

Week 1

1.03, Bijan, Pacua, DK, London, Fields

Released	Chigoziem Okonkwo	TEN TE	Owner	Fri Jul 26 3:59pm CT
Traded		Lammy's Squad		Sat Apr 6 10:40am CT
	D.K. Metcalf WR SEA		Amari Cooper WR CLE	

D.K. Metcalf WR SEA Amari Cooper WR CLE
Tyjae Spears RB TEN Josh Jacobs RB GB
Rnd 3, Pick 8 Rnd 2, Pick 8

ASHL

Released	Juwan Johnson	NO TE	Owner	Fri Jul 12 12:16am CT
Released	Nick Westbrook-Ikhine	TEN WR	Owner	Fri Jul 12 12:16am CT
Released	Michael Thomas	NO WR	Owner	Fri Jul 12 12:16am CT
Released	Noah Brown	HOU WR	Owner	Fri Jul 12 12:16am CT
Released	Emari Demercado	ARI RB	Owner	Fri Jul 12 12:16am CT
Released	Derek Carr	NO QB	Owner	Fri Jul 12 12:16am CT
Released	Nyheim Hines	CLE RB	Owner	Fri Jul 12 12:16am CT
Released	Tutu Atwell	LAR WR	Owner	Fri Jul 12 12:16am CT

CRUNCH

On I/R	Jayden Reed	GB WR	Owner	Tue Jul 23 2:27pm CT
On I/R	Juwan Johnson	NO TE	Owner	Tue Jul 23 2:27pm CT
Released	Jonathan Mingo	CAR WR	Owner	Sun Jul 14 6:33am CT
Released	Aaron Rodgers	NYJ QB	Owner	Sun Jul 14 6:33am CT
Released	Rashod Bateman	BAL WR	Owner	Tue Jul 2 5:41am CT
Released	Miles Sanders	CAR RB	Owner	Tue Jul 2 5:41am CT
Released	Kadarius Toney	KC WR	Owner	Tue Jul 2 5:37am CT
Released	Darren Waller	NYG TE	Owner	Tue Jul 2 5:37am CT
Released	San Francisco 49ers	SF D/ST	Owner	Tue Jul 2 5:37am CT

He Hate Me D21

On I/R	T.J. Hockenson	MIN TE	Owner	Wed Jul 24 9:30pm CT
Released	Luke Musgrave	GB TE	Owner	Sat Jul 13 9:50pm CT
Released	Marvin Mims	DEN WR	Owner	Sat Jul 13 9:50pm CT
Released	Jerick McKinnon	KC RB	Owner	Mon May 6 10:15pm CT
Released	Clyde Edwards-Helaire	KC RB	Owner	Mon May 6 10:15pm CT
Released	Jake Browning	CIN QB	Owner	Mon May 6 10:15pm CT
Released	Jason Sanders	MIA K	Owner	Sat Apr 6 10:13pm CT
Released	Denver Broncos	DEN D/ST	Owner	Sat Apr 6 10:13pm CT
Released	Miami Dolphins	MIA D/ST	Owner	Sat Apr 6 10:13pm CT
Off I/R	Luke Musgrave	GB TE	Owner	Sat Apr 6 9:49pm CT
Off I/R	Joe Burrow	CIN QB	Owner	Sat Apr 6 9:49pm CT

KIDSNHALL(23)

Released	Joshua Kelley	LAC RB	Owner	Sun Mar 10 8:10pm CT
Traded		Rudy		Wed Jun 12 12:21am CT

Jaylen Waddle WR MIA Rnd 1, Pick 1

Rnd 1, Pick 2

Steel Curtain

Krusty Steel

Released D'Onta Foreman CLE RB Owner Mon Jul 8 11:05am CT Wan'Dale Robinson NYG WR Mon Jul 8 11:05am CT Released Owner Wed Jul 24 9:54pm CT Traded Lammy's Squad

Rnd 8, Pick 10 2025 Draft, Rnd 8

Rnd 9, Pick 10

Traded Lammy's Squad Mon Apr 1 9:09pm CT

> Michael Wilson WR ARI Terry McLaurin WR WAS Rnd 3, Pick 10

Traded Lammy's Squad Thu Mar 28 1:44pm CT

> Zack Moss RB CIN Jerry Jeudy WR CLE Rnd 2, Pick 10 Rnd 2, Pick 5

Lammy's Squad

BAL RB Fri Apr 12 3:15pm CT Released Justice Hill Owner Released Chris Rodriguez Jr. WAS RB Owner Thu Mar 14 7:37pm CT Traded Rudy Wed Jul 24 11:49pm CT

> Rnd 8, Pick 10 Rnd 8, Pick 12 Rnd 9, Pick 1

Traded Krusty Steel Wed Jul 24 9:54pm CT

> 2025 Draft, Rnd 8 Rnd 8, Pick 10 Rnd 9, Pick 10

Traded 1.03, Bijan, Pacua, DK, London, Fields Sat Apr 6 10:40am CT

> Amari Cooper WR CLE D.K. Metcalf WR SEA Josh Jacobs RB GB Tyjae Spears RB TEN Rnd 2, Pick 8 Rnd 3, Pick 8

Traded Mon Apr 1 9:09pm CT Krusty Steel

Terry McLaurin WR WAS Michael Wilson WR ARI

Rnd 3, Pick 10

Traded Thu Mar 28 1:44pm CT Krusty Steel Jerry Jeudy WR CLE Zack Moss RB CIN

Rnd 2, Pick 5 Rnd 2, Pick 10

Purple Tears

Released Dalvin Cook BAL RB Owner Fri Jun 21 2:42pm CT Released Geno Smith SEA QB Owner Fri Jun 21 2:42pm CT Zach Ertz WAS TE Fri Jun 21 2:42pm CT Released Owner Off I/R Kirk Cousins ATL QB Owner Mon May 20 7:52pm CT

Rudy

Released Khalil Herbert CHI RB Sat Jul 13 11:35am CT Owner Released Michael Mayer LV TE Sat Jul 13 11:35am CT Owner Released Cam Akers HOU RB Fri Jul 5 12:06pm CT Owner Released Elijah Moore CLE WR Owner Fri Jul 5 12:06pm CT Fri Jul 5 12:06pm CT Released A.T. Perry NO WR Owner Traded Lammy's Squad Wed Jul 24 11:49pm CT

> Rnd 8. Pick 12 Rnd 8. Pick 10

Rnd 9, Pick 1



Steel Curtain

www.rtsports.com 2024 Transactions Wed Jul 31 6:47am CT

Traded		KIDSNHALL(23)		Wed Jun 12 12:21am CT
	Rnd 1, Pick 1		Jaylen Waddle WR MIA	
			Rnd 1, Pick 2	
Scared Pit	tts-less			
On I/R	Ricky Pearsall	SF WR	Owner	Fri Jul 26 7:20pm CT
Released	Brandon McManus	WAS K	Owner	Mon Mar 11 10:47pm CT
Released		CHI D/ST	Owner	•
Released	Chicago Bears	PHI QB	Owner	Mon Mar 11 10:47pm CT
	Kenny Pickett	SF RB		Mon Mar 11 10:47pm CT
Released	Jordan Mason		Owner	Mon Mar 11 10:47pm CT
Released	Justyn Ross	KC WR	Owner	Mon Mar 11 10:47pm CT
Released	Greg Zuerlein	NYJ K	Owner	Mon Mar 11 10:47pm CT
Released	Philadelphia Eagles	PHI D/ST	Owner	Mon Mar 11 10:47pm CT
Released	Pittsburgh Steelers	PIT D/ST	Owner	Mon Mar 11 10:47pm CT
Some Ass	embly Required			
On I/R	Mike Williams	NYJ WR	Owner	Wed Jul 24 9:39pm CT
On I/R	Keaton Mitchell	BAL RB	Owner	Wed Jul 24 9:39pm CT
Released	Treylon Burks	TEN WR	Owner	Sat Jul 13 8:37pm CT
Released	Sam Howell	SEA QB	Owner	Sat Jul 13 7:27pm CT
Released	John Metchie III	HOU WR	Owner	Mon Mar 11 10:50pm CT
Released	Isaiah Spiller	LAC RB	Owner	Mon Mar 11 10:50pm CT
Released	Greg Dortch	ARI WR	Owner	Mon Mar 11 10:48pm CT
Released	Jacksonville Jaguars	JAX D/ST	Owner	Mon Mar 11 10:48pm CT
Released	Joe Flacco	IND QB	Owner	Mon Mar 11 10:48pm CT
Released	Jason Myers	SEA K	Owner	Mon Mar 11 10:48pm CT
Vatos Loc	os 2			
On I/R	Jonathon Brooks	CAR RB	Owner	Mon Jul 29 3:08pm CT
Released	Parker Washington	JAX WR	Owner	Wed Jul 10 11:38am CT
Released	Tucker Kraft	GB TE	Owner	Wed Jul 10 11:38am CT
Released	Josh Reynolds	DEN WR	Owner	Wed Jul 10 11:38am CT
Released	Rondale Moore	ATL WR	Owner	Wed Jul 10 11:38am CT
Released	Alec Pierce	IND WR	Owner	Wed Jul 10 11:38am CT
Released	Tyler Boyd	TEN WR	Owner	Wed Jul 10 11:38am CT