



Week 1

*Squishing

Released	John Metchie III	HOU WR	Commissioner	Mon Jul 15 3:06pm CT
Released	Adam Thielen	CAR WR	Commissioner	Mon Jul 15 3:06pm CT
Released	Tyler Allgeier	ATL RB	Commissioner	Mon Jul 15 3:06pm CT
Released	Kareem Hunt	CLE RB	Commissioner	Mon Jul 15 3:06pm CT
Traded		Murray/Love		Wed Jul 10 3:10pm CT
	Javonte Williams RB DEN Rnd 2, Pick 10		Joe Mixon RB HOU	
Traded		What does anyone know?!		Tue Jul 9 5:49pm CT
	Jaleel McLaughlin RB DEN		Rnd 3, Pick 7	
Traded		8.1 Mr. Jones		Sun Apr 7 6:29am CT
	Rnd 1, Pick 7		Adam Thielen WR CAR	
	Rnd 2, Pick 7		Christian Watson WR GB	
	Rnd 8, Pick 7		Rashee Rice WR KC	
			Jaleel McLaughlin RB DEN	
			Rnd 2, Pick 10	
			Rnd 3, Pick 5	
			Rnd 4, Pick 1	
			Rnd 4, Pick 5	

8.1 Mr. Jones

Traded		Murray/Love		Mon May 27 6:34pm CT
	Rnd 1, Pick 5		Rnd 1, Pick 4	
	Rnd 2, Pick 7		Rnd 3, Pick 2	
Traded		*Squishing		Sun Apr 7 6:29am CT
	Adam Thielen WR CAR		Rnd 1, Pick 7	
	Christian Watson WR GB		Rnd 2, Pick 7	
	Rashee Rice WR KC		Rnd 8, Pick 7	
	Jaleel McLaughlin RB DEN			
	Rnd 2, Pick 10			
	Rnd 3, Pick 5			
	Rnd 4, Pick 1			
	Rnd 4, Pick 5			
Traded		Obi-Don Sonobi		Thu Mar 28 12:21am CT
	Jaylen Warren RB PIT		Tank Dell WR HOU	
	Tank Bigsby RB JAX		Rnd 4, Pick 1	
	Josh Downs WR IND		Released: Dontayvion Wicks WR GB	
	Demario Douglas WR NE			

BadMambaJambas1

Released	Brandon McManus	WAS K	Owner	Sat Jul 13 10:30am CT
Released	Baltimore Ravens	BAL D/ST	Owner	Sat Jul 13 10:30am CT
Released	Gardner Minshew II	LV QB	Owner	Sat Jul 13 10:30am CT
Released	Dalvin Cook	BAL RB	Owner	Sat Jul 13 10:30am CT
Released	Xavier Gipson	NYJ WR	Owner	Sat Jul 13 10:30am CT
Released	Gerald Everett	CHI TE	Owner	Sat Jul 13 10:30am CT
Released	Indianapolis Colts	IND D/ST	Owner	Sat Jul 13 10:30am CT
Traded		Murray/Love		Thu Apr 11 5:02pm CT



Rnd 3, Pick 10

Kirk Cousins QB ATL
Rnd 6, Pick 4

Brian Is Bad

Released	Jalin Hyatt	NYG WR	Owner	Wed Jul 3 11:09pm CT
Released	Taysom Hill	NO TE	Owner	Sat Apr 20 10:44pm CT
Released	Kadarius Toney	KC WR	Owner	Sat Mar 30 9:30am CT
Released	Damien Harris	BUF RB	Owner	Mon Mar 25 10:05pm CT
Traded		Obi-Don Sonobi		Mon Mar 25 6:49pm CT
	Jerome Ford RB CLE		Taysom Hill TE NO	
	Chase Brown RB CIN		Rnd 1, Pick 2	
	Quentin Johnston WR LAC		Rnd 2, Pick 2	
	Rnd 4, Pick 1		Released: Tutu Atwell WR LAR	
Traded		Murray/Love		Mon Mar 18 1:01pm CT
	Antonio Gibson RB NE		Rnd 4, Pick 1	
			Rnd 4, Pick 4	

FtW Cats 1

Released	Justin Tucker	BAL K	Owner	Wed Jul 3 10:32am CT
Released	Treylon Burks	TEN WR	Owner	Wed May 29 1:38pm CT
Released	Michael Mayer	LV TE	Owner	Wed May 29 1:38pm CT
Released	Isaiah Spiller	LAC RB	Owner	Sat May 4 9:11am CT
Released	Sky Moore	KC WR	Owner	Sat May 4 9:11am CT
Released	Andrei Iosivas	CIN WR	Owner	Fri Mar 29 8:26am CT
Traded		Sticky Fingers		Wed Jun 12 3:39pm CT
	Rnd 2, Pick 4		Travis Kelce TE KC	
Traded		Murray/Love		Thu Apr 11 12:47pm CT
	Jordan Love QB GB		Rnd 2, Pick 4	
	Rnd 3, Pick 12			
Traded		Murray/Love		Thu Apr 11 12:04pm CT
	Cole Kmet TE CHI		Rnd 3, Pick 4	

Lsu

Released	Jacksonville Jaguars	JAX D/ST	Owner	Fri Jul 12 6:50pm CT
Released	Darren Waller	NYG TE	Owner	Fri Jul 12 6:50pm CT
Released	Latavius Murray	BUF RB	Owner	Fri Jul 12 6:50pm CT
Released	Kenny Pickett	PHI QB	Owner	Fri Jul 12 6:50pm CT
Released	Miami Dolphins	MIA D/ST	Owner	Fri Jul 12 6:50pm CT
Released	Desmond Ridder	ARI QB	Owner	Fri Jul 12 6:50pm CT
Released	New Orleans Saints	NO D/ST	Owner	Fri Jul 12 6:50pm CT

Murray/Love

Released	Hunter Henry	NE TE	Owner	Wed Jul 10 11:34am CT
Released	Geno Smith	SEA QB	Owner	Wed Jul 10 11:34am CT
Released	Cleveland Browns	CLE D/ST	Owner	Wed Jul 10 8:57am CT
Released	Jake Moody	SF K	Owner	Wed Jul 10 8:57am CT
Released	Brevin Jordan	HOU TE	Owner	Wed Jul 10 8:57am CT
Released	Jonathan Mingo	CAR WR	Owner	Wed Jul 10 8:57am CT
Released	Chris Rodriguez Jr.	WAS RB	Owner	Wed Jul 10 8:57am CT



Mother of All Dyno Leagues

Released	Jamaal Williams	NO RB	Owner	Wed Jul 10 8:57am CT
Released	Zach Evans	LAR RB	Owner	Wed Jul 10 8:57am CT
Traded	Joe Mixon RB HOU	*Squishing	Javonte Williams RB DEN Rnd 2, Pick 10	Wed Jul 10 3:10pm CT
Traded	Rnd 3, Pick 12	What does anyone know?!	Khalil Herbert RB CHI	Tue Jul 9 5:54pm CT
Traded	Rnd 4, Pick 2	What does anyone know?!	Dameon Pierce RB HOU	Sun Jun 23 9:07am CT
Traded	Rnd 1, Pick 4 Rnd 3, Pick 2	8.1 Mr. Jones	Rnd 1, Pick 5 Rnd 2, Pick 7	Mon May 27 6:34pm CT
Traded	Kirk Cousins QB ATL Rnd 6, Pick 4	BadMambaJambas1	Rnd 3, Pick 10	Thu Apr 11 5:02pm CT
Traded	Rnd 2, Pick 4	FtW Cats 1	Jordan Love QB GB Rnd 3, Pick 12	Thu Apr 11 12:47pm CT
Traded	Rnd 3, Pick 4	FtW Cats 1	Cole Kmet TE CHI	Thu Apr 11 12:04pm CT
Traded	Chigoziem Okonkwo TE TEN Rashid Shaheed WR NO Marvin Mims WR DEN	Obi-Don Sonobi	Chris Rodriguez Jr. RB WAS Rnd 2, Pick 5	Wed Mar 20 8:12am CT
Traded	Rnd 4, Pick 1 Rnd 4, Pick 4	Brian Is Bad	Antonio Gibson RB NE	Mon Mar 18 1:01pm CT
Traded	Michael Wilson WR ARI	Obi-Don Sonobi	Rnd 3, Pick 2	Sat Mar 16 6:46am CT

Obi-Don Sonobi

Released	Tank Bigsby	JAX RB	Owner	Fri Jul 12 6:23pm CT
Released	Trey Palmer	TB WR	Owner	Fri Jul 12 6:23pm CT
Released	Marvin Mims	DEN WR	Owner	Fri Jul 12 6:23pm CT
Released	Wan'Dale Robinson	NYG WR	Owner	Fri Jul 12 6:23pm CT
Released	New York Jets	NYJ D/ST	Owner	Fri Jul 12 6:23pm CT
Released	Dustin Hopkins	CLE K	Owner	Thu May 9 8:47pm CT
Released	Emari Demercado	ARI RB	Owner	Thu May 9 8:47pm CT
Released	Jashaun Corbin	NYG RB	Owner	Thu May 9 8:47pm CT
Released	Dontayvion Wicks	GB WR	Owner	Thu Mar 28 12:21am CT
Released	Tutu Atwell	LAR WR	Owner	Mon Mar 25 6:49pm CT
Traded	Baker Mayfield QB TB Dameon Pierce RB HOU Tucker Kraft TE GB Rnd 3, Pick 7	What does anyone know?!	Will Levis QB TEN Released: Alec Pierce WR IND	Wed Jun 12 2:43pm CT
Traded	Rnd 4, Pick 1	8.1 Mr. Jones	Jaylen Warren RB PIT Tank Bigsby RB JAX	Thu Mar 28 12:21am CT



	Released: Dontayvion Wicks WR GB		Josh Downs WR IND Demario Douglas WR NE	
Traded		What does anyone know?!		Wed Mar 27 5:55am CT
	Tyler Lockett WR SEA Chris Godwin WR TB		Rnd 3, Pick 7	
Traded		Brian Is Bad		Mon Mar 25 6:49pm CT
	Taysom Hill TE NO Rnd 1, Pick 2 Rnd 2, Pick 2 Released: Tutu Atwell WR LAR		Jerome Ford RB CLE Chase Brown RB CIN Quentin Johnston WR LAC Rnd 4, Pick 1	
Traded		Murray/Love		Wed Mar 20 8:12am CT
	Chris Rodriguez Jr. RB WAS Rnd 2, Pick 5		Chigoziem Okonkwo TE TEN Rashid Shaheed WR NO Marvin Mims WR DEN	
Traded		Murray/Love		Sat Mar 16 6:46am CT
	Rnd 3, Pick 2		Michael Wilson WR ARI	

RB Emmitt Smith #22

Released	Ronnie Bell	SF WR	Owner	Sat Jul 6 10:02pm CT
Released	Jake Browning	CIN QB	Owner	Sat Jul 6 10:02pm CT
Released	Noah Brown	HOU WR	Owner	Fri Jul 5 9:50pm CT
Released	Joe Flacco	IND QB	Owner	Fri Jul 5 9:49pm CT
Released	Jelani Woods	IND TE	Owner	Fri Jul 5 9:44pm CT
Released	Tanner Hudson	CIN TE	Owner	Fri Jul 5 9:44pm CT
Released	Cairo Santos	CHI K	Owner	Thu Apr 4 6:35pm CT
Released	Las Vegas Raiders	LV D/ST	Owner	Thu Apr 4 6:35pm CT

Sticky Fingers

Released	Miles Sanders	CAR RB	Owner	Wed Jul 10 8:39am CT
Released	Cam Akers	HOU RB	Owner	Wed Jul 10 8:39am CT
Released	Pat Freiermuth	PIT TE	Owner	Wed Jul 10 8:39am CT
Released	Philadelphia Eagles	PHI D/ST	Owner	Wed Jul 10 8:39am CT
Traded		FtW Cats 1		Wed Jun 12 3:39pm CT
	Travis Kelce TE KC		Rnd 2, Pick 4	

What does anyone know?!

Released	Tucker Kraft	GB TE	Owner	Sat Jul 13 1:44pm CT
Released	Daniel Jones	NYG QB	Owner	Sat Jul 13 1:44pm CT
Released	Sam Howell	SEA QB	Owner	Sat Jul 13 1:44pm CT
Released	Israel Abanikanda	NYJ RB	Owner	Sat Jul 13 1:44pm CT
Released	Elijah Moore	CLE WR	Owner	Sat Jul 13 1:44pm CT
Released	Cedric Tillman	CLE WR	Owner	Sat Jul 13 1:44pm CT
Released	Parker Washington	JAX WR	Owner	Sat Jul 13 1:44pm CT
Released	Samaje Perine	DEN RB	Owner	Tue Jul 9 5:46am CT
Released	Michael Carter	ARI RB	Owner	Tue Jul 9 5:46am CT
Released	Alec Pierce	IND WR	Owner	Wed Jun 12 2:43pm CT
Traded		Murray/Love		Tue Jul 9 5:54pm CT
	Khalil Herbert RB CHI		Rnd 3, Pick 12	
Traded		*Squishing		Tue Jul 9 5:49pm CT



	Rnd 3, Pick 7		Jaleel McLaughlin RB DEN	
Traded		Murray/Love		Sun Jun 23 9:07am CT
	Dameon Pierce RB HOU		Rnd 4, Pick 2	
Traded		Obi-Don Sonobi		Wed Jun 12 2:43pm CT
	Will Levis QB TEN		Baker Mayfield QB TB	
	Released: Alec Pierce WR IND		Dameon Pierce RB HOU	
			Tucker Kraft TE GB	
			Rnd 3, Pick 7	
Traded		Obi-Don Sonobi		Wed Mar 27 5:55am CT
	Rnd 3, Pick 7		Tyler Lockett WR SEA	
			Chris Godwin WR TB	

Zeke

Released	Josh Palmer	LAC WR	Owner	Mon Jul 8 12:25pm CT
Released	Keaton Mitchell	BAL RB	Owner	Mon Jul 8 12:25pm CT
Released	Tyler Conklin	NYJ TE	Owner	Sat Jun 22 4:40pm CT
Released	Kenneth Gainwell	PHI RB	Owner	Sat Jun 22 4:40pm CT
Released	Michael Thomas	NO WR	Owner	Sat Jun 22 4:40pm CT
Released	Jerick McKinnon	KC RB	Owner	Sat Jun 22 4:40pm CT
Released	Brandon Aubrey	DAL K	Owner	Wed May 8 9:34pm CT
Released	Green Bay Packers	GB D/ST	Owner	Wed May 8 9:34pm CT
Off I/R	Michael Thomas	NO WR	Owner	Wed May 8 9:33pm CT
Off I/R	Keaton Mitchell	BAL RB	Owner	Wed May 8 9:33pm CT