



Week 1

Blue Bombers

Released	Hendon Hooker	DET QB	Owner	Thu Jul 4 6:01am CT
Released	Dallas Cowboys	DAL D/ST	Owner	Mon Jun 17 2:36pm CT
Released	Tutu Atwell	LAR WR	Owner	Mon Jun 17 2:36pm CT
Released	DeVante Parker	PHI WR	Owner	Mon Jun 17 2:36pm CT
Released	Mike Gesicki	CIN TE	Owner	Mon Jun 17 2:36pm CT
Released	Dawson Knox	BUF TE	Owner	Mon Jun 17 2:36pm CT
Released	Younghoe Koo	ATL K	Owner	Mon Jun 17 2:36pm CT
Traded		Ghost		Wed Jul 3 11:01pm CT
	Rnd 9, Pick 1		Treyton Burks WR TEN	
Traded		Grinders2		Thu Jun 27 12:41pm CT
	Rnd 2, Pick 1		Rnd 1, Pick 6	
	Rnd 3, Pick 1			
	Rnd 4, Pick 1			

Element

Released	Michael Mayer	LV TE	Owner	Mon May 13 10:58am CT
Released	Jaleel McLaughlin	DEN RB	Owner	Mon May 13 10:58am CT
Released	Jalin Hyatt	NYG WR	Owner	Mon Mar 4 4:56pm CT
Released	Bryce Young	CAR QB	Owner	Mon Mar 4 7:23am CT
Released	Rashid Shaheed	NO WR	Owner	Mon Mar 4 7:23am CT
Traded		Joe's Cookin' CMC's		Wed May 15 7:46pm CT
	Rnd 5, Pick 2		Rnd 4, Pick 5	
	Rnd 6, Pick 2			
	Rnd 7, Pick 2			
	Rnd 8, Pick 2			
Traded		Ghost		Sun Mar 3 7:14pm CT
	Treyton Burks WR TEN		Rnd 2, Pick 11	
	Jahan Dotson WR WAS			

Ghost

Released	Khalil Herbert	CHI RB	Owner	Sat Jul 6 9:56am CT
Released	Darius Slayton	NYG WR	Owner	Sat Jul 6 9:56am CT
Released	Michael Thomas	NO WR	Owner	Sat Jul 6 9:56am CT
Released	Jake Bobo	SEA WR	Owner	Tue Jun 11 6:34pm CT
Released	Josh Reynolds	DEN WR	Owner	Tue Jun 11 6:34pm CT
Traded		Grinders2		Thu Jul 11 11:44am CT
	Rnd 6, Pick 11		Rnd 6, Pick 6	
	Rnd 7, Pick 11			
Traded		LLUA APWAOAOT 250_1 renewed		Mon Jul 8 9:48am CT
	Rnd 8, Pick 11		Rnd 7, Pick 10	
	Rnd 9, Pick 6			
Traded		Grinders2		Thu Jul 4 7:16pm CT
	Rondale Moore WR ATL		Rnd 10, Pick 6	
Traded		Blue Bombers		Wed Jul 3 11:01pm CT
	Treyton Burks WR TEN		Rnd 9, Pick 1	
Traded		Grinders2		Wed Jul 3 10:25am CT



	Rnd 9, Pick 11 Rnd 10, Pick 11		Rnd 9, Pick 6	
Traded	Baltimore Ravens D/ST	Joe's Cookin' CMC's	Rnd 6, Pick 5	Thu May 9 10:47pm CT
Traded	Justin Tucker K BAL	SuperbadassSweetDaddyJonezDyn	Rnd 7, Pick 12	Wed May 8 9:31pm CT
Traded	Rnd 1, Pick 11 Rnd 4, Pick 4	SPIDEEZ	Terry McLaurin WR WAS Chase Brown RB CIN Rnd 5, Pick 9	Sat Apr 20 7:03pm CT
Traded	Rnd 2, Pick 11	Element	Treyton Burks WR TEN Jahan Dotson WR WAS	Sun Mar 3 7:14pm CT

### Grinders2

Released	Hunter Henry	NE TE	Owner	Sat Jul 13 8:50am CT
Released	Zay Jones	ARI WR	Owner	Tue Jul 9 6:16pm CT
Released	Greg Dulcich	DEN TE	Owner	Sat Jun 29 2:56pm CT
Off I/R	Greg Dulcich	DEN TE	Owner	Mon Jun 24 12:04pm CT
Released	Elijah Dotson	LAC RB	Owner	Mon Jun 24 12:03pm CT
Released	Isaiah Spiller	LAC RB	Owner	Sun Jun 9 5:19pm CT
Released	Darren Waller	NYG TE	Owner	Sun Jun 9 5:19pm CT
Released	Kenny Pickett	PHI QB	Owner	Sat Mar 16 8:18am CT
Released	Jake Browning	CIN QB	Owner	Sat Mar 16 8:18am CT
Released	Tyler Bass	BUF K	Owner	Sat Mar 16 8:18am CT
Traded		Ghost		Thu Jul 11 11:44am CT
	Rnd 6, Pick 6		Rnd 6, Pick 11 Rnd 7, Pick 11	
Traded	Rnd 10, Pick 6	Ghost	Rondale Moore WR ATL	Thu Jul 4 7:16pm CT
Traded	Rnd 9, Pick 6	Ghost	Rnd 9, Pick 11 Rnd 10, Pick 11	Wed Jul 3 10:25am CT
Traded	Rnd 2, Pick 1	SPICY TACOS	Marquise Brown WR KC	Sat Jun 29 6:13pm CT
Traded	Rnd 1, Pick 6	Blue Bombers	Rnd 2, Pick 1 Rnd 3, Pick 1 Rnd 4, Pick 1	Thu Jun 27 12:41pm CT

### Joe's Cookin' CMC's

Released	Alec Pierce	IND WR	Owner	Sun Jun 16 5:15pm CT
Released	Alexander Mattison	LV RB	Owner	Sun Jun 16 5:15pm CT
Released	Jake Moody	SF K	Owner	Sun Mar 31 10:52am CT
Released	Cincinnati Bengals	CIN D/ST	Owner	Sun Mar 31 10:52am CT
Released	Desmond Ridder	ARI QB	Owner	Sun Mar 31 10:52am CT
Released	Noah Fant	SEA TE	Owner	Sun Mar 31 10:52am CT
Released	Blake Grupe	NO K	Owner	Sun Mar 31 10:52am CT
Traded		SuperbadassSweetDaddyJonezDyn		Sat Jun 22 4:43pm CT



	Joe Burrow QB CIN Rnd 7, Pick 5		Brock Purdy QB SF Rnd 2, Pick 7	
Traded		Element		Wed May 15 7:46pm CT
	Rnd 4, Pick 5		Rnd 5, Pick 2 Rnd 6, Pick 2 Rnd 7, Pick 2 Rnd 8, Pick 2	
Traded		Ghost		Thu May 9 10:47pm CT
	Rnd 6, Pick 5		Baltimore Ravens D/ST	

### LLUA APWAOAOT 250\_1 renewed

Released	Emari Demercado	ARI RB	Owner	Tue Jul 2 10:18am CT
Released	Kadarius Toney	KC WR	Owner	Thu May 2 2:13pm CT
Released	Jason Sanders	MIA K	Owner	Thu May 2 2:13pm CT
Released	Brandon Powell	MIN WR	Owner	Mon Mar 18 3:11pm CT
Released	Marcus Mariota	WAS QB	Owner	Mon Mar 18 3:11pm CT
Released	Jeff Wilson	MIA RB	Owner	Mon Mar 18 3:11pm CT
Released	Skyy Moore	KC WR	Owner	Mon Mar 18 3:11pm CT
Released	K.J. Osborn	NE WR	Owner	Mon Mar 18 3:11pm CT
Off I/R	Keaton Mitchell	BAL RB	Owner	Mon Mar 18 3:10pm CT
Off I/R	Kirk Cousins	ATL QB	Owner	Mon Mar 18 3:10pm CT
Traded		SPICY TACOS		Wed Jul 10 8:45am CT
	Rnd 8, Pick 11		Rnd 9, Pick 8 Rnd 10, Pick 8	
Traded		Ghost		Mon Jul 8 9:48am CT
	Rnd 7, Pick 10		Rnd 8, Pick 11 Rnd 9, Pick 6	

### Rivershark 34

Released	Justice Hill	BAL RB	Owner	Tue Jul 9 2:37pm CT
Released	Kareem Hunt	CLE RB	Owner	Tue Jul 9 2:37pm CT
Released	Odell Beckham Jr.	MIA WR	Owner	Tue Jul 9 2:37pm CT
Released	Kansas City Chiefs	KC D/ST	Owner	Tue Jul 9 2:37pm CT
Released	Noah Gray	KC TE	Owner	Tue Jul 9 2:37pm CT
Released	Logan Thomas	SF TE	Owner	Tue Jul 9 2:37pm CT
Released	Dustin Hopkins	CLE K	Owner	Tue Jul 9 2:37pm CT

### SPICY TACOS

Released	Demarcus Robinson	LAR WR	Owner	Wed Jul 10 4:05am CT
Released	Antonio Gibson	NE RB	Owner	Wed Jul 10 4:05am CT
Released	Daniel Jones	NYG QB	Owner	Wed Jul 10 4:05am CT
Traded		LLUA APWAOAOT 250_1 renewed		Wed Jul 10 8:45am CT
	Rnd 9, Pick 8 Rnd 10, Pick 8		Rnd 8, Pick 11	
Traded		Grinders2		Sat Jun 29 6:13pm CT
	Marquise Brown WR KC		Rnd 2, Pick 1	

### SPIDEEZ



Released	Elijah Moore	CLE WR	Owner	Wed Jul 3 12:04pm CT
Released	Israel Abanikanda	NYJ RB	Owner	Thu Jun 6 9:53pm CT
Released	Geno Smith	SEA QB	Owner	Sat Apr 20 7:21pm CT
Released	Cedric Tillman	CLE WR	Owner	Sat Apr 20 7:21pm CT
Released	Demario Douglas	NE WR	Owner	Sat Apr 20 7:21pm CT
Traded		Ghost		Sat Apr 20 7:03pm CT
	Terry McLaurin WR WAS		Rnd 1, Pick 11	
	Chase Brown RB CIN		Rnd 4, Pick 4	
	Rnd 5, Pick 9			

### SuperbadassSweetDaddyJonesDyn

Released	AJ Dillon	GB RB	Owner	Mon Jun 17 6:04am CT
Released	Noah Brown	HOU WR	Owner	Mon Jun 17 6:04am CT
Released	Jordan Mason	SF RB	Owner	Thu May 16 1:19am CT
Released	Xavier Gipson	NYJ WR	Owner	Thu May 16 1:19am CT
Released	Jonathan Mingo	CAR WR	Owner	Thu May 16 1:19am CT
Released	Parker Washington	JAX WR	Owner	Thu May 16 1:19am CT
Released	Chigoziem Okonkwo	TEN TE	Owner	Thu May 16 1:19am CT
Released	Matt Gay	IND K	Owner	Thu May 16 1:19am CT
Off I/R	T.J. Hockenson	MIN TE	Owner	Mon Apr 22 2:34am CT
Off I/R	Justin Herbert	LAC QB	Owner	Mon Apr 22 2:34am CT
Traded		WebBull D250		Thu Jul 11 2:42pm CT
	Justin Herbert QB LAC		Rnd 3, Pick 4	
Traded		Joe's Cookin' CMC's		Sat Jun 22 4:43pm CT
	Brock Purdy QB SF		Joe Burrow QB CIN	
	Rnd 2, Pick 7		Rnd 7, Pick 5	
Traded		Ghost		Wed May 8 9:31pm CT
	Rnd 7, Pick 12		Justin Tucker K BAL	

### Taskmaster

Released	Brandin Cooks	DAL WR	Owner	Wed Jul 10 6:31pm CT
Released	Tyler Higbee	LAR TE	Owner	Wed Jul 10 6:31pm CT
Released	Cairo Santos	CHI K	Owner	Wed Jul 10 6:31pm CT
Released	Houston Texans	HOU D/ST	Owner	Wed Jul 10 6:31pm CT
Released	Tyler Allgeier	ATL RB	Owner	Wed Jul 10 6:31pm CT
Released	Rashod Bateman	BAL WR	Owner	Wed Jul 10 6:31pm CT
Released	Joe Flacco	IND QB	Owner	Mon Jul 8 11:37am CT
Released	Samaje Perine	DEN RB	Owner	Mon Jul 8 11:37am CT

### WebBull D250

Released	Gardner Minshew II	LV QB	Owner	Fri Jul 12 10:36am CT
Released	Taysom Hill	NO TE	Owner	Wed Jul 3 3:28pm CT
Released	Wan'Dale Robinson	NYG WR	Owner	Wed Jul 3 3:28pm CT
Released	Ronnie Rivers	LAR RB	Owner	Wed Jul 3 3:28pm CT
Released	Rashaad Penny	CAR RB	Owner	Wed Jul 3 3:28pm CT
Released	Jacksonville Jaguars	JAX D/ST	Owner	Wed Jul 3 3:28pm CT
Released	Jason Myers	SEA K	Owner	Wed Jul 3 3:28pm CT
Traded		SuperbadassSweetDaddyJonesDyn		Thu Jul 11 2:42pm CT
	Rnd 3, Pick 4		Justin Herbert QB LAC	