



Week 1

Audi

Released	D'Onta Foreman	CLE RB	Owner	Mon Jul 8 8:44pm CT
Released	Sam Howell	SEA QB	Owner	Mon Jul 8 8:44pm CT
Released	Nick Folk	TEN K	Owner	Wed Jul 3 6:36pm CT
Released	Jamaal Williams	NO RB	Owner	Wed Jul 3 6:36pm CT
Released	Jake Bobo	SEA WR	Owner	Wed Jul 3 6:36pm CT
Released	Emari Demercado	ARI RB	Owner	Wed Jul 3 6:36pm CT
Released	Joe Flacco	IND QB	Owner	Wed Jul 3 6:36pm CT
Off I/R	Deshaun Watson	CLE QB	Owner	Wed Apr 24 7:05am CT
Off I/R	Christian Kirk	JAX WR	Owner	Wed Apr 24 7:05am CT
Traded		Zorch 3 250		Mon Jul 8 8:34pm CT
	Josh Palmer WR LAC		Rnd 4, Pick 1	
Traded		Hawk1		Sat Jul 6 11:11am CT
	Rnd 6, Pick 8		Josh Palmer WR LAC	
Traded		ShowmeyourTDees2		Sun Jun 23 10:56am CT
	Adam Thielen WR CAR		Rnd 4, Pick 3	
	Jonathan Mingo WR CAR			
Traded		Suncoast DYNO 12		Mon Jun 10 7:54pm CT
	Rnd 5, Pick 3		Rnd 6, Pick 8	
			Rnd 6, Pick 10	
			Rnd 7, Pick 5	
			Rnd 7, Pick 6	
Traded		Tiger Bait D250-1		Mon Jun 10 4:45pm CT
	Christian Kirk WR JAX		Davante Adams WR LV	
	Chigoziem Okonkwo TE TEN		Jared Goff QB DET	
	Devon Achane RB MIA		Josh Jacobs RB GB	
			Jake Ferguson TE DAL	
Traded		Half Baked		Thu May 30 12:13am CT
	Rnd 1, Pick 6		Rnd 1, Pick 10	
			Rnd 2, Pick 10	
Traded		Suncoast DYNO 12		Tue May 28 6:20am CT
	Rnd 7, Pick 6		Tank Bigsby RB JAX	

DynastyKC

Released	Matt Gay	IND K	Owner	Fri Jul 12 7:54am CT
Released	Joshua Dobbs	SF QB	Owner	Fri Jul 12 7:54am CT
Released	Baltimore Ravens	BAL D/ST	Owner	Fri Jul 12 7:54am CT
Released	Tyler Boyd	TEN WR	Owner	Fri Jul 12 7:54am CT
Released	Kenneth Gainwell	PHI RB	Owner	Fri Jul 12 7:54am CT
Released	Chase McLaughlin	TB K	Owner	Fri Apr 12 1:51pm CT
Traded		Suncoast DYNO 12		Fri Apr 12 1:49pm CT
	Rnd 9, Pick 9		Rnd 9, Pick 12	
			Rnd 10, Pick 8	

Half Baked

Released	Darren Waller	NYG TE	Owner	Wed Jul 3 8:38am CT
Released	Tucker Kraft	GB TE	Owner	Wed Jul 3 8:38am CT



Released	Demario Douglas	NE WR	Owner	Wed Jul 3 8:38am CT
Released	Chris Rodriguez Jr.	WAS RB	Owner	Wed Jul 3 8:38am CT
Released	Dalvin Cook	BAL RB	Owner	Wed Jul 3 8:38am CT
Released	Israel Abanikanda	NYJ RB	Owner	Wed Jul 3 8:38am CT
Released	Denver Broncos	DEN D/ST	Owner	Fri Apr 12 6:24pm CT
Traded		Suncoast DYNO 12		Tue Jun 18 7:51pm CT
	Rnd 4, Pick 10		Pat Freiermuth TE PIT	
Traded		Tiger Bait D250-1		Wed Jun 12 10:59am CT
	Justice Hill RB BAL		Rnd 5, Pick 1	
Traded		Suncoast DYNO 12		Mon Jun 10 12:58pm CT
	Rnd 6, Pick 10		Rnd 7, Pick 1	
			Rnd 7, Pick 10	
Traded		Audi		Thu May 30 12:13am CT
	Rnd 1, Pick 10		Rnd 1, Pick 6	
	Rnd 2, Pick 10			
Traded		Suncoast DYNO 12		Fri Apr 12 6:23pm CT
	Rnd 7, Pick 10		Luke Musgrave TE GB	

### Hawk1

Released	Cleveland Browns	CLE D/ST	Owner	Tue Jun 18 2:14pm CT
Traded		Zorch 3 250		Mon Jul 8 3:27am CT
	Rashod Bateman WR BAL		Rnd 6, Pick 4	
Traded		Audi		Sat Jul 6 11:11am CT
	Josh Palmer WR LAC		Rnd 6, Pick 8	
Traded		ShowmeyourTDees2		Sun Jun 23 11:39am CT
	Dallas Cowboys D/ST		Rnd 6, Pick 3	
Traded		Tiger Bait D250-1		Wed Jun 19 9:08pm CT
	Matthew Stafford QB LAR		Kyler Murray QB ARI	
	Jerry Jeudy WR CLE		DeVonta Smith WR PHI	
	Rnd 2, Pick 1			
	Rnd 3, Pick 7			
	Rnd 3, Pick 8			
Traded		Suncoast DYNO 12		Tue Jun 18 2:54pm CT
	Geno Smith QB SEA		Rnd 5, Pick 8	
Traded		Load Up The C'HIP!		Mon May 27 12:41am CT
	Rnd 1, Pick 12		Rnd 2, Pick 1	
	Rnd 5, Pick 12		Rnd 4, Pick 11	
	Rnd 8, Pick 12		Rnd 7, Pick 11	

### Load Up The C'HIP!

Released	Kansas City Chiefs	KC D/ST	Owner	Mon Jul 8 6:31am CT
Traded		Zorch 3 250		Mon Jul 8 6:29am CT
	Mike Evans WR TB		Kansas City Chiefs D/ST	
	Michael Pittman Jr. WR IND		Darnell Mooney WR ATL	
	Rnd 1, Pick 11		Elijah Moore WR CLE	
	Rnd 1, Pick 12		Wan'Dale Robinson WR NYG	
	Rnd 2, Pick 11		Rnd 1, Pick 1	
	Rnd 3, Pick 11			



Traded	Rachaad White RB TB George Pickens WR PIT	Panhandlin'	Rnd 1, Pick 2 Rnd 5, Pick 2	Mon Jul 8 6:10am CT
Traded	Rnd 2, Pick 1 Rnd 4, Pick 11 Rnd 7, Pick 11	Hawk1	Rnd 1, Pick 12 Rnd 5, Pick 12 Rnd 8, Pick 12	Mon May 27 12:41am CT
Traded	Evan Engram TE JAX Quentin Johnston WR LAC Rnd 2, Pick 4	Tiger Bait D250-1	Will Levis QB TEN Rnd 2, Pick 1	Sun May 26 4:42pm CT

### Panhandlin'

Released	Harrison Butker	KC K	Owner	Mon Jul 8 11:00am CT
Released	Jerick McKinnon	KC RB	Owner	Mon Jul 8 11:00am CT
Released	Donald Parham	LAC TE	Owner	Mon Jul 8 11:00am CT
Released	Calvin Austin III	PIT WR	Owner	Mon Jul 8 11:00am CT
Released	Kenny Pickett	PHI QB	Owner	Mon Jul 8 11:00am CT
Released	Jaleel McLaughlin	DEN RB	Owner	Mon Jul 8 11:00am CT
Released	Jalin Hyatt	NYG WR	Owner	Mon Jul 8 11:00am CT
Released	Keaton Mitchell	BAL RB	Owner	Mon Jul 8 11:00am CT
Traded	Rnd 1, Pick 2 Rnd 5, Pick 2	Load Up The C'HIP!	Rachaad White RB TB George Pickens WR PIT	Mon Jul 8 6:10am CT

### Prestige Worldwide

Released	Zay Jones	ARI WR	Owner	Sun Jul 14 1:08am CT
Released	Isaiah Likely	BAL TE	Owner	Sun Jul 14 1:08am CT
Released	Justin Tucker	BAL K	Owner	Sun Jul 14 1:08am CT
Released	Ezekiel Elliott	DAL RB	Owner	Sun Jul 14 1:08am CT
Released	Samaje Perine	DEN RB	Owner	Mon May 20 2:06am CT
Released	Odell Beckham Jr.	MIA WR	Owner	Mon May 20 2:06am CT

### Renewed Dark Brandon

Released	Khalil Herbert	CHI RB	Owner	Tue Jul 2 10:21am CT
Released	Michael Carter	ARI RB	Owner	Sun Mar 31 8:52pm CT
Released	Ronnie Rivers	LAR RB	Owner	Sun Mar 31 8:52pm CT
Released	Trey Palmer	TB WR	Owner	Sun Mar 31 8:52pm CT
Traded	Garrett Wilson WR NYJ	Zorch 3 250	Rhamondre Stevenson RB NE Rnd 1, Pick 3	Fri Jun 21 6:08am CT
Traded	Rnd 7, Pick 5	Suncoast DYNO 12	Rnd 7, Pick 8 Rnd 8, Pick 1	Mon Jun 10 2:02pm CT

### ShowmeyourTDees2

Released	Sky Moore	KC WR	Owner	Sun Jun 23 11:38am CT
Released	Jonathan Mingo	CAR WR	Owner	Sun Jun 23 11:38am CT
Released	Pierre Strong Jr.	CLE RB	Owner	Sun Jun 23 11:08am CT



Released	Pittsburgh Steelers	PIT D/ST	Owner	Sun Jun 23 11:03am CT
Released	Jason Myers	SEA K	Owner	Sun Jun 23 11:03am CT
Released	Greg Dulcich	DEN TE	Owner	Sun Jun 23 11:03am CT
Released	JuJu Smith-Schuster	NE WR	Owner	Sun Jun 23 11:03am CT
Released	Daniel Jones	NYG QB	Owner	Sun Jun 23 11:03am CT
Acquired	Anthony Richardson	IND QB	Commissioner	Mon Mar 11 8:20am CT
Released	Anthony Richardson	IND QB	Owner	Thu Mar 7 5:15pm CT
Released	Justyn Ross	KC WR	Owner	Thu Mar 7 5:14pm CT
Released	Mac Jones	JAX QB	Owner	Thu Mar 7 5:13pm CT
Traded		Tiger Bait D250-1		Sat Jul 20 11:30am CT
	Rnd 1, Pick 4		Devon Achane RB MIA	
Traded		Hawk1		Sun Jun 23 11:39am CT
	Rnd 6, Pick 3		Dallas Cowboys D/ST	
Traded		Audi		Sun Jun 23 10:56am CT
	Rnd 4, Pick 3		Adam Thielen WR CAR Jonathan Mingo WR CAR	
Traded		Zorch 3 250		Sat Jun 15 2:06am CT
	Rnd 1, Pick 3		Rnd 1, Pick 4 Rnd 2, Pick 7	

### Suncoast DYNO 12

Released	Kendrick Bourne	NE WR	Owner	Thu May 9 6:16pm CT
Released	Hendon Hooker	DET QB	Owner	Wed Apr 24 5:52pm CT
Released	Los Angeles Chargers	LAC D/ST	Owner	Mon Apr 8 8:58pm CT
Released	Buffalo Bills	BUF D/ST	Owner	Mon Apr 8 8:58pm CT
Released	Brandon McManus	WAS K	Owner	Mon Apr 8 8:58pm CT
Traded		Tiger Bait D250-1		Sat Jul 20 3:31pm CT
	Roschon Johnson RB CHI Rnd 4, Pick 10		David Njoku TE CLE	
Traded		Tiger Bait D250-1		Sat Jul 20 11:24am CT
	Rnd 1, Pick 8		Rnd 2, Pick 1 Rnd 2, Pick 12	
Traded		Zorch 3 250		Tue Jun 18 8:12pm CT
	Rnd 4, Pick 8 Rnd 5, Pick 3		Rnd 4, Pick 4	
Traded		Half Baked		Tue Jun 18 7:51pm CT
	Pat Freiermuth TE PIT		Rnd 4, Pick 10	
Traded		Hawk1		Tue Jun 18 2:54pm CT
	Rnd 5, Pick 8		Geno Smith QB SEA	
Traded		Audi		Mon Jun 10 7:54pm CT
	Rnd 6, Pick 8 Rnd 6, Pick 10 Rnd 7, Pick 5 Rnd 7, Pick 6		Rnd 5, Pick 3	
Traded		Renewed Dark Brandon		Mon Jun 10 2:02pm CT
	Rnd 7, Pick 8 Rnd 8, Pick 1		Rnd 7, Pick 5	
Traded		Half Baked		Mon Jun 10 12:58pm CT
	Rnd 7, Pick 1		Rnd 6, Pick 10	



	Rnd 7, Pick 10			
Traded	Tank Bigsby RB JAX	Audi	Rnd 7, Pick 6	Tue May 28 6:20am CT
Traded	Rnd 8, Pick 8 Rnd 9, Pick 8 Rnd 9, Pick 9	Tiger Bait D250-1	Rnd 8, Pick 1	Mon May 27 12:27am CT
Traded	Cedric Tillman WR CLE	Tiger Bait D250-1	Rnd 7, Pick 1	Mon May 27 12:26am CT
Traded	Luke Musgrave TE GB	Half Baked	Rnd 7, Pick 10	Fri Apr 12 6:23pm CT
Traded	Rnd 9, Pick 12 Rnd 10, Pick 8	DynastyKC	Rnd 9, Pick 9	Fri Apr 12 1:49pm CT

### Tiger Bait D250-1

Released	John Metchie III	HOU WR	Owner	Fri Jun 28 8:18am CT
Released	Kareem Hunt	CLE RB	Owner	Wed Jun 26 4:43pm CT
Released	Dustin Hopkins	CLE K	Owner	Wed Jun 26 4:43pm CT
Released	Cincinnati Bengals	CIN D/ST	Owner	Wed Jun 26 4:43pm CT
Released	Chigoziem Okonkwo	TEN TE	Owner	Wed Jun 26 4:43pm CT
Released	Cedric Tillman	CLE WR	Owner	Thu Jun 20 6:54am CT
Released	Noah Brown	HOU WR	Owner	Wed Jun 19 12:36pm CT
Released	Minnesota Vikings	MIN D/ST	Owner	Wed Jun 19 11:03am CT
Released	Taylor Heinicke	ATL QB	Owner	Sun May 26 5:58pm CT
Traded	David Njoku TE CLE	Suncoast DYNO 12	Roschon Johnson RB CHI Rnd 4, Pick 10	Sat Jul 20 3:31pm CT
Traded	Devon Achane RB MIA	ShowmeyourTDees2	Rnd 1, Pick 4	Sat Jul 20 11:30am CT
Traded	Rnd 2, Pick 1 Rnd 2, Pick 12	Suncoast DYNO 12	Rnd 1, Pick 8	Sat Jul 20 11:24am CT
Traded	Evan Engram TE JAX Rnd 4, Pick 1	Zorch 3 250	David Njoku TE CLE Rnd 2, Pick 12	Wed Jun 19 10:53pm CT
Traded	Kyler Murray QB ARI DeVonta Smith WR PHI	Hawk1	Matthew Stafford QB LAR Jerry Jeudy WR CLE Rnd 2, Pick 1 Rnd 3, Pick 7 Rnd 3, Pick 8	Wed Jun 19 9:08pm CT
Traded	Christian Kirk WR JAX Rnd 2, Pick 12	Zorch 3 250	Gabriel Davis WR JAX Rnd 2, Pick 4	Sun Jun 16 11:25am CT
Traded	Rnd 1, Pick 1 Rnd 2, Pick 4	Zorch 3 250	Puka Nacua WR LAR Rnd 2, Pick 12	Fri Jun 14 4:59pm CT



Traded	Rnd 5, Pick 1	Half Baked	Justice Hill RB BAL	Wed Jun 12 10:59am CT
Traded	Davante Adams WR LV Jared Goff QB DET Josh Jacobs RB GB Jake Ferguson TE DAL	Audi	Christian Kirk WR JAX Chigoziem Okonkwo TE TEN Devon Achane RB MIA	Mon Jun 10 4:45pm CT
Traded	Rnd 8, Pick 1	Suncoast DYNO 12	Rnd 8, Pick 8 Rnd 9, Pick 8 Rnd 9, Pick 9	Mon May 27 12:27am CT
Traded	Rnd 7, Pick 1	Suncoast DYNO 12	Cedric Tillman WR CLE	Mon May 27 12:26am CT
Traded	Will Levis QB TEN Rnd 2, Pick 1	Load Up The C'HIP!	Evan Engram TE JAX Quentin Johnston WR LAC Rnd 2, Pick 4	Sun May 26 4:42pm CT

### Zorch 3 250

Released	Graham Gano	NYG K	Owner	Fri Jun 14 4:02pm CT
Released	Michael Thomas	NO WR	Owner	Fri Jun 14 4:02pm CT
Released	Boston Scott	LAR RB	Owner	Fri Jun 14 4:02pm CT
Released	Russell Wilson	PIT QB	Owner	Fri Jun 14 4:02pm CT
Released	Treyton Burks	TEN WR	Owner	Fri Jun 14 4:02pm CT
Traded	Rnd 4, Pick 1	Audi	Josh Palmer WR LAC	Mon Jul 8 8:34pm CT
Traded	Kansas City Chiefs D/ST Darnell Mooney WR ATL Elijah Moore WR CLE Wan'Dale Robinson WR NYG Rnd 1, Pick 1	Load Up The C'HIP!	Mike Evans WR TB Michael Pittman Jr. WR IND Rnd 1, Pick 11 Rnd 1, Pick 12 Rnd 2, Pick 11 Rnd 3, Pick 11	Mon Jul 8 6:29am CT
Traded	Rnd 6, Pick 4	Hawk1	Rashod Bateman WR BAL	Mon Jul 8 3:27am CT
Traded	Rhamondre Stevenson RB NE Rnd 1, Pick 3	Renewed Dark Brandon	Garrett Wilson WR NYJ	Fri Jun 21 6:08am CT
Traded	David Njoku TE CLE Rnd 2, Pick 12	Tiger Bait D250-1	Evan Engram TE JAX Rnd 4, Pick 1	Wed Jun 19 10:53pm CT
Traded	Rnd 4, Pick 4	Suncoast DYNO 12	Rnd 4, Pick 8 Rnd 5, Pick 3	Tue Jun 18 8:12pm CT
Traded	Gabriel Davis WR JAX Rnd 2, Pick 4	Tiger Bait D250-1	Christian Kirk WR JAX Rnd 2, Pick 12	Sun Jun 16 11:25am CT
Traded	Rnd 1, Pick 4	ShowmeyourTDees2	Rnd 1, Pick 3	Sat Jun 15 2:06am CT



# Full Frontal Fantasy

Rnd 2, Pick 7

Traded

Tiger Bait D250-1

Fri Jun 14 4:59pm CT

Puka Nacua WR LAR

Rnd 1, Pick 1

Rnd 2, Pick 12

Rnd 2, Pick 4