Gridiron Heros

Week 1

Blue Bombers

Released	Dallas Cowboys	DAL D/ST	Owner	Mon Jun 17 2:36pm CT
Released	Tutu Atwell	LAR WR	Owner	Mon Jun 17 2:36pm CT
Released	DeVante Parker	PHI WR	Owner	Mon Jun 17 2:36pm CT
Released	Mike Gesicki	CIN TE	Owner	Mon Jun 17 2:36pm CT
Released	Dawson Knox	BUF TE	Owner	Mon Jun 17 2:36pm CT
Released	Younghoe Koo	ATL K	Owner	Mon Jun 17 2:36pm CT
Traded		Grinders3		Thu Jun 27 12:41pm CT
	Rnd 2. Pick 1		Rnd 1. Pick 6	

Rnd 3, Pick 1 Rnd 4, Pick 1

Element

Released	Michael Mayer	LV TE	Owner	Mon May 13 10:58am CT
Released	Jaleel McLaughlin	DEN RB	Owner	Mon May 13 10:58am CT
Released	Jalin Hyatt	NYG WR	Owner	Mon Mar 4 4:56pm CT
Released	Bryce Young	CAR QB	Owner	Mon Mar 4 7:23am CT
Released	Rashid Shaheed	NO WR	Owner	Mon Mar 4 7:23am CT
Traded		Joe's Cookin' CMC's		Wed May 15 7:46pm CT
	Rnd 5, Pick 2		Rnd 4, Pick 5	
	D 10 D: 10			

Rnd 6, Pick 2 Rnd 7, Pick 2 Rnd 8, Pick 2

Traded Ghost Sun Mar 3 7:14pm CT

Treylon Burks WR TEN Rnd 2, Pick 11
Jahan Dotson WR WAS

Ghost

Released	Jake Bobo	SEA WR	Owner	Tue Jun 11 6:34pm CT
Released	Josh Reynolds	DEN WR	Owner	Tue Jun 11 6:34pm CT
Traded		Joe's Cookin' CMC's		Thu May 9 10:47pm CT
	Baltimore Ravens D/ST		Rnd 6, Pick 5	
Traded		SuperbadassSweetDaddyJonez	:Dyn	Wed May 8 9:31pm CT
	Justin Tucker K BAL		Rnd 7, Pick 12	

Traded SPIDEEZ Sat Apr 20 7:03pm CT

Rnd 1, Pick 11 Terry McLaurin WR WAS
Rnd 4, Pick 4 Chase Brown RB CIN
Rnd 5, Pick 9

Traded Element Sun Mar 3 7:14pm CT

Rnd 2, Pick 11 Treylon Burks WR TEN
Jahan Dotson WR WAS

Grinders3

Released	Greg Dulcich	DEN TE	Owner	Sat Jun 29 2:56pm CT
Off I/R	Greg Dulcich	DEN TE	Owner	Mon Jun 24 12:04pm CT
Released	Elijah Dotson	LAC RB	Owner	Mon Jun 24 12:03pm CT



Gridiron Heros

www.rtsports.com 2024 Transactions Wed Jul 3 1:55am CT

Released	Darren Waller	NYG TE	Owner	Sun Jun 9 5:19pm CT
Released	Isaiah Spiller	LAC RB	Owner	Sun Jun 9 5:19pm CT
Released	Tyler Bass	BUF K	Owner	Sat Mar 16 8:18am CT
Released	Jake Browning	CIN QB	Owner	Sat Mar 16 8:18am CT
Released	Kenny Pickett	PHI QB	Owner	Sat Mar 16 8:18am CT
Traded		SPICY TACOS		Sat Jun 29 6:13pm CT
	Rnd 2, Pick 1		Marquise Brown WR KC	
Traded		Blue Bombers		Thu Jun 27 12:41pm CT
	Rnd 1, Pick 6		Rnd 2, Pick 1	
			Rnd 3, Pick 1	
			Rnd 4. Pick 1	

GWilson, London, DSmith

No transactions performed this week.

Joe's Cookin' CMC's

Released	Alec Pierce	IND WR	Owner	Sun Jun 16 5:15pm CT
Released	Alexander Mattison	LV RB	Owner	Sun Jun 16 5:15pm CT
Released	Jake Moody	SF K	Owner	Sun Mar 31 10:52am CT
Released	Cincinnati Bengals	CIN D/ST	Owner	Sun Mar 31 10:52am CT
Released	Desmond Ridder	ARI QB	Owner	Sun Mar 31 10:52am CT
Released	Noah Fant	SEA TE	Owner	Sun Mar 31 10:52am CT
Released	Blake Grupe	NO K	Owner	Sun Mar 31 10:52am CT
Traded		SuperbadassSweetDaddyJor	nezDyn	Sat Jun 22 4:43pm CT
	Joe Burrow QB CIN		Brock Purdy QB SF	
	Rnd 7, Pick 5		Rnd 2, Pick 7	
Traded		Element		Wed May 15 7:46pm CT
	Rnd 4, Pick 5		Rnd 5, Pick 2	
			Rnd 6, Pick 2	
			Rnd 7, Pick 2	
			Rnd 8, Pick 2	
Traded		Ghost		Thu May 9 10:47pm CT
	Rnd 6, Pick 5		Baltimore Ravens D/ST	

LLUA APWAOAOT 250_1 renewed

Released	Emari Demercado	ARI RB	Owner	Tue Jul 2 10:18am CT
Released	Kadarius Toney	KC WR	Owner	Thu May 2 2:13pm CT
Released	Jason Sanders	MIA K	Owner	Thu May 2 2:13pm CT
Released	Brandon Powell	MIN WR	Owner	Mon Mar 18 3:11pm CT
Released	Marcus Mariota	WAS QB	Owner	Mon Mar 18 3:11pm CT
Released	Jeff Wilson	MIA RB	Owner	Mon Mar 18 3:11pm CT
Released	Skyy Moore	KC WR	Owner	Mon Mar 18 3:11pm CT
Released	K.J. Osborn	NE WR	Owner	Mon Mar 18 3:11pm CT
Off I/R	Keaton Mitchell	BAL RB	Owner	Mon Mar 18 3:10pm CT
Off I/R	Kirk Cousins	ATL QB	Owner	Mon Mar 18 3:10pm CT

smoking on the hill

No transactions performed this week.

Gridiron Heros

SPICY TACOS

Traded	Grinders3	Sat Jun 29 6:13pm CT
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Marquise Brown WR KC Rnd 2, Pick 1

SPIDEEZ

Released	Israel Abanikanda	NYJ RB	Owner	Thu Jun 6 9:53pm CT
Released	Geno Smith	SEA QB	Owner	Sat Apr 20 7:21pm CT
Released	Cedric Tillman	CLE WR	Owner	Sat Apr 20 7:21pm CT
Released	Demario Douglas	NE WR	Owner	Sat Apr 20 7:21pm CT
Traded		Ghost		Sat Apr 20 7:03pm CT

Terry McLaurin WR WAS Rnd 1, Pick 11
Chase Brown RB CIN Rnd 4, Pick 4

Rnd 5, Pick 9

Superbadass Sweet Daddy Jonez Dyn

Released	AJ Dillon	GB RB	Owner	Mon Jun 17 6:04am CT
Released	Noah Brown	HOU WR	Owner	Mon Jun 17 6:04am CT
Released	Jordan Mason	SF RB	Owner	Thu May 16 1:19am CT
Released	Xavier Gipson	NYJ WR	Owner	Thu May 16 1:19am CT
Released	Jonathan Mingo	CAR WR	Owner	Thu May 16 1:19am CT
Released	Parker Washington	JAX WR	Owner	Thu May 16 1:19am CT
Released	Chigoziem Okonkwo	TEN TE	Owner	Thu May 16 1:19am CT
Released	Matt Gay	IND K	Owner	Thu May 16 1:19am CT
Off I/R	T.J. Hockenson	MIN TE	Owner	Mon Apr 22 2:34am CT
Off I/R	Justin Herbert	LAC QB	Owner	Mon Apr 22 2:34am CT
Traded		Joe's Cookin' CMC's		Sat Jun 22 4:43pm CT
	Brock Purdy QB SF		Joe Burrow QB CIN	
	Rnd 2, Pick 7		Rnd 7, Pick 5	
Traded		Ghost		Wed May 8 9:31pm CT
	Rnd 7, Pick 12		Justin Tucker K BAL	

Taskmaster

No transactions performed this week.