



Week 1

Ballbusters 49

Traded		Wisconsin		Sun Jul 7 9:45am CT
	Rnd 6, Pick 9		Dontayvion Wicks WR GB Rnd 8, Pick 7	
Traded		Here We Go Again		Tue Jul 2 10:12am CT
	David Njoku TE CLE		Rnd 5, Pick 9	
Traded		Here We Go Again		Tue Jul 2 10:00am CT
	Rnd 5, Pick 9		David Njoku TE CLE	
Traded		Zorch f		Fri May 3 11:01am CT
	Mark Andrews TE BAL Rnd 1, Pick 9		Rnd 1, Pick 4	
Traded		Here We Go Again		Sat Apr 27 7:50am CT
	Rnd 8, Pick 9		Rnd 9, Pick 10 Rnd 10, Pick 7 Rnd 10, Pick 10	
Traded		Wisconsin		Mon Mar 18 2:17pm CT
	Jalen Hurts QB PHI DeVonta Smith WR PHI Rnd 2, Pick 4 Rnd 4, Pick 9		Justin Herbert QB LAC Garrett Wilson WR NYJ	

Big

Released	Curtis Samuel	BUF WR	Owner	Fri Jul 5 8:12am CT
Released	Robert Woods	HOU WR	Owner	Sat Apr 27 12:28am CT
Released	Jalin Hyatt	NYG WR	Owner	Sat Apr 27 12:28am CT
Released	Royce Freeman	DAL RB	Owner	Sat Apr 27 12:28am CT
Released	Zay Jones	ARI WR	Owner	Sat Apr 27 12:28am CT
Traded		Sauce Island		Sat Apr 27 7:25am CT
	Tyler Lockett WR SEA Josh Allen QB BUF Rnd 5, Pick 12		Stefon Diggs WR HOU	

Here We Go Again

Released	Israel Abanikanda	NYJ RB	Owner	Tue Jul 9 9:45am CT
Released	Sean Tucker	TB RB	Owner	Tue Jul 9 9:45am CT
Released	Kadarius Toney	KC WR	Owner	Tue Jul 9 9:45am CT
Off I/R	Deshaun Watson	CLE QB	Owner	Fri Apr 19 4:04pm CT
Released	Isaiah Spiller	LAC RB	Owner	Thu Apr 18 11:47am CT
Traded		The Fishunks		Sun Jul 21 11:51am CT
	Rnd 1, Pick 11		Rnd 2, Pick 2 2025 Draft, Rnd 2	
Traded		Let's Get Dangerous		Tue Jul 9 11:12am CT
	Dallas Cowboys D/ST		Rnd 8, Pick 8	
Traded		Ballbusters 49		Tue Jul 2 10:12am CT
	Rnd 5, Pick 9		David Njoku TE CLE	



# Build Your Dynasty

Traded	David Njoku TE CLE	Ballbusters 49	Rnd 5, Pick 9	Tue Jul 2 10:00am CT
Traded	Amari Cooper WR CLE	Sauce Island	Rnd 1, Pick 11 Released: Jason Sanders K MIA	Tue May 14 1:53pm CT
Traded	Derrick Henry RB BAL Kyler Murray QB ARI Rnd 4, Pick 7 Rnd 5, Pick 10	Sauce Island	Josh Allen QB BUF	Tue Apr 30 6:32pm CT
Traded	Rnd 9, Pick 10 Rnd 10, Pick 7 Rnd 10, Pick 10	Ballbusters 49	Rnd 8, Pick 9	Sat Apr 27 7:50am CT
Traded	Anthony Richardson QB IND Rnd 1, Pick 10	LLUA APWAOAOT S	Rnd 1, Pick 6	Fri Apr 19 4:00pm CT
Traded	Aaron Rodgers QB NYJ	Sauce Island	Rnd 7, Pick 11	Fri Apr 19 12:32pm CT
Traded	Rnd 3, Pick 10	Wisconsin	Josh Downs WR IND Rnd 7, Pick 7 Rnd 9, Pick 7 Rnd 10, Pick 7	Tue Apr 9 3:18pm CT

## Let's Get Dangerous

Released	Eric Gray	NYG RB	Owner	Tue Jul 30 11:50am CT
Released	A.T. Perry	NO WR	Owner	Tue Jul 30 11:50am CT
Released	Jauan Jennings	SF WR	Owner	Tue Jul 30 11:50am CT
Released	Elijah Mitchell	SF RB	Owner	Tue Jul 9 11:15am CT
Released	Skyy Moore	KC WR	Owner	Tue Jul 2 11:22am CT
Released	Cameron Dicker	LAC K	Owner	Mon Mar 11 1:54pm CT
Released	Jerick McKinnon	KC RB	Owner	Mon Mar 11 1:54pm CT
Released	Kareem Hunt	CLE RB	Owner	Mon Mar 11 1:54pm CT
Released	Sam Howell	SEA QB	Owner	Mon Mar 11 1:54pm CT
Off I/R	Mike Williams	NYJ WR	Owner	Mon Mar 11 1:53pm CT
Off I/R	J.K. Dobbins	LAC RB	Owner	Mon Mar 11 1:53pm CT
Released	Los Angeles Rams	LAR D/ST	Owner	Mon Mar 11 1:53pm CT
Released	Indianapolis Colts	IND D/ST	Owner	Mon Mar 11 1:53pm CT
Released	Josh Reynolds	DEN WR	Owner	Mon Mar 11 1:53pm CT
Traded	Mike Williams WR NYJ Courtland Sutton WR DEN Gus Edwards RB LAC J.K. Dobbins RB LAC Rnd 2, Pick 8 Rnd 3, Pick 9	Sauce Island	Adam Thielen WR CAR Amari Cooper WR CLE Tyler Lockett WR SEA David Montgomery RB DET Rnd 5, Pick 11	Thu Jul 11 2:07pm CT
Traded	Rnd 8, Pick 8	Here We Go Again	Dallas Cowboys D/ST	Tue Jul 9 11:12am CT



### LLUA APWAOAOT S

Released	Logan Thomas	SF TE	Owner	Wed Jul 10 8:36am CT
Released	Wan'Dale Robinson	NYG WR	Owner	Wed Jul 10 8:36am CT
Released	Treyton Burks	TEN WR	Owner	Wed Jul 10 8:36am CT
Released	Kenneth Gainwell	PHI RB	Owner	Wed Jul 10 8:36am CT
Released	Emari Demercado	ARI RB	Owner	Wed Jul 10 8:36am CT
Released	Derek Carr	NO QB	Owner	Wed Jul 10 8:36am CT
Released	Khalil Shakir	BUF WR	Owner	Wed Jul 10 8:36am CT
Released	Philadelphia Eagles	PHI D/ST	Owner	Wed Jul 10 8:36am CT
Released	Atlanta Falcons	ATL D/ST	Owner	Wed Jul 10 8:36am CT
Traded		Here We Go Again		Fri Apr 19 4:00pm CT
	Rnd 1, Pick 6		Anthony Richardson QB IND	
			Rnd 1, Pick 10	

### Num Num Time

On I/R	Juwan Johnson	NO TE	Owner	Thu Aug 1 6:36pm CT
Released	Tyler Boyd	TEN WR	Owner	Sat Jul 6 7:44am CT
Released	Cedric Tillman	CLE WR	Owner	Wed Jun 5 10:24pm CT
Released	Rondale Moore	ATL WR	Owner	Thu May 30 6:23pm CT
Released	D'Onta Foreman	CLE RB	Owner	Sun May 12 9:36am CT
Released	Jeff Wilson	MIA RB	Owner	Tue May 7 7:26pm CT
Released	Tyler Higbee	LAR TE	Owner	Sat Mar 30 9:40am CT

### Sauce Island

Released	Aaron Rodgers	NYJ QB	Owner	Thu Jul 11 8:20am CT
Released	Chris Rodriguez Jr.	WAS RB	Owner	Tue May 28 1:20pm CT
Released	Noah Brown	HOU WR	Owner	Tue May 28 1:20pm CT
Released	Hunter Henry	NE TE	Owner	Tue May 28 1:20pm CT
Released	D.J. Chark	LAC WR	Owner	Tue May 28 1:20pm CT
Released	Baker Mayfield	TB QB	Owner	Tue May 28 1:20pm CT
Released	Justice Hill	BAL RB	Owner	Tue May 28 1:20pm CT
Released	Demarcus Robinson	LAR WR	Owner	Tue May 28 1:20pm CT
Released	Pittsburgh Steelers	PIT D/ST	Owner	Tue May 28 1:20pm CT
Released	Michael Gallup	LV WR	Owner	Tue May 28 1:20pm CT
Released	Jason Sanders	MIA K	Owner	Tue May 14 1:53pm CT
Released	Joshua Kelley	LAC RB	Owner	Mon May 13 8:44am CT
Released	Matt Breida	NYG RB	Owner	Mon May 13 8:44am CT
Released	Dalvin Cook	BAL RB	Owner	Mon May 13 8:44am CT
Released	John Metchie III	HOU WR	Owner	Fri May 3 10:16am CT
Traded		Wisconsin		Tue Jul 23 6:33pm CT
	2025 Draft, Rnd 6		Rnd 6, Pick 9	
Traded		Let's Get Dangerous		Thu Jul 11 2:07pm CT
	Adam Thielen WR CAR		Mike Williams WR NYJ	
	Amari Cooper WR CLE		Courtland Sutton WR DEN	
	Tyler Lockett WR SEA		Gus Edwards RB LAC	
	David Montgomery RB DET		J.K. Dobbins RB LAC	
	Rnd 5, Pick 11		Rnd 2, Pick 8	
			Rnd 3, Pick 9	
Traded		Wisconsin		Tue May 14 2:02pm CT
	Jared Goff QB DET		Brian Robinson Jr. RB WAS	
Traded		Here We Go Again		Tue May 14 1:53pm CT



# Build Your Dynasty

	Rnd 1, Pick 11 Released: Jason Sanders K MIA		Amari Cooper WR CLE	
Traded		Screwed Up Click		Mon May 13 8:44am CT
	Rnd 6, Pick 5 Released: Dalvin Cook RB BAL Released: Matt Breida RB NYG Released: Joshua Kelley RB LAC		Noah Brown WR HOU Jonathan Mingo WR CAR Brandon Aubrey K DAL Rnd 8, Pick 5	
Traded		Screwed Up Click		Fri May 3 10:16am CT
	Rnd 1, Pick 7 Rnd 4, Pick 7 Released: John Metchie III WR HOU		Davante Adams WR LV Rnd 6, Pick 5 Rnd 7, Pick 5	
Traded		Screwed Up Click		Fri May 3 7:53am CT
	Rnd 5, Pick 12		Chris Rodriguez Jr. RB WAS Rnd 9, Pick 5	
Traded		Here We Go Again		Tue Apr 30 6:32pm CT
	Josh Allen QB BUF		Derrick Henry RB BAL Kyler Murray QB ARI Rnd 4, Pick 7 Rnd 5, Pick 10	
Traded		Big		Sat Apr 27 7:25am CT
	Stefon Diggs WR HOU		Tyler Lockett WR SEA Josh Allen QB BUF Rnd 5, Pick 12	
Traded		Wisconsin		Fri Apr 26 5:01pm CT
	Tyreek Hill WR MIA		Stefon Diggs WR HOU Rnd 1, Pick 7	
Traded		Here We Go Again		Fri Apr 19 12:32pm CT
	Rnd 7, Pick 11		Aaron Rodgers QB NYJ	

## Screwed Up Click

Released	Geno Smith	SEA QB	Owner	Wed Jul 24 5:49pm CT
Traded		Sauce Island		Mon May 13 8:44am CT
	Noah Brown WR HOU Jonathan Mingo WR CAR Brandon Aubrey K DAL Rnd 8, Pick 5		Rnd 6, Pick 5 Released: Dalvin Cook RB BAL Released: Matt Breida RB NYG Released: Joshua Kelley RB LAC	
Traded		Zorch f		Fri May 3 10:45am CT
	Khalil Herbert RB CHI		Rnd 3, Pick 11	
Traded		Sauce Island		Fri May 3 10:16am CT
	Davante Adams WR LV Rnd 6, Pick 5 Rnd 7, Pick 5		Rnd 1, Pick 7 Rnd 4, Pick 7 Released: John Metchie III WR HOU	
Traded		Sauce Island		Fri May 3 7:53am CT
	Chris Rodriguez Jr. RB WAS Rnd 9, Pick 5		Rnd 5, Pick 12	

## The 21st Dynasty



Released	Greg Dulcich	DEN TE	Owner	Sat Jul 13 10:02am CT
Released	Cam Akers	HOU RB	Owner	Sat Jul 13 10:01am CT
Released	Michael Carter	ARI RB	Owner	Sat Jul 13 10:01am CT
Released	Samaje Perine	DEN RB	Owner	Sat Jul 13 10:01am CT
Released	Juwan Johnson	NO TE	Owner	Sat Jul 13 10:01am CT
Released	Elijah Moore	CLE WR	Owner	Sat Jul 13 10:01am CT
Released	Odell Beckham Jr.	MIA WR	Owner	Sat Jul 13 10:01am CT
Released	Tucker Kraft	GB TE	Owner	Fri May 31 7:34am CT

### The Fishunks

Released	Dalvin Cook	BAL RB	Owner	Sun Jul 28 9:49am CT
Released	New Orleans Saints	NO D/ST	Owner	Sun Jul 28 9:49am CT
Traded		Here We Go Again		Sun Jul 21 11:51am CT
	Rnd 2, Pick 2		Rnd 1, Pick 11	
	2025 Draft, Rnd 2			
Traded		Wisconsin		Wed Jul 10 12:49pm CT
	Rnd 7, Pick 2		Baltimore Ravens D/ST	
Traded		Zorch f		Sun Jun 9 5:49pm CT
	Cooper Kupp WR LAR		Rnd 1, Pick 9	
	Rnd 3, Pick 2			

### Wisconsin

Released	D'Onta Foreman	CLE RB	Owner	Thu Aug 1 9:07pm CT
Released	Jake Browning	CIN QB	Owner	Wed Jul 10 12:27pm CT
Released	Joe Flacco	IND QB	Owner	Wed Jul 10 12:27pm CT
Released	Anders Carlson	GB K	Owner	Tue Jul 9 12:04pm CT
Released	Trey Palmer	TB WR	Owner	Tue Jul 9 11:41am CT
Released	Denver Broncos	DEN D/ST	Owner	Sun Mar 24 9:17pm CT
Traded		Sauce Island		Tue Jul 23 6:33pm CT
	Rnd 6, Pick 9		2025 Draft, Rnd 6	
Traded		The Fishunks		Wed Jul 10 12:49pm CT
	Baltimore Ravens D/ST		Rnd 7, Pick 2	
Traded		Ballbusters 49		Sun Jul 7 9:45am CT
	Dontayvion Wicks WR GB		Rnd 6, Pick 9	
	Rnd 8, Pick 7			
Traded		Sauce Island		Tue May 14 2:02pm CT
	Brian Robinson Jr. RB WAS		Jared Goff QB DET	
Traded		Sauce Island		Fri Apr 26 5:01pm CT
	Stefon Diggs WR HOU		Tyreek Hill WR MIA	
	Rnd 1, Pick 7			
Traded		Here We Go Again		Tue Apr 9 3:18pm CT
	Josh Downs WR IND		Rnd 3, Pick 10	
	Rnd 7, Pick 7			
	Rnd 9, Pick 7			
	Rnd 10, Pick 7			
Traded		Ballbusters 49		Mon Mar 18 2:17pm CT
	Justin Herbert QB LAC		Jalen Hurts QB PHI	
	Garrett Wilson WR NYJ		DeVonta Smith WR PHI	
			Rnd 2, Pick 4	



Rnd 4, Pick 9

## Zorch f

Released	Darnell Mooney	ATL WR	Owner	Thu Jul 11 4:27am CT
Released	Khalil Herbert	CHI RB	Owner	Sun Jun 9 5:51pm CT
Released	Cade Otton	TB TE	Owner	Sun Jun 9 5:50pm CT
Released	Darren Waller	NYG TE	Owner	Sun Jun 9 5:50pm CT
Released	Alexander Mattison	LV RB	Owner	Wed May 1 6:31pm CT
Released	Dameon Pierce	HOU RB	Owner	Wed May 1 6:31pm CT
Released	Jacksonville Jaguars	JAX D/ST	Owner	Wed May 1 6:31pm CT
Released	Nick Folk	TEN K	Owner	Wed May 1 6:31pm CT
Released	Greg Joseph	GB K	Owner	Wed May 1 6:31pm CT
Traded		The Fishunks		Sun Jun 9 5:49pm CT
	Rnd 1, Pick 9		Cooper Kupp WR LAR Rnd 3, Pick 2	
Traded		Ballbusters 49		Fri May 3 11:01am CT
	Rnd 1, Pick 4		Mark Andrews TE BAL Rnd 1, Pick 9	
Traded		Screwed Up Click		Fri May 3 10:45am CT
	Rnd 3, Pick 11		Khalil Herbert RB CHI	