

Week 1

*Los Angeles Rams 1 2025 \$350

On I/R	Odell Beckham Jr.	MIA WR	Owner	Wed Jul 24 7:35am CT
On I/R	Juwan Johnson	NO TE	Owner	Wed Jul 24 7:35am CT
Released	Zach Ertz	WAS TE	Owner	Sun May 12 8:36pm CT
Released	Emari Demercado	ARI RB	Owner	Sat May 11 4:27pm CT
Released	Ronnie Rivers	LAR RB	Owner	Sun Mar 24 4:48pm CT
Off I/R	Nick Chubb	CLE RB	Owner	Sun Mar 24 4:48pm CT
Released	Matt Breida	SF RB	Owner	Sat Mar 16 9:15pm CT
Traded		FAKE NEWS(2)		Mon Jun 3 11:00pm CT
	Rnd 5, Pick 8		Rnd 6, Pick 11	
			Rnd 7, Pick 11	
			Rnd 8, Pick 11	
			Rnd 9, Pick 11	
-				
Traded		Regulators		Sun Apr 28 5:42pm CT
	Wan'Dale Robinson WR NYC	5	Marquise Brown WR KC	
	Rnd 4, Pick 8		Rnd 6, Pick 9	
	Rnd 4, Pick 11		Rnd 7, Pick 9	
	2025 Draft, Rnd 2		Rnd 8, Pick 9	
			Rnd 9, Pick 9	
Traded		FAKE NEWS(2)		Sun Mar 24 4:54pm CT
	Rnd 1, Pick 8		Justin Fields QB PIT	
			Rnd 4, Pick 11	
4 -				
1Tyrant				
Released	Clyde Edwards-Helaire	KC RB	Owner	Sat Jul 13 9:06am CT
Released	Jerick McKinnon	KC RB	Owner	Sat Jul 13 9:06am CT
Released	Michael Gallup	LV WR	Owner	Sat Jul 13 9:06am CT
Released	Jalin Hyatt	NYG WR	Owner	Sat Jul 13 9:06am CT
Released	Zay Jones	ARI WR	Owner	Sat Jul 13 9:06am CT
Released	Darren Waller	NYG TE	Owner	Sat Jul 13 9:06am CT
Released	Gerald Everett	CHI TE	Owner	Sat Jul 13 9:06am CT
Released			Owner	
Alive				
Allve				
Off I/R	Erick All	CIN TE	Owner	Sun Jul 28 10:21pm CT
On I/R	Erick All	CIN TE	Owner	Thu Jul 25 7:08am CT
On I/R	Jordan Travis	NYJ QB	Owner	Thu Jul 25 7:08am CT
Released	Alexander Mattison	LV RB	Owner	Sat Jul 13 1:28pm CT
Released	Joshua Kelley	LAC RB	Owner	Tue Jul 9 11:09pm CT
Released	Skyy Moore	KC WR	Owner	Tue Jul 9 11:00pm CT
Released	D.J. Chark	LAC WR	Owner	Mon Jul 8 3:34pm CT
Released	K.J. Osborn	NE WR	Owner	Mon Jul 8 3:34pm CT
Released	Hayden Hurst	LAC TE	Owner	Mon Jul 8 3:34pm CT
Released	D'Onta Foreman	CLE RB	Owner	Mon Jul 8 3:34pm CT
Released	DeVante Parker	PHI WR	Owner	Tue Jul 2 8:43am CT
Traded		Joe Bonanno		Sat Jul 13 12:49pm CT
	Zay Flowers WR BAL		Luke Musgrave TE GB	· ········
	-		Rnd 2, Pick 2	
Traded		He Hate Me SF25		Sat Jul 13 12:16pm CT
	Rnd 2, Pick 7		Christian Kirk WR JAX	



Traded		Joe Bonanno		Tue Jul 9 9:59pm CT
	Rnd 1, Pick 7		Rnd 2, Pick 3	
			Rnd 2, Pick 7	
Traded		Joe Bonanno		Wed Jul 3 10:28pm CT
	Dallas Goedert TE PHI		Romeo Doubs WR GB	
	Rnd 2, Pick 7		Rnd 2, Pick 10	
Traded		ren LLUA APWAOAOT SFLX 5		Tue Jul 2 10:09am CT
	Rnd 6, Pick 7		Tank Bigsby RB JAX	

Ballbusters 61

On I/R	Keaton Mitchell	BAL RB	Owner	Thu Jul 25 3:14pm CT
Traded		Last 8		Wed Jul 3 10:48am CT
	Deshaun Watson QB CLE		Kyren Williams RB LAR	
	Isaiah Likely TE BAL		Rnd 1, Pick 3	
	Rnd 1, Pick 8			
Traded		Flyingdyn 2Q		Sat May 18 10:33pm CT
	Garrett Wilson WR NYJ		Jayden Reed WR GB	
			Rnd 1, Pick 4	
Traded		FAKE NEWS(2)		Sat May 18 1:11pm CT
	Javonte Williams RB DEN		Rnd 1, Pick 8	
	Zamir White RB LV			

Bills Mafia

Released	Trey Palmer	TB WR	Owner	Fri Jul 12 8:58pm CT
Released	Chase Edmonds	TB RB	Owner	Fri Jul 12 8:58pm CT
Released	Kenny Pickett	PHI QB	Owner	Wed Jul 10 9:32pm CT
Released	Taylor Heinicke	ATL QB	Owner	Wed Jul 10 9:32pm CT
Released	Hunter Henry	NE TE	Owner	Fri Jun 7 8:07pm CT
Released	Craig Reynolds	DET RB	Owner	Fri Jun 7 8:07pm CT
Traded		Flyingdyn 2Q		Sat Mar 9 5:37pm CT
	Jayden Reed WR GB		Rnd 1, Pick 2	
	Rnd 1, Pick 4			

FAKE NEWS(2)

Released Traded	Kenneth Gainwell	PHI RB Joe Bonanno	Owner	Mon Apr 29 7:24pm CT Tue Jun 25 11:22pm CT
	Keenan Allen WR CHI		Rashee Rice WR KC	
	Christian Watson WR GB		Marvin Mims WR DEN	
Traded		*Los Angeles Rams 1 2025 \$350		Mon Jun 3 11:00pm CT
	Rnd 6, Pick 11		Rnd 5, Pick 8	
	Rnd 7, Pick 11			
	Rnd 8, Pick 11			
	Rnd 9, Pick 11			
Traded		Flyingdyn 2Q		Fri May 24 9:04pm CT
	Dameon Pierce RB HOU		Rnd 3, Pick 2	
	Ty Chandler RB MIN			
Traded		Ballbusters 61		Sat May 18 1:11pm CT

RealTime Fantasy Sports	

	Rnd 1, Pick 8		Javonte Williams RB DEN Zamir White RB LV	
Traded	Justin Fields QB PIT Rnd 4, Pick 11	*Los Angeles Rams 1 2025 \$350	Rnd 1, Pick 8	Sun Mar 24 4:54pm CT
Traded	Dalton Schultz TE HOU	ren LLUA APWAOAOT SFLX 5	Rnd 5, Pick 1	Fri Mar 1 11:09am CT
Flyingdyn 2Q				
Released	Michael Wilson	ARI WR	Owner	Wed Jul 10 9:43pm CT
Released	Tyler Higbee	LAR TE	Owner	Wed Jul 10 9:43pm CT
Released	Dameon Pierce	HOU RB	Owner	Wed Jul 10 9:43pm CT
Released	Taysom Hill	NO TE	Owner	Sat Mar 9 8:33pm CT
Released	Kylen Granson	IND TE	Owner	Sat Mar 9 8:33pm CT
Traded		Joe Bonanno		Sun Jul 21 5:41am CT
	Rnd 2, Pick 5		Mike Williams WR NYJ	
			Sam Howell QB SEA	
			Rnd 3, Pick 3	
			2025 Draft, Rnd 2 (from Flyingdy	rn 2Q)
Traded		Joe Bonanno		Sat Jun 22 2:51pm CT
Haded	2025 Draft, Rnd 2	Jue Donamio	Tyler Allgeier RB ATL	0at 0un 22 2.0 min 01
Traded		Joe Bonanno		Sat Jun 22 2:45pm CT
	D.J. Moore WR CHI		Bijan Robinson RB ATL	
	Tee Higgins WR CIN			
	Rnd 2, Pick 2			
	2025 Draft, Rnd 1			
Traded		FAKE NEWS(2)		Fri May 24 9:04pm CT
	Rnd 3, Pick 2		Dameon Pierce RB HOU	· · · ······, = · • · • · · · · · · · · ·
			Ty Chandler RB MIN	
Traded		Ballbusters 61		Sat May 18 10:33pm CT
	Jayden Reed WR GB		Garrett Wilson WR NYJ	
	Rnd 1, Pick 4			
Traded		Bills Mafia		Sat Mar 9 5:37pm CT
	Rnd 1, Pick 2		Jayden Reed WR GB	
			Rnd 1, Pick 4	

He Hate Me SF25

Released	Leonard Fournette	BUF RB	Owner	Mon May 6 10:29pm CT
Released	Jaleel McLaughlin	DEN RB	Owner	Mon May 6 10:29pm CT
Released	Odell Beckham Jr.	MIA WR	Owner	Mon May 6 10:29pm CT
Released	Mitchell Trubisky	BUF QB	Owner	Sun Apr 7 9:33am CT
Released	Royce Freeman	DAL RB	Owner	Sun Apr 7 9:33am CT
Traded		Joe Bonanno		Sat Jul 20 11:54am CT
	Jaylen Warren RB PIT		James Cook RB BUF	
	Rnd 3, Pick 3		Rnd 4, Pick 1	
Traded		Alive		Sat Jul 13 12:16pm CT
	Christian Kirk WR JAX		Rnd 2, Pick 7	
Traded		Last 8		Sat Jul 13 5:37am CT

RealTime Fantasy Sports

	Dontayvion Wicks WR GB	Rnd 3, Pick 5
Traded	Last 8	Mon Jul 1 6:14pm CT
	Jake Ferguson TE DAL	Mark Andrews TE BAL
	Rnd 1, Pick 3	Rnd 1, Pick 5

Joe Bonanno

On I/R	Jonathon Brooks	CAR RB	Owner	Wed Jul 24 7:14pm CT
On I/R	Mike Williams	NYJ WR	Owner	Thu Jul 18 10:18pm CT
Released	Jarrett Stidham	DEN QB	Owner	Mon Jun 24 9:47am CT
Released	Josh Downs	IND WR	Owner	Mon Jun 24 9:47am CT
Released	Tutu Atwell	LAR WR	Owner	Sun Jun 23 10:44pm CT
Released	Samaje Perine	DEN RB	Owner	Sat Jun 22 1:38pm CT
Released	Bailey Zappe	NE QB	Owner	Sat Jun 22 1:37pm CT
Released	D'Ernest Johnson	JAX RB	Owner	Sat Jun 22 1:37pm CT
Traded		Regulators		Mon Jul 22 7:31pm CT
	Rnd 5, Pick 6		Rnd 5, Pick 5	
	2025 Draft, Rnd 5			
Traded		Flyingdyn 2Q		Sun Jul 21 5:41am CT
	Mike Williams WR NYJ		Rnd 2, Pick 5	
	Sam Howell QB SEA			
	Rnd 3, Pick 3			
	2025 Draft, Rnd 2 (from Flyingdy	n 2Q)		
Traded		He Hate Me SF25		Sat Jul 20 11:54am CT
	James Cook RB BUF		Jaylen Warren RB PIT	
	Rnd 4, Pick 1		Rnd 3, Pick 3	
Traded		Alive		Sat Jul 13 12:49pm CT
	Luke Musgrave TE GB		Zay Flowers WR BAL	
	Rnd 2, Pick 2			
Trodod		Alivo		Tue Jul 0 0:50pm CT
Traded	Pnd 2 Dick 3	Alive	Prod 1 Dick 7	Tue Jul 9 9:59pm CT
Traded	Rnd 2, Pick 3	Alive	Rnd 1, Pick 7	Tue Jul 9 9:59pm CT
Traded	Rnd 2, Pick 3 Rnd 2, Pick 7	Alive	Rnd 1, Pick 7	Tue Jul 9 9:59pm CT
Traded		Alive ren LLUA APWAOAOT SFLX 5	Rnd 1, Pick 7	Tue Jul 9 9:59pm CT Mon Jul 8 2:34pm CT
			Rnd 1, Pick 7 Rnd 4, Pick 1	
Traded	Rnd 2, Pick 7	ren LLUA APWAOAOT SFLX 5		Mon Jul 8 2:34pm CT
	Rnd 2, Pick 7 Josh Palmer WR LAC		Rnd 4, Pick 1	
Traded	Rnd 2, Pick 7 Josh Palmer WR LAC Romeo Doubs WR GB	ren LLUA APWAOAOT SFLX 5	Rnd 4, Pick 1 Dallas Goedert TE PHI	Mon Jul 8 2:34pm CT
Traded	Rnd 2, Pick 7 Josh Palmer WR LAC	ren LLUA APWAOAOT SFLX 5	Rnd 4, Pick 1	Mon Jul 8 2:34pm CT
Traded	Rnd 2, Pick 7 Josh Palmer WR LAC Romeo Doubs WR GB	ren LLUA APWAOAOT SFLX 5	Rnd 4, Pick 1 Dallas Goedert TE PHI	Mon Jul 8 2:34pm CT
Traded Traded	Rnd 2, Pick 7 Josh Palmer WR LAC Romeo Doubs WR GB	ren LLUA APWAOAOT SFLX 5 Alive	Rnd 4, Pick 1 Dallas Goedert TE PHI	Mon Jul 8 2:34pm CT Wed Jul 3 10:28pm CT
Traded Traded	Rnd 2, Pick 7 Josh Palmer WR LAC Romeo Doubs WR GB Rnd 2, Pick 10	ren LLUA APWAOAOT SFLX 5 Alive	Rnd 4, Pick 1 Dallas Goedert TE PHI Rnd 2, Pick 7	Mon Jul 8 2:34pm CT Wed Jul 3 10:28pm CT
Traded Traded	Rnd 2, Pick 7 Josh Palmer WR LAC Romeo Doubs WR GB Rnd 2, Pick 10 Keenan Allen WR CHI	ren LLUA APWAOAOT SFLX 5 Alive Regulators	Rnd 4, Pick 1 Dallas Goedert TE PHI Rnd 2, Pick 7 Sam Howell QB SEA	Mon Jul 8 2:34pm CT Wed Jul 3 10:28pm CT Fri Jun 28 11:34am CT
Traded Traded	Rnd 2, Pick 7 Josh Palmer WR LAC Romeo Doubs WR GB Rnd 2, Pick 10 Keenan Allen WR CHI Rnd 7, Pick 6	ren LLUA APWAOAOT SFLX 5 Alive	Rnd 4, Pick 1 Dallas Goedert TE PHI Rnd 2, Pick 7 Sam Howell QB SEA Rnd 2, Pick 3	Mon Jul 8 2:34pm CT Wed Jul 3 10:28pm CT
Traded Traded	Rnd 2, Pick 7 Josh Palmer WR LAC Romeo Doubs WR GB Rnd 2, Pick 10 Keenan Allen WR CHI	ren LLUA APWAOAOT SFLX 5 Alive Regulators	Rnd 4, Pick 1 Dallas Goedert TE PHI Rnd 2, Pick 7 Sam Howell QB SEA	Mon Jul 8 2:34pm CT Wed Jul 3 10:28pm CT Fri Jun 28 11:34am CT
Traded Traded Traded	Rnd 2, Pick 7 Josh Palmer WR LAC Romeo Doubs WR GB Rnd 2, Pick 10 Keenan Allen WR CHI Rnd 7, Pick 6	ren LLUA APWAOAOT SFLX 5 Alive Regulators Last 8	Rnd 4, Pick 1 Dallas Goedert TE PHI Rnd 2, Pick 7 Sam Howell QB SEA Rnd 2, Pick 3	Mon Jul 8 2:34pm CT Wed Jul 3 10:28pm CT Fri Jun 28 11:34am CT
Traded Traded	Rnd 2, Pick 7 Josh Palmer WR LAC Romeo Doubs WR GB Rnd 2, Pick 10 Keenan Allen WR CHI Rnd 7, Pick 6	ren LLUA APWAOAOT SFLX 5 Alive Regulators	Rnd 4, Pick 1 Dallas Goedert TE PHI Rnd 2, Pick 7 Sam Howell QB SEA Rnd 2, Pick 3 Tyjae Spears RB TEN	Mon Jul 8 2:34pm CT Wed Jul 3 10:28pm CT Fri Jun 28 11:34am CT Fri Jun 28 11:07am CT
Traded Traded Traded	Rnd 2, Pick 7 Josh Palmer WR LAC Romeo Doubs WR GB Rnd 2, Pick 10 Keenan Allen WR CHI Rnd 7, Pick 6 Tee Higgins WR CIN	ren LLUA APWAOAOT SFLX 5 Alive Regulators Last 8	Rnd 4, Pick 1 Dallas Goedert TE PHI Rnd 2, Pick 7 Sam Howell QB SEA Rnd 2, Pick 3	Mon Jul 8 2:34pm CT Wed Jul 3 10:28pm CT Fri Jun 28 11:34am CT Fri Jun 28 11:07am CT
Traded Traded Traded	Rnd 2, Pick 7 Josh Palmer WR LAC Romeo Doubs WR GB Rnd 2, Pick 10 Keenan Allen WR CHI Rnd 7, Pick 6 Tee Higgins WR CIN	ren LLUA APWAOAOT SFLX 5 Alive Regulators Last 8	Rnd 4, Pick 1 Dallas Goedert TE PHI Rnd 2, Pick 7 Sam Howell QB SEA Rnd 2, Pick 3 Tyjae Spears RB TEN Rnd 2, Pick 10	Mon Jul 8 2:34pm CT Wed Jul 3 10:28pm CT Fri Jun 28 11:34am CT Fri Jun 28 11:07am CT
Traded Traded Traded Traded	Rnd 2, Pick 7 Josh Palmer WR LAC Romeo Doubs WR GB Rnd 2, Pick 10 Keenan Allen WR CHI Rnd 7, Pick 6 Tee Higgins WR CIN Courtland Sutton WR DEN Rashee Rice WR KC	ren LLUA APWAOAOT SFLX 5 Alive Regulators Last 8 Regulators	Rnd 4, Pick 1 Dallas Goedert TE PHI Rnd 2, Pick 7 Sam Howell QB SEA Rnd 2, Pick 3 Tyjae Spears RB TEN Rnd 2, Pick 10 Keenan Allen WR CHI	Mon Jul 8 2:34pm CT Wed Jul 3 10:28pm CT Fri Jun 28 11:34am CT Fri Jun 28 11:07am CT Wed Jun 26 8:48am CT
Traded Traded Traded Traded	Rnd 2, Pick 7 Josh Palmer WR LAC Romeo Doubs WR GB Rnd 2, Pick 10 Keenan Allen WR CHI Rnd 7, Pick 6 Tee Higgins WR CIN Courtland Sutton WR DEN	ren LLUA APWAOAOT SFLX 5 Alive Regulators Last 8 Regulators	Rnd 4, Pick 1 Dallas Goedert TE PHI Rnd 2, Pick 7 Sam Howell QB SEA Rnd 2, Pick 3 Tyjae Spears RB TEN Rnd 2, Pick 10	Mon Jul 8 2:34pm CT Wed Jul 3 10:28pm CT Fri Jun 28 11:34am CT Fri Jun 28 11:07am CT Wed Jun 26 8:48am CT
Traded Traded Traded Traded Traded	Rnd 2, Pick 7 Josh Palmer WR LAC Romeo Doubs WR GB Rnd 2, Pick 10 Keenan Allen WR CHI Rnd 7, Pick 6 Tee Higgins WR CIN Courtland Sutton WR DEN Rashee Rice WR KC	ren LLUA APWAOAOT SFLX 5 Alive Regulators Last 8 Regulators FAKE NEWS(2)	Rnd 4, Pick 1 Dallas Goedert TE PHI Rnd 2, Pick 7 Sam Howell QB SEA Rnd 2, Pick 3 Tyjae Spears RB TEN Rnd 2, Pick 10 Keenan Allen WR CHI	Mon Jul 8 2:34pm CT Wed Jul 3 10:28pm CT Fri Jun 28 11:34am CT Fri Jun 28 11:07am CT Wed Jun 26 8:48am CT Tue Jun 25 11:22pm CT
Traded Traded Traded Traded	Rnd 2, Pick 7 Josh Palmer WR LAC Romeo Doubs WR GB Rnd 2, Pick 10 Keenan Allen WR CHI Rnd 7, Pick 6 Tee Higgins WR CIN Courtland Sutton WR DEN Rashee Rice WR KC	ren LLUA APWAOAOT SFLX 5 Alive Regulators Last 8 Regulators	Rnd 4, Pick 1 Dallas Goedert TE PHI Rnd 2, Pick 7 Sam Howell QB SEA Rnd 2, Pick 3 Tyjae Spears RB TEN Rnd 2, Pick 10 Keenan Allen WR CHI	Mon Jul 8 2:34pm CT Wed Jul 3 10:28pm CT Fri Jun 28 11:34am CT Fri Jun 28 11:07am CT Wed Jun 26 8:48am CT



Flyingdyn 2Q

Sat Jun 22 2:45pm CT

Traded

Bijan Robinson RB ATL

D.J. Moore WR CHI Tee Higgins WR CIN Rnd 2, Pick 2 2025 Draft, Rnd 1

Last 8

Released	J.K. Dobbins	LAC RB	Owner	Sat Jul 13 5:45am CT
Released	Michael Mayer	LV TE	Owner	Fri Jul 12 5:31pm CT
Released	Kendrick Bourne	NE WR	Owner	Mon Jul 8 9:20am CT
Released	Elijah Mitchell	SF RB	Owner	Mon Jul 8 9:20am CT
Released	Jake Bobo	SEA WR	Owner	Sun Jun 30 5:26am CT
Released	Joshua Dobbs	SF QB	Owner	Sun Jun 30 5:26am CT
Released	Ryan Tannehill	TEN QB	Owner	Fri Jun 28 12:26pm CT
Released	Treylon Burks	TEN WR	Owner	Fri Jun 28 12:26pm CT
Released	Rondale Moore	ATL WR	Owner	Fri Jun 28 12:26pm CT
Traded		He Hate Me SF25		Sat Jul 13 5:37am CT
	Rnd 3, Pick 5		Dontayvion Wicks WR GB	
Traded		Ballbusters 61		Wed Jul 3 10:48am CT
	Kyren Williams RB LAR		Deshaun Watson QB CLE	
	Rnd 1, Pick 3		Isaiah Likely TE BAL	
			Rnd 1, Pick 8	
Traded		He Hate Me SF25		Mon Jul 1 6:14pm CT
	Mark Andrews TE BAL		Jake Ferguson TE DAL	
	Rnd 1, Pick 5		Rnd 1, Pick 3	
Traded		Joe Bonanno		Fri Jun 28 11:07am CT
	Tyjae Spears RB TEN		Tee Higgins WR CIN	
Regulators				
Released	A.T. Perry	NO WR	Owner	Wed Jun 26 8:51am CT
			0	W 11 00 0 54 OT

Released	A.T. Perry	NO WR	Owner	Wed Jun 26 8:51am CT
Released	Pierre Strong Jr.	CLE RB	Owner	Wed Jun 26 8:51am CT
Released	Rashod Bateman	BAL WR	Owner	Wed Jun 26 8:51am CT
Released	Kareem Hunt	CLE RB	Owner	Thu May 2 8:54am CT
Released	Robert Woods	HOU WR	Owner	Thu May 2 8:54am CT
Released	Logan Thomas	SF TE	Owner	Thu May 2 8:54am CT
Released	Desmond Ridder	ARI QB	Owner	Thu May 2 8:54am CT
Traded		Joe Bonanno		Mon Jul 22 7:31pm CT
	Rnd 5, Pick 5		Rnd 5, Pick 6	
			2025 Draft, Rnd 5	
Traded		Joe Bonanno		Fri Jun 28 11:34am CT
	Sam Howell QB SEA		Keenan Allen WR CHI	
	Rnd 2, Pick 3		Rnd 7, Pick 6	
Traded		Joe Bonanno		Wed Jun 26 8:48am CT
	Rnd 2, Pick 10		Courtland Sutton WR DEN	
Traded		*Los Angeles Rams 1 2025 \$350		Sun Apr 28 5:42pm CT
	Marquise Brown WR KC		Wan'Dale Robinson WR NYG	
	Rnd 6, Pick 9		Rnd 4, Pick 8	
	Rnd 7, Pick 9		Rnd 4, Pick 11	
	Rnd 8, Pick 9		2025 Draft, Rnd 2	
	Rnd 9, Pick 9			



ren LLUA APWAOAOT SFLX 5

Released	Khalil Herbert	CHI RB	Owner	Wed Jul 10 11:54am CT
Released	AJ Dillon	GB RB	Owner	Mon Jul 8 2:35pm CT
Released	Cooper Rush	DAL QB	Owner	Sun Mar 17 6:24pm CT
Released	Elijah Moore	CLE WR	Owner	Sun Mar 17 6:24pm CT
Released	Isaiah Spiller	LAC RB	Owner	Sun Mar 17 6:24pm CT
Released	Jamaal Williams	NO RB	Owner	Sun Mar 17 6:24pm CT
Off I/R	Kirk Cousins	ATL QB	Owner	Fri Mar 1 11:11am CT
Released	Kadarius Toney	KC WR	Owner	Fri Mar 1 11:10am CT
Released	Jaren Hall	MIN QB	Owner	Fri Mar 1 11:10am CT
Traded		Joe Bonanno		Mon Jul 8 2:34pm CT
	Rnd 4, Pick 1		Josh Palmer WR LAC	
Traded		Alive		Tue Jul 2 10:09am CT
	Tank Bigsby RB JAX		Rnd 6, Pick 7	
Traded		FAKE NEWS(2)		Fri Mar 1 11:09am CT
	Rnd 5, Pick 1		Dalton Schultz TE HOU	