

Week 1

1.03, Bijan, Pacua, DK, London, Fields

Released	Chigoziem Okonkwo	TEN TE	Owner	Fri Jul 26 3:59pm CT
Traded		Lammy's Squad		Sat Apr 6 10:40am CT
	D.K. Metcalf WR SEA		Amari Cooper WR CLE	

D.K. Metcalf WR SEA Amari Cooper WR CLE

Tyjae Spears RB TEN Josh Jacobs RB GB

Rnd 3, Pick 8 Rnd 2, Pick 8

ASHL

On I/R	Odell Beckham Jr.	MIA WR	Owner	Sun Aug 18 11:37pm CT
Released	Juwan Johnson	NO TE	Owner	Fri Jul 12 12:16am CT
Released	Nick Westbrook-Ikhine	TEN WR	Owner	Fri Jul 12 12:16am CT
Released	Michael Thomas	NO WR	Owner	Fri Jul 12 12:16am CT
Released	Noah Brown	HOU WR	Owner	Fri Jul 12 12:16am CT
Released	Emari Demercado	ARI RB	Owner	Fri Jul 12 12:16am CT
Released	Derek Carr	NO QB	Owner	Fri Jul 12 12:16am CT
Released	Nyheim Hines	CLE RB	Owner	Fri Jul 12 12:16am CT
Released	Tutu Atwell	LAR WR	Owner	Fri Jul 12 12:16am CT

CRUNCH

Off I/R	Juwan Johnson	NO TE	Owner	Thu Aug 22 10:27am CT
Off I/R	Jayden Reed	GB WR	Owner	Sun Aug 18 6:52pm CT
On I/R	Nick Chubb	CLE RB	Owner	Sun Aug 18 6:52pm CT
On I/R	Juwan Johnson	NO TE	Owner	Tue Jul 23 2:27pm CT
On I/R	Jayden Reed	GB WR	Owner	Tue Jul 23 2:27pm CT
Released	Aaron Rodgers	NYJ QB	Owner	Sun Jul 14 6:33am CT
Released	Jonathan Mingo	CAR WR	Owner	Sun Jul 14 6:33am CT
Released	Miles Sanders	CAR RB	Owner	Tue Jul 2 5:41am CT
Released	Rashod Bateman	BAL WR	Owner	Tue Jul 2 5:41am CT
Released	San Francisco 49ers	SF D/ST	Owner	Tue Jul 2 5:37am CT
Released	Darren Waller	NYG TE	Owner	Tue Jul 2 5:37am CT
Released	Kadarius Toney	KC WR	Owner	Tue Jul 2 5:37am CT

He Hate Me D21

On I/R	T.J. Hockenson	MIN TE	Owner	Wed Jul 24 9:30pm CT
Released	Luke Musgrave	GB TE	Owner	Sat Jul 13 9:50pm CT
Released	Marvin Mims	DEN WR	Owner	Sat Jul 13 9:50pm CT
Released	Jerick McKinnon	KC RB	Owner	Mon May 6 10:15pm CT
Released	Clyde Edwards-Helaire	KC RB	Owner	Mon May 6 10:15pm CT
Released	Jake Browning	CIN QB	Owner	Mon May 6 10:15pm CT
Released	Jason Sanders	MIA K	Owner	Sat Apr 6 10:13pm CT
Released	Denver Broncos	DEN D/ST	Owner	Sat Apr 6 10:13pm CT
Released	Miami Dolphins	MIA D/ST	Owner	Sat Apr 6 10:13pm CT
Off I/R	Luke Musgrave	GB TE	Owner	Sat Apr 6 9:49pm CT
Off I/R	Joe Burrow	CIN QB	Owner	Sat Apr 6 9:49pm CT

KIDSNHALL

Released	Will Dissly	LAC TE	Owner	Sun Aug 11 12:46pm CT
Released	Michael Carter	ARI RB	Owner	Sat Aug 3 10:05am CT



Steel Curtain

www.rtsports.com 2024 Transactions Sun Aug 25 2:46pm CT

On I/R	Nyheim Hines	CLE RB	Owner	Wed Jul 31 12:52pm CT
Released	Joshua Kelley	NYG RB	Owner	Sun Mar 10 8:10pm CT
Traded		Rudy		Wed Jun 12 12:21am CT
	Jaylen Waddle WR MIA		Rnd 1, Pick 1	
	Rnd 1, Pick 2			
Krusty Ste	el			
Released	Gardner Minshew II	LV QB	Owner	Sat Aug 24 4:23pm CT
Released	Greg Zuerlein	NYJ K	Owner	Sat Aug 24 4:23pm CT
Released	D'Onta Foreman	CLE RB	Owner	Mon Jul 8 11:05am CT
Released	Wan'Dale Robinson	NYG WR	Owner	Mon Jul 8 11:05am CT
Traded		Lammy's Squad		Wed Jul 24 9:54pm CT
	Rnd 8, Pick 10		2025 Draft, Rnd 8	
	Rnd 9, Pick 10			
Traded		Lammy's Squad		Mon Apr 1 9:09pm CT
	Michael Wilson WR ARI		Terry McLaurin WR WAS	
	Rnd 3, Pick 10			
Traded		Lammy's Squad		Thu Mar 28 1:44pm CT
	Zack Moss RB CIN		Jerry Jeudy WR CLE	
	Rnd 2, Pick 10		Rnd 2, Pick 5	
Lammy's S	Squad			
Released	Justice Hill	BAL RB	Owner	Fri Apr 12 3:15pm CT
Released	Chris Rodriguez Jr.	WAS RB	Owner	Thu Mar 14 7:37pm CT
Traded		Rudy		Wed Jul 24 11:49pm CT
	Rnd 8, Pick 10		Rnd 8, Pick 12	
			Rnd 9, Pick 1	
Traded		Krusty Steel		Wed Jul 24 9:54pm CT
	2025 Draft, Rnd 8		Rnd 8, Pick 10	
			Rnd 9, Pick 10	
Traded		1.03, Bijan, Pacua, DK, L	ondon, Fields	Sat Apr 6 10:40am CT
	Amari Cooper WR CLE		D.K. Metcalf WR SEA	
	Josh Jacobs RB GB		Tyjae Spears RB TEN	
	Rnd 2, Pick 8		Rnd 3, Pick 8	
Traded		Krusty Steel		Mon Apr 1 9:09pm CT
	Terry McLaurin WR WAS		Michael Wilson WR ARI	
			Rnd 3, Pick 10	
Traded		Krusty Steel		Thu Mar 28 1:44pm CT
	Jerry Jeudy WR CLE		Zack Moss RB CIN	
	Rnd 2, Pick 5		Rnd 2, Pick 10	
D T				
Purple Tea	ars			
Released	Las Vegas Raiders	LV D/ST	Owner	Thu Aug 15 12:20pm CT

Released	Las Vegas Raiders	LV D/ST	Owner	Thu Aug 15 12:20pm CT
Released	Dalvin Cook	BAL RB	Owner	Fri Jun 21 2:42pm CT
Released	Geno Smith	SEA QB	Owner	Fri Jun 21 2:42pm CT
Released	Zach Ertz	WAS TE	Owner	Fri Jun 21 2:42pm CT
Off I/R	Kirk Cousins	ATL QB	Owner	Mon May 20 7:52pm CT

Steel Curtain

Rudy

Released	Khalil Herbert	CHI RB	Owner	Sat Jul 13 11:35am CT
Released	Michael Mayer	LV TE	Owner	Sat Jul 13 11:35am CT
Released	Cam Akers	HOU RB	Owner	Fri Jul 5 12:06pm CT
Released	Elijah Moore	CLE WR	Owner	Fri Jul 5 12:06pm CT
Released	A.T. Perry	NO WR	Owner	Fri Jul 5 12:06pm CT
Traded		Lammy's Squad		Wed Jul 24 11:49pm CT

Rnd 8, Pick 12 Rnd 8, Pick 10

Rnd 9, Pick 1

Traded KIDSNHALL Wed Jun 12 12:21am CT

Rnd 1, Pick 1 Jaylen Waddle WR MIA

Rnd 1, Pick 2

Scared Pitts-less

On I/R	Ricky Pearsall	SF WR	Owner	Fri Jul 26 7:20pm CT
Released	Brandon McManus	WAS K	Owner	Mon Mar 11 10:47pm CT
Released	Chicago Bears	CHI D/ST	Owner	Mon Mar 11 10:47pm CT
Released	Kenny Pickett	PHI QB	Owner	Mon Mar 11 10:47pm CT
Released	Jordan Mason	SF RB	Owner	Mon Mar 11 10:47pm CT
Released	Justyn Ross	KC WR	Owner	Mon Mar 11 10:47pm CT
Released	Greg Zuerlein	NYJ K	Owner	Mon Mar 11 10:47pm CT
Released	Philadelphia Eagles	PHI D/ST	Owner	Mon Mar 11 10:47pm CT
Released	Pittsburgh Steelers	PIT D/ST	Owner	Mon Mar 11 10:47pm CT

Some Assembly Required

On I/R	Mike Williams	NYJ WR	Owner	Wed Jul 24 9:39pm CT
On I/R	Keaton Mitchell	BAL RB	Owner	Wed Jul 24 9:39pm CT
Released	Treylon Burks	TEN WR	Owner	Sat Jul 13 8:37pm CT
Released	Sam Howell	SEA QB	Owner	Sat Jul 13 7:27pm CT
Released	John Metchie III	HOU WR	Owner	Mon Mar 11 10:50pm CT
Released	Isaiah Spiller	LAC RB	Owner	Mon Mar 11 10:50pm CT
Released	Greg Dortch	ARI WR	Owner	Mon Mar 11 10:48pm CT
Released	Jacksonville Jaguars	JAX D/ST	Owner	Mon Mar 11 10:48pm CT
Released	Joe Flacco	IND QB	Owner	Mon Mar 11 10:48pm CT
Released	Jason Myers	SEA K	Owner	Mon Mar 11 10:48pm CT

Vatos Locos 2

On I/R	J.J. McCarthy	MIN QB	Owner	Fri Aug 16 6:24pm CT
On I/R	Jonathon Brooks	CAR RB	Owner	Mon Jul 29 3:08pm CT
Released	Parker Washington	JAX WR	Owner	Wed Jul 10 11:38am CT
Released	Tucker Kraft	GB TE	Owner	Wed Jul 10 11:38am CT
Released	Josh Reynolds	DEN WR	Owner	Wed Jul 10 11:38am CT
Released	Rondale Moore	ATL WR	Owner	Wed Jul 10 11:38am CT
Released	Alec Pierce	IND WR	Owner	Wed Jul 10 11:38am CT
Released	Tyler Boyd	TEN WR	Owner	Wed Jul 10 11:38am CT