

Week 1

1.03, Bijan, Pacua, DK, London, Fields

Released	Chigoziem Okonkwo	TEN TE	Owner	Fri Jul 26 3:59pm CT
Traded		Lammy's Squad		Sat Apr 6 10:40am CT
	D.K. Metcalf WR SEA		Amari Cooper WR CLE	

D.K. Metcalf WR SEA Amari Cooper WR CLE

Tyjae Spears RB TEN Josh Jacobs RB GB

Rnd 3, Pick 8 Rnd 2, Pick 8

ASHL

Released	Juwan Johnson	NO TE	Owner	Fri Jul 12 12:16am CT
Released	Nick Westbrook-Ikhine	TEN WR	Owner	Fri Jul 12 12:16am CT
Released	Michael Thomas	NO WR	Owner	Fri Jul 12 12:16am CT
Released	Noah Brown	HOU WR	Owner	Fri Jul 12 12:16am CT
Released	Emari Demercado	ARI RB	Owner	Fri Jul 12 12:16am CT
Released	Derek Carr	NO QB	Owner	Fri Jul 12 12:16am CT
Released	Nyheim Hines	CLE RB	Owner	Fri Jul 12 12:16am CT
Released	Tutu Atwell	LAR WR	Owner	Fri Jul 12 12:16am CT

CRUNCH

On I/R	Jayden Reed	GB WR	Owner	Tue Jul 23 2:27pm CT
On I/R	Juwan Johnson	NO TE	Owner	Tue Jul 23 2:27pm CT
Released	Jonathan Mingo	CAR WR	Owner	Sun Jul 14 6:33am CT
Released	Aaron Rodgers	NYJ QB	Owner	Sun Jul 14 6:33am CT
Released	Rashod Bateman	BAL WR	Owner	Tue Jul 2 5:41am CT
Released	Miles Sanders	CAR RB	Owner	Tue Jul 2 5:41am CT
Released	Kadarius Toney	KC WR	Owner	Tue Jul 2 5:37am CT
Released	Darren Waller	NYG TE	Owner	Tue Jul 2 5:37am CT
Released	San Francisco 49ers	SF D/ST	Owner	Tue Jul 2 5:37am CT

He Hate Me D21

On I/R	T.J. Hockenson	MIN TE	Owner	Wed Jul 24 9:30pm CT
Released	Luke Musgrave	GB TE	Owner	Sat Jul 13 9:50pm CT
Released	Marvin Mims	DEN WR	Owner	Sat Jul 13 9:50pm CT
Released	Jerick McKinnon	KC RB	Owner	Mon May 6 10:15pm CT
Released	Clyde Edwards-Helaire	KC RB	Owner	Mon May 6 10:15pm CT
Released	Jake Browning	CIN QB	Owner	Mon May 6 10:15pm CT
Released	Jason Sanders	MIA K	Owner	Sat Apr 6 10:13pm CT
Released	Denver Broncos	DEN D/ST	Owner	Sat Apr 6 10:13pm CT
Released	Miami Dolphins	MIA D/ST	Owner	Sat Apr 6 10:13pm CT
Off I/R	Luke Musgrave	GB TE	Owner	Sat Apr 6 9:49pm CT
Off I/R	Joe Burrow	CIN QB	Owner	Sat Apr 6 9:49pm CT

KIDSNHALL(23)

Released	Joshua Kelley	LAC RB	Owner	Sun Mar 10 8:10pm CT
Traded		Rudy		Wed Jun 12 12:21am CT
	Javlen Waddle WR MIA		Rnd 1. Pick 1	

Rnd 1, Pick 2

Steel Curtain

Krusty Steel

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Traded		Lammy's Squad		Wed Jul 24 9:54pm CT
Released	Wan'Dale Robinson	NYG WR	Owner	Mon Jul 8 11:05am CT
Released	D'Onta Foreman	CLE RB	Owner	Mon Jul 8 11:05am CT

Rnd 8, Pick 10 2025 Draft, Rnd 8

Rnd 9, Pick 10

Traded Lammy's Squad Mon Apr 1 9:09pm CT

> Michael Wilson WR ARI Terry McLaurin WR WAS

Rnd 3, Pick 10

Traded Lammy's Squad Thu Mar 28 1:44pm CT

> Zack Moss RB CIN Jerry Jeudy WR CLE Rnd 2, Pick 10 Rnd 2, Pick 5

Lammy's Squad

Released	Justice Hill	BAL RB	Owner	Fri Apr 12 3:15pm CT
Released	Chris Rodriguez Jr.	WAS RB	Owner	Thu Mar 14 7:37pm CT
Traded		Rudy		Wed Jul 24 11:49pm CT
	Rnd 8, Pick 10		Rnd 8, Pick 12	
			Rnd 9, Pick 1	

Traded Krusty Steel Wed Jul 24 9:54pm CT

2025 Draft, Rnd 8 Rnd 8, Pick 10 Rnd 9, Pick 10

Traded 1.03, Bijan, Pacua, DK, London, Fields Sat Apr 6 10:40am CT

> Amari Cooper WR CLE D.K. Metcalf WR SEA Josh Jacobs RB GB Tyjae Spears RB TEN Rnd 2, Pick 8 Rnd 3, Pick 8

Traded Krusty Steel Mon Apr 1 9:09pm CT

> Terry McLaurin WR WAS Michael Wilson WR ARI

Rnd 3, Pick 10

Traded Krusty Steel Thu Mar 28 1:44pm CT

> Jerry Jeudy WR CLE Zack Moss RB CIN Rnd 2, Pick 5 Rnd 2, Pick 10

Purple Tears

Released	Dalvin Cook	BAL RB	Owner	Fri Jun 21 2:42pm CT
Released	Geno Smith	SEA QB	Owner	Fri Jun 21 2:42pm CT
Released	Zach Ertz	WAS TE	Owner	Fri Jun 21 2:42pm CT
Off I/R	Kirk Cousins	ATL QB	Owner	Mon May 20 7:52pm CT

Rudy

Released	Khalil Herbert	CHI RB	Owner	Sat Jul 13 11:35am CT
Released	Michael Mayer	LV TE	Owner	Sat Jul 13 11:35am CT
Released	Cam Akers	HOU RB	Owner	Fri Jul 5 12:06pm CT
Released	Elijah Moore	CLE WR	Owner	Fri Jul 5 12:06pm CT
Released	A.T. Perry	NO WR	Owner	Fri Jul 5 12:06pm CT
Traded		Lammy's Squad		Wed Jul 24 11:49pm CT

Rnd 8, Pick 12 Rnd 8, Pick 10

Rnd 9, Pick 1



Steel Curtain

www.rtsports.com 2024 Transactions Sun Jul 28 9:36pm CT

KIDSNHALL(23) Wed Jun 12 12:21am CT Traded Rnd 1, Pick 1 Jaylen Waddle WR MIA Rnd 1, Pick 2 Scared Pitts-less On I/R Ricky Pearsall SF WR Owner Fri Jul 26 7:20pm CT Released Brandon McManus WAS K Owner Mon Mar 11 10:47pm CT Mon Mar 11 10:47pm CT Released Chicago Bears CHI D/ST Owner Kenny Pickett PHI QB Mon Mar 11 10:47pm CT Released Owner SF RB Jordan Mason Mon Mar 11 10:47pm CT Released Owner KC WR Mon Mar 11 10:47pm CT Released Justyn Ross Owner Greg Zuerlein Mon Mar 11 10:47pm CT Released NYJ K Owner Released Philadelphia Eagles PHI D/ST Owner Mon Mar 11 10:47pm CT Pittsburgh Steelers PIT D/ST Mon Mar 11 10:47pm CT Released Owner Some Assembly Required On I/R Mike Williams NYJ WR Wed Jul 24 9:39pm CT Owner On I/R Keaton Mitchell BAL RB Owner Wed Jul 24 9:39pm CT Released Treylon Burks TEN WR Owner Sat Jul 13 8:37pm CT Sat Jul 13 7:27pm CT Sam Howell SEA QB Released Owner Released John Metchie III HOU WR Owner Mon Mar 11 10:50pm CT Isaiah Spiller LAC RB Mon Mar 11 10:50pm CT Released Owner ARI WR Mon Mar 11 10:48pm CT Released Greg Dortch Owner Released Jacksonville Jaguars JAX D/ST Owner Mon Mar 11 10:48pm CT Released Joe Flacco IND QB Mon Mar 11 10:48pm CT Owner Released SEA K Mon Mar 11 10:48pm CT Jason Myers Owner Vatos Locos 2 Released Parker Washington JAX WR Owner Wed Jul 10 11:38am CT Released Tucker Kraft GB TE Owner Wed Jul 10 11:38am CT Released Josh Reynolds DEN WR Owner Wed Jul 10 11:38am CT Released Rondale Moore ATL WR Owner Wed Jul 10 11:38am CT IND WR Wed Jul 10 11:38am CT Released Alec Pierce Owner

TEN WR

Owner

Tyler Boyd

Released

Wed Jul 10 11:38am CT