Jul 10 10:38pm ET
Released	Michael Mayer	LV TE	Owner	Thu Jul 4 3:49pm ET
Released	D.J. Chark	LAC WR	Owner	Thu Jul 4 3:49pm ET
Released	Michael Carter	ARI RB	Owner	Thu Jul 4 3:49pm ET
Traded		Drifting at Sea 8		Fri Aug 16 2:15pm ET
	Tank Dell WR HOU		Gus Edwards RB LAC	
	Released: Donovan Peoples-Jones WR DET		J.K. Dobbins RB LAC	

Traded		Salamanders 7		Wed Jul 24 5:32pm ET
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Rnd 8, Pick 4

2025 Draft, Rnd 7

## Zucchini Bandits

Released	Jelani Woods	IND TE	Owner	Sat Aug 24 8:26am ET
On I/R	Kendrick Bourne	NE WR	Owner	Sun Aug 18 9:20am ET
On I/R	J.J. McCarthy	MIN QB	Owner	Sun Aug 18 9:20am ET
Released	Greg Dulcich	DEN TE	Owner	Wed Jul 10 10:41pm ET
Released	Indianapolis Colts	IND D/ST	Owner	Wed Jul 10 10:41pm ET
Released	Tutu Atwell	LAR WR	Owner	Wed Jul 10 10:41pm ET
Released	Justice Hill	BAL RB	Owner	Wed Jul 10 10:41pm ET
Released	Latavius Murray	BUF RB	Owner	Wed Jul 10 10:41pm ET
Released	Jamaal Williams	NO RB	Owner	Wed Jul 10 10:41pm ET
Released	Robert Woods	HOU WR	Owner	Wed Jul 10 10:41pm ET
Released	Kansas City Chiefs	KC D/ST	Owner	Wed Jul 10 10:41pm ET