

Week 1

Blue Bombers

Released	Chigoziem Okonkwo	TEN TE	Owner	Sun Aug 18 7:10pm ET
Released	Treylon Burks	TEN WR	Owner	Sun Aug 18 7:10pm ET
Released	Johnny Wilson	PHI WR	Owner	Sun Aug 18 7:10pm ET
Released	Rasheen Ali	BAL RB	Owner	Sun Aug 18 7:10pm ET
Released	Hendon Hooker	DET QB	Owner	Thu Jul 4 7:01am ET
Released	Younghoe Koo	ATL K	Owner	Mon Jun 17 3:36pm ET
Released	Dawson Knox	BUF TE	Owner	Mon Jun 17 3:36pm ET
Released	Mike Gesicki	CIN TE	Owner	Mon Jun 17 3:36pm ET
Released	DeVante Parker	PHI WR	Owner	Mon Jun 17 3:36pm ET
Released	Tutu Atwell	LAR WR	Owner	Mon Jun 17 3:36pm ET
Released	Dallas Cowboys	DAL D/ST	Owner	Mon Jun 17 3:36pm ET
Traded		Ghost		Thu Jul 4 12:01am ET
	Rnd 9, Pick 1		Treylon Burks WR TEN	
Traded		Grinders2		Thu Jun 27 1:41pm ET
	Rnd 2, Pick 1		Rnd 1, Pick 6	
	Rnd 3, Pick 1			
	Rnd 4, Pick 1			

Element

Released	Malik Washington	MIA WR	Owner	Mon Aug 19 10:18am ET
Released	Michael Mayer	LV TE	Owner	Mon May 13 11:58am ET
Released	Jaleel McLaughlin	DEN RB	Owner	Mon May 13 11:58am ET
Released	Jalin Hyatt	NYG WR	Owner	Mon Mar 4 5:56pm ET
Released	Bryce Young	CAR QB	Owner	Mon Mar 4 8:23am ET
Released	Rashid Shaheed	NO WR	Owner	Mon Mar 4 8:23am ET
Traded		WebBull D250		Wed Jul 24 12:05pm ET
	Rnd 9, Pick 2		2025 Draft, Rnd 9	
	Rnd 10, Pick 2		2025 Draft, Rnd 10	
Traded		Joe's Cookin' CMC's		Wed May 15 9:46pm FT
Iraded		JOE'S COOKIN' CIVIC'S		Wed May 15 8:46pm ET
	Rnd 5, Pick 2		Rnd 4, Pick 5	
	Rnd 6, Pick 2			
	Rnd 7, Pick 2			
	Rnd 8, Pick 2			
Traded		Ghost		Sun Mar 3 8:14pm ET
Haded		Chost		our mar o o. 14pm E 1
	Treylon Burks WR TEN		Rnd 2, Pick 11	
	Jahan Dotson WR PHI			
Ohaat				
Ghost				

Released	Khalil Herbert	CHI RB	Owner	Sat Jul 6 10:56am ET
Released	Darius Slayton	NYG WR	Owner	Sat Jul 6 10:56am ET
Released	Michael Thomas	NO WR	Owner	Sat Jul 6 10:56am ET
Released	Jake Bobo	SEA WR	Owner	Tue Jun 11 7:34pm ET
Released	Josh Reynolds	DEN WR	Owner	Tue Jun 11 7:34pm ET
Traded		Grinders2		Thu Jul 11 12:44pm ET
	Rnd 6, Pick 11		Rnd 6, Pick 6	
	Rnd 7, Pick 11			
Traded		LLUA APWAOAOT 250_1 renew	ved	Mon Jul 8 10:48am ET



	Rnd 8, Pick 11 Rnd 9, Pick 6		Rnd 7, Pick 10	
Traded	Rondale Moore WR ATL	Grinders2	Rnd 10, Pick 6	Thu Jul 4 8:16pm ET
Traded		Blue Bombers		Thu Jul 4 12:01am ET
	Treylon Burks WR TEN		Rnd 9, Pick 1	
Traded	Rnd 9, Pick 11	Grinders2	Rnd 9, Pick 6	Wed Jul 3 11:25am ET
Traded	Baltimore Ravens D/ST	Joe's Cookin' CMC's	Rnd 6, Pick 5	Thu May 9 11:47pm ET
Traded		SuperbadassSweetDaddyJonezD		Wed May 8 10:31pm ET
	Justin Tucker K BAL		Rnd 7, Pick 12	
Traded		SPIDEEZ		Sat Apr 20 8:03pm ET
	Rnd 1, Pick 11		Terry McLaurin WR WAS	
	Rnd 4, Pick 4		Chase Brown RB CIN	
			Rnd 5, Pick 9	
Traded		Element		Sun Mar 3 8:14pm ET
	Rnd 2, Pick 11		Treylon Burks WR TEN	
			Jahan Dotson WR PHI	

Grinders2

Released	Rondale Moore	ATL WR	Owner	Thu Aug 8 3:56pm ET
On I/R	Juwan Johnson	NO TE	Owner	Fri Jul 26 6:20am ET
Released	Hunter Henry	NE TE	Owner	Sat Jul 13 9:50am ET
Released	Zay Jones	ARI WR	Owner	Tue Jul 9 7:16pm ET
Released	Greg Dulcich	DEN TE	Owner	Sat Jun 29 3:56pm ET
Off I/R	Greg Dulcich	DEN TE	Owner	Mon Jun 24 1:04pm ET
Released	Elijah Dotson	LAC RB	Owner	Mon Jun 24 1:03pm ET
Released	Isaiah Spiller	LAC RB	Owner	Sun Jun 9 6:19pm ET
Released	Darren Waller	NYG TE	Owner	Sun Jun 9 6:19pm ET
Released	Kenny Pickett	PHI QB	Owner	Sat Mar 16 9:18am ET
Released	Jake Browning	CIN QB	Owner	Sat Mar 16 9:18am ET
Released	Tyler Bass	BUF K	Owner	Sat Mar 16 9:18am ET
Traded		Taskmaster		Sun Jul 21 7:54pm ET
	Courtland Sutton WR DEN		Dameon Pierce RB HOU	
Traded		SuperbadassSweetDaddyJonez	Dyn	Wed Jul 17 10:10am ET
	2025 Draft, Rnd 2		Cleveland Browns D/ST	
			Rnd 3, Pick 4	
			Rnd 5, Pick 12	
Traded		Ghost	Rnd 5, Pick 12	Thu Jul 11 12:44pm ET
Traded	Rnd 6, Pick 6	Ghost	Rnd 5, Pick 12 Rnd 6, Pick 11	Thu Jul 11 12:44pm ET
Traded	Rnd 6, Pick 6	Ghost		Thu Jul 11 12:44pm ET
Traded	Rnd 6, Pick 6	Ghost	Rnd 6, Pick 11	Thu Jul 11 12:44pm ET Thu Jul 4 8:16pm ET
	Rnd 6, Pick 6 Rnd 10, Pick 6		Rnd 6, Pick 11	
			Rnd 6, Pick 11 Rnd 7, Pick 11	
Traded		Ghost	Rnd 6, Pick 11 Rnd 7, Pick 11	Thu Jul 4 8:16pm ET
Traded Traded	Rnd 10, Pick 6	Ghost	Rnd 6, Pick 11 Rnd 7, Pick 11 Rondale Moore WR ATL	Thu Jul 4 8:16pm ET Wed Jul 3 11:25am ET
Traded	Rnd 10, Pick 6	Ghost	Rnd 6, Pick 11 Rnd 7, Pick 11 Rondale Moore WR ATL	Thu Jul 4 8:16pm ET



Blue Bombers

Thu Jun 27 1:41pm ET

Traded

Rnd 1, Pick 6

Rnd 2, Pick 1 Rnd 3, Pick 1 Rnd 4, Pick 1

Joe's Cookin' CMC's

Released	Alec Pierce	IND WR	Owner	Sun Jun 16 6:15pm ET
Released	Alexander Mattison	LV RB	Owner	Sun Jun 16 6:15pm ET
Released	Jake Moody	SF K	Owner	Sun Mar 31 11:52am ET
Released	Cincinnati Bengals	CIN D/ST	Owner	Sun Mar 31 11:52am ET
Released	Desmond Ridder	ARI QB	Owner	Sun Mar 31 11:52am ET
Released	Noah Fant	SEA TE	Owner	Sun Mar 31 11:52am ET
Released	Blake Grupe	NO K	Owner	Sun Mar 31 11:52am ET
Traded		SuperbadassSweetDaddyJonez	Dyn	Sat Jun 22 5:43pm ET
	Joe Burrow QB CIN		Brock Purdy QB SF	
	Rnd 7, Pick 5		Rnd 2, Pick 7	
Traded		Element		Wed May 15 8:46pm ET
	Rnd 4, Pick 5		Rnd 5, Pick 2	
			Rnd 6, Pick 2	
			Rnd 7, Pick 2	
			Rnd 8, Pick 2	
Traded		Ghost		Thu May 9 11:47pm ET
	Rnd 6, Pick 5		Baltimore Ravens D/ST	, , , , , , , , , , , , , , , , , , ,

LLUA APWAOAOT 250_1 renewed

Released	Tampa Bay Buccaneers	TB D/ST	Owner	Wed Aug 21 7:45pm ET
On I/R	Keaton Mitchell	BAL RB	Owner	Sun Aug 4 2:43pm ET
Released	Emari Demercado	ARI RB	Owner	Tue Jul 2 11:18am ET
Released	Kadarius Toney	KC WR	Owner	Thu May 2 3:13pm ET
Released	Jason Sanders	MIA K	Owner	Thu May 2 3:13pm ET
Released	Brandon Powell	MIN WR	Owner	Mon Mar 18 4:11pm ET
Released	Marcus Mariota	WAS QB	Owner	Mon Mar 18 4:11pm ET
Released	Jeff Wilson	MIA RB	Owner	Mon Mar 18 4:11pm ET
Released	Skyy Moore	KC WR	Owner	Mon Mar 18 4:11pm ET
Released	K.J. Osborn	NE WR	Owner	Mon Mar 18 4:11pm ET
Off I/R	Keaton Mitchell	BAL RB	Owner	Mon Mar 18 4:10pm ET
Off I/R	Kirk Cousins	ATL QB	Owner	Mon Mar 18 4:10pm ET
Traded		SPICY TACOS		Wed Jul 10 9:45am ET
	Rnd 8, Pick 11		Rnd 9, Pick 8	
			Rnd 10, Pick 8	
Traded		Cheat		Man Jul 9 10:49am FT
Traded		Ghost		Mon Jul 8 10:48am ET
	Rnd 7, Pick 10		Rnd 8, Pick 11	
			Rnd 9, Pick 6	

Rivershark 34

Justice Hill	BAL RB	Owner	Tue Jul 9 3:37pm ET
Kareem Hunt	CLE RB	Owner	Tue Jul 9 3:37pm ET
Odell Beckham Jr.	MIA WR	Owner	Tue Jul 9 3:37pm ET
Kansas City Chiefs	KC D/ST	Owner	Tue Jul 9 3:37pm ET
Noah Gray	KC TE	Owner	Tue Jul 9 3:37pm ET
	Kareem Hunt Odell Beckham Jr. Kansas City Chiefs	Kareem HuntCLE RBOdell Beckham Jr.MIA WRKansas City ChiefsKC D/ST	Kareem HuntCLE RBOwnerOdell Beckham Jr.MIA WROwnerKansas City ChiefsKC D/STOwner



Gridiron Heros

www.rtsports.com
2024 Transactions
Sat Aug 24 12:06pm ET

Released	Logan Thomas	SF TE	Owner	Tue Jul 9 3:37pm ET
Released	Dustin Hopkins	CLE K	Owner	Tue Jul 9 3:37pm ET

SPICY TACOS

Released	Demarcus Robinson	LAR WR	Owner	Wed Jul 10 5:05am ET
Released	Antonio Gibson	NE RB	Owner	Wed Jul 10 5:05am ET
Released	Daniel Jones	NYG QB	Owner	Wed Jul 10 5:05am ET
Traded		LLUA APWAOAOT 250_1 renew	ved	Wed Jul 10 9:45am ET
	Rnd 9, Pick 8		Rnd 8, Pick 11	
	Rnd 10, Pick 8			
Traded		Grinders2		Sat Jun 29 7:13pm ET
	Marquise Brown WR KC		Rnd 2, Pick 1	

SPIDEEZ

Released	Trey Sermon	IND RB	Owner	Mon Aug 19 10:32pm ET
Released	Seattle Seahawks	SEA D/ST	Owner	Mon Aug 19 10:32pm ET
On I/R	J.J. McCarthy	MIN QB	Owner	Mon Aug 19 10:30pm ET
Off I/R	Mike Williams	NYJ WR	Owner	Mon Aug 12 12:12am ET
On I/R	Mike Williams	NYJ WR	Owner	Sun Jul 21 6:24pm ET
On I/R	Jonathon Brooks	CAR RB	Owner	Sun Jul 21 6:24pm ET
Released	Elijah Moore	CLE WR	Owner	Wed Jul 3 1:04pm ET
Released	Israel Abanikanda	NYJ RB	Owner	Thu Jun 6 10:53pm ET
Released	Demario Douglas	NE WR	Owner	Sat Apr 20 8:21pm ET
Released	Cedric Tillman	CLE WR	Owner	Sat Apr 20 8:21pm ET
Released	Geno Smith	SEA QB	Owner	Sat Apr 20 8:21pm ET
Traded		Ghost		Sat Apr 20 8:03pm ET
	Terry McLaurin WR WAS		Rnd 1, Pick 11	
	Chase Brown RB CIN		Rnd 4, Pick 4	
	Rnd 5, Pick 9			

SuperbadassSweetDaddyJonezDyn

Off I/R	Ricky Pearsall	SF WR	Owner	Mon Jul 29 11:26pm ET
On I/R	Odell Beckham Jr.	MIA WR	Owner	Mon Jul 29 11:26pm ET
On I/R	T.J. Hockenson	MIN TE	Owner	Wed Jul 24 10:16pm ET
On I/R	Ricky Pearsall	SF WR	Owner	Wed Jul 24 10:16pm ET
Released	AJ Dillon	GB RB	Owner	Mon Jun 17 7:04am ET
Released	Noah Brown	HOU WR	Owner	Mon Jun 17 7:04am ET
Released	Jordan Mason	SF RB	Owner	Thu May 16 2:19am ET
Released	Xavier Gipson	NYJ WR	Owner	Thu May 16 2:19am ET
Released	Jonathan Mingo	CAR WR	Owner	Thu May 16 2:19am ET
Released	Parker Washington	JAX WR	Owner	Thu May 16 2:19am ET
Released	Chigoziem Okonkwo	TEN TE	Owner	Thu May 16 2:19am ET
Released	Matt Gay	IND K	Owner	Thu May 16 2:19am ET
Off I/R	T.J. Hockenson	MIN TE	Owner	Mon Apr 22 3:34am ET
Off I/R	Justin Herbert	LAC QB	Owner	Mon Apr 22 3:34am ET
Traded		Grinders2		Wed Jul 17 10:10am ET
	Cleveland Browns D/ST		2025 Draft, Rnd 2	
	Rnd 3, Pick 4			
	Rnd 5, Pick 12			
Traded		WebBull D250		Thu Jul 11 3:42pm ET
Hadda	Justin Herbert QB LAC		Rnd 3, Pick 4	



Traded	Brock Purdy QB SF Rnd 2, Pick 7	Joe's Cookin' CMC's	Joe Burrow QB CIN Rnd 7, Pick 5	Sat Jun 22 5:43pm ET
Traded	Rnd 7, Pick 12	Ghost	Justin Tucker K BAL	Wed May 8 10:31pm ET
Taskmaster				
Released	Jalin Hyatt	NYG WR	Owner	Sat Jul 27 8:34pm ET
Released	Brandin Cooks	DAL WR	Owner	Wed Jul 10 7:31pm ET
Released	Tyler Higbee	LAR TE	Owner	Wed Jul 10 7:31pm ET
Released	Cairo Santos	СНІ К	Owner	Wed Jul 10 7:31pm ET
Released	Houston Texans	HOU D/ST	Owner	Wed Jul 10 7:31pm ET
Released	Tyler Allgeier	ATL RB	Owner	Wed Jul 10 7:31pm ET
Released	Rashod Bateman	BAL WR	Owner	Wed Jul 10 7:31pm ET
Released	Joe Flacco	IND QB	Owner	Mon Jul 8 12:37pm ET
Released	Samaje Perine	DEN RB	Owner	Mon Jul 8 12:37pm ET
Traded		Grinders2		Sun Jul 21 7:54pm ET
	Dameon Pierce RB HOU		Courtland Sutton WR DEN	

WebBull D250

	Rnd 3, Pick 4		Justin Herbert QB LAC	
Traded		SuperbadassSweetDa	SuperbadassSweetDaddyJonezDyn	
	2025 Draft, Rnd 10		Rnd 10, Pick 2	
	2025 Draft, Rnd 9		Rnd 9, Pick 2	
Traded		Element		Wed Jul 24 12:05pm ET
Released	Jason Myers	SEA K	Owner	Wed Jul 3 4:28pm ET
Released	Jacksonville Jaguars	JAX D/ST	Owner	Wed Jul 3 4:28pm ET
Released	Rashaad Penny	CAR RB	Owner	Wed Jul 3 4:28pm ET
Released	Ronnie Rivers	LAR RB	Owner	Wed Jul 3 4:28pm ET
Released	Wan'Dale Robinson	NYG WR	Owner	Wed Jul 3 4:28pm ET
Released	Taysom Hill	NO TE	Owner	Wed Jul 3 4:28pm ET
Released	Gardner Minshew II	LV QB	Owner	Fri Jul 12 11:36am ET