



Week 1

AngryLittleElfD1

Released	J.K. Dobbins	LAC RB	Owner	Fri Jul 12 10:44pm CT
Released	Michael Mayer	LV TE	Owner	Tue Jul 9 9:54pm CT
Released	Rashod Bateman	BAL WR	Owner	Tue Jul 9 9:54pm CT
Released	Sam Howell	SEA QB	Owner	Tue Jul 2 3:58pm CT
Released	Samaje Perine	DEN RB	Owner	Tue Jul 2 3:58pm CT
Released	Rondale Moore	ATL WR	Owner	Tue Jul 2 3:58pm CT
Released	Skyy Moore	KC WR	Owner	Tue Jul 2 3:58pm CT
Released	Kadarius Toney	KC WR	Owner	Tue Jul 2 3:58pm CT
Released	Gerald Everett	CHI TE	Owner	Thu May 2 10:49pm CT
Released	Kenny Pickett	PHI QB	Owner	Thu May 2 10:49pm CT
Traded		ren LittleLebowskiUrbanAchieversIV250		Tue Jul 2 6:09pm CT
	Rnd 5, Pick 12		Keaton Mitchell RB BAL	
Traded		Rufus		Fri May 17 8:11pm CT
	Rnd 7, Pick 2		Tank Bigsby RB JAX Rnd 9, Pick 7	
Traded		Pup		Wed May 1 11:00pm CT
	Rnd 6, Pick 12		Gardner Minshew II QB LV	
Traded		Let's Ride The Green Cow (8th, 12th)		Wed May 1 11:00pm CT
	Rnd 2, Pick 2		David Njoku TE CLE Rnd 3, Pick 2	

Black

Released	Michael Thomas	NO WR	Owner	Mon Jul 8 6:26pm CT
Released	Jonathan Mingo	CAR WR	Owner	Sat Jul 6 3:02pm CT
Released	Joshua Kelley	LAC RB	Owner	Sat Apr 13 8:13am CT
Released	Brandon Aubrey	DAL K	Owner	Sat Apr 13 8:13am CT
Traded		Let's Ride The Green Cow (8th, 12th)		Sat Jul 6 3:33pm CT
	Rnd 1, Pick 12		Chris Godwin WR TB Rnd 3, Pick 7	
Traded		Pup		Wed Apr 3 1:25pm CT
	Matthew Stafford QB LAR		Russell Wilson QB PIT	
	A.J. Brown WR PHI		Keenan Allen WR CHI	
	Josh Palmer WR LAC		Joe Mixon RB HOU	
	Rnd 3, Pick 11		Rnd 1, Pick 12	
	Rnd 6, Pick 8			
	Rnd 8, Pick 11			

Bulldogs

Released	Geno Smith	SEA QB	Owner	Sat Jun 22 11:08am CT
Released	Tucker Kraft	GB TE	Owner	Sat Jun 22 11:08am CT
Released	Jake Moody	SF K	Owner	Sat Jun 22 11:08am CT
Released	New York Jets	NYJ D/ST	Owner	Sat Jun 22 11:08am CT
Released	Rashaad Penny	CAR RB	Owner	Sat Jun 22 11:08am CT
Released	Kenneth Gainwell	PHI RB	Owner	Sat Jun 22 11:08am CT
Released	Trey Palmer	TB WR	Owner	Sat Jun 22 11:08am CT
Off I/R	Deshaun Watson	CLE QB	Owner	Wed Mar 27 12:15am CT
Traded		Reign Man		Sat Jul 6 11:52am CT



Michael Wilson WR ARI

Pat Freiermuth TE PIT

### ELIte II 250

Released	Cade Otton	TB TE	Owner	Wed Jul 10 8:54pm CT
Released	Philadelphia Eagles	PHI D/ST	Owner	Wed Jul 10 8:54pm CT
Released	JuJu Smith-Schuster	NE WR	Owner	Wed Jul 10 8:54pm CT
Released	Indianapolis Colts	IND D/ST	Owner	Wed Jul 10 8:52pm CT
Released	Greg Zuerlein	NYJ K	Owner	Wed Jul 10 12:47pm CT
Released	Darren Waller	NYG TE	Owner	Wed Jul 10 12:47pm CT
Released	Damien Harris	BUF RB	Owner	Wed Jul 10 12:47pm CT
Released	Jason Myers	SEA K	Owner	Wed Jul 10 12:47pm CT

### Eye In The Sky

Released	Daniel Jones	NYG QB	Owner	Sat Jul 13 8:18pm CT
Released	Taysom Hill	NO TE	Owner	Sat Jul 13 2:41pm CT
Released	Noah Brown	HOU WR	Owner	Wed Jul 10 11:29am CT
Released	Miami Dolphins	MIA D/ST	Owner	Mon Jun 3 1:05pm CT
Released	Jake Elliott	PHI K	Owner	Mon Jun 3 1:05pm CT
Released	Jeff Wilson	MIA RB	Owner	Mon Jun 3 1:05pm CT
Released	Robert Woods	HOU WR	Owner	Mon Jun 3 1:05pm CT
Off I/R	Daniel Jones	NYG QB	Owner	Mon Jun 3 1:04pm CT
Traded		Let's Ride The Green Cow (8th, 12th)		Mon Jun 24 11:03am CT
	D.K. Metcalf WR SEA		Christian Kirk WR JAX Tyjae Spears RB TEN Rnd 2, Pick 2	
Traded		Pup		Fri Jun 21 2:30pm CT
	Tyler Allgeier RB ATL Rnd 4, Pick 12 Rnd 10, Pick 1		Rnd 3, Pick 11	

### Feebly

Released	Dalvin Cook	BAL RB	Owner	Sun Jul 7 7:31am CT
Released	Jordan Mason	SF RB	Owner	Tue Jul 2 6:47pm CT
Traded		Pup		Sun Jul 7 7:30am CT
	Rnd 8, Pick 5		Miles Sanders RB CAR	
Traded		Let's Ride The Green Cow (8th, 12th)		Tue Jul 2 6:47pm CT
	Rnd 10, Pick 5		Chigoziem Okonkwo TE TEN	
Traded		Let's Ride The Green Cow (8th, 12th)		Fri Apr 19 5:02pm CT
	Rnd 7, Pick 5		Dalvin Cook RB BAL	
Traded		ren LittleLebowskiUrbanAchieversIV250		Sun Mar 10 9:06am CT
	James Cook RB BUF Treyton Burks WR TEN Zamir White RB LV		Rnd 1, Pick 9 Rnd 2, Pick 9	

### Let's Ride The Green Cow (8th, 12th)

Released	Joe Flacco	IND QB	Owner	Mon Apr 8 12:42am CT
Released	Clyde Edwards-Helaire	KC RB	Owner	Mon Apr 8 12:42am CT
Off I/R	Nick Chubb	CLE RB	Owner	Mon Apr 8 12:42am CT



# The Leagues

Off I/R	Marquise Brown	KC WR	Owner	Mon Apr 8 12:42am CT
Traded		Rufus		Tue Jul 16 10:45am CT
	Justin Herbert QB LAC		Joe Burrow QB CIN	
	Rnd 2, Pick 8		Rnd 4, Pick 7	
Traded		Black		Sat Jul 6 3:33pm CT
	Chris Godwin WR TB		Rnd 1, Pick 12	
	Rnd 3, Pick 7			
Traded		Feebly		Tue Jul 2 6:47pm CT
	Chigoziem Okonkwo TE TEN		Rnd 10, Pick 5	
Traded		Pup		Tue Jul 2 10:06am CT
	Dallas Cowboys D/ST		Rnd 9, Pick 12	
Traded		Eye In The Sky		Mon Jun 24 11:03am CT
	Christian Kirk WR JAX		D.K. Metcalf WR SEA	
	Tyjae Spears RB TEN			
	Rnd 2, Pick 2			
Traded		AngryLittleElfD1		Wed May 1 11:00pm CT
	David Njoku TE CLE		Rnd 2, Pick 2	
	Rnd 3, Pick 2			
Traded		Feebly		Fri Apr 19 5:02pm CT
	Dalvin Cook RB BAL		Rnd 7, Pick 5	

## Mr. Not Guilty

Released	Kyler Murray	ARI QB	Owner	Thu Jun 6 9:36am CT
Released	Matt Gay	IND K	Owner	Thu Jun 6 9:36am CT
Released	Elijah Moore	CLE WR	Owner	Thu Jun 6 9:36am CT
Released	Cordarrelle Patterson	PIT RB	Owner	Thu Jun 6 9:36am CT
Released	Cam Akers	MIN RB	Owner	Thu Jun 6 9:36am CT
Released	Denver Broncos	DEN D/ST	Owner	Thu Jun 6 9:36am CT
Released	Pierre Strong Jr.	CLE RB	Owner	Tue Mar 12 9:09am CT
Traded		ren LittleLebowskiUrbanAchieversIV250		Mon Mar 11 7:39pm CT
	Nico Collins WR HOU		Rachaad White RB TB	
			Rnd 3, Pick 9	

## Pup

Released	Justice Hill	BAL RB	Owner	Sat Jul 6 10:28am CT
Released	Chris Rodriguez Jr.	WAS RB	Owner	Fri Jul 5 12:27pm CT
Released	Jake Browning	CIN QB	Owner	Thu Jul 4 10:09am CT
Released	Jake Bobo	SEA WR	Owner	Tue Jun 11 6:35pm CT
Released	Logan Thomas	SF TE	Owner	Tue Jun 11 6:35pm CT
Traded		Feebly		Sun Jul 7 7:30am CT
	Miles Sanders RB CAR		Rnd 8, Pick 5	
Traded		Let's Ride The Green Cow (8th, 12th)		Tue Jul 2 10:06am CT
	Rnd 9, Pick 12		Dallas Cowboys D/ST	
Traded		Eye In The Sky		Fri Jun 21 2:30pm CT
	Rnd 3, Pick 11		Tyler Allgeier RB ATL	
			Rnd 4, Pick 12	
			Rnd 10, Pick 1	
Traded		AngryLittleElfD1		Wed May 1 11:00pm CT



	Gardner Minshew II QB LV		Rnd 6, Pick 12	
Traded		Black		Wed Apr 3 1:25pm CT
	Russell Wilson QB PIT		Matthew Stafford QB LAR	
	Keenan Allen WR CHI		A.J. Brown WR PHI	
	Joe Mixon RB HOU		Josh Palmer WR LAC	
	Rnd 1, Pick 12		Rnd 3, Pick 11	
			Rnd 6, Pick 8	
			Rnd 8, Pick 11	

### Reign Man

Released	Tutu Atwell	LAR WR	Owner	Wed Jul 10 11:33am CT
Released	Tyler Boyd	TEN WR	Owner	Wed Jul 10 11:33am CT
Released	K.J. Osborn	NE WR	Owner	Wed Jul 10 11:33am CT
Released	Cedric Tillman	CLE WR	Owner	Wed Jul 10 11:33am CT
Released	Harrison Butker	KC K	Owner	Wed Jul 10 11:33am CT
Released	Cleveland Browns	CLE D/ST	Owner	Wed Jul 10 11:33am CT
Traded		Bulldogs		Sat Jul 6 11:52am CT
	Pat Freiermuth TE PIT		Michael Wilson WR ARI	

### ren LittleLebowskiUrbanAchieversIV250

Released	Jahan Dotson	WAS WR	Owner	Wed Jul 10 11:49am CT
Released	Khalil Herbert	CHI RB	Owner	Mon Jul 8 9:51am CT
Released	Treyton Burks	TEN WR	Owner	Tue Jul 2 6:12pm CT
Released	Michael Carter	ARI RB	Owner	Sun Mar 17 6:32pm CT
Released	Isaiah Spiller	LAC RB	Owner	Sun Mar 10 9:08am CT
Released	Gabriel Davis	JAX WR	Owner	Sun Mar 10 9:08am CT
Released	Kendrick Bourne	NE WR	Owner	Thu Mar 7 3:41pm CT
Released	Ronnie Rivers	LAR RB	Owner	Thu Mar 7 3:41pm CT
Released	Desmond Ridder	ARI QB	Owner	Thu Mar 7 3:41pm CT
Released	Evan McPherson	CIN K	Owner	Thu Mar 7 3:41pm CT
Off I/R	Kendrick Bourne	NE WR	Owner	Thu Mar 7 3:40pm CT
Off I/R	Keaton Mitchell	BAL RB	Owner	Thu Mar 7 3:40pm CT
Traded		Rufus		Sat Jul 13 3:21pm CT
	Rnd 5, Pick 12		Rnd 6, Pick 11	
			Rnd 8, Pick 7	
Traded		AngryLittleElfD1		Tue Jul 2 6:09pm CT
	Keaton Mitchell RB BAL		Rnd 5, Pick 12	
Traded		Mr. Not Guilty		Mon Mar 11 7:39pm CT
	Rachaad White RB TB		Nico Collins WR HOU	
	Rnd 3, Pick 9			
Traded		Feebly		Sun Mar 10 9:06am CT
	Rnd 1, Pick 9		James Cook RB BUF	
	Rnd 2, Pick 9		Treyton Burks WR TEN	
			Zamir White RB LV	

### Rufus

Released	D'Onta Foreman	CLE RB	Owner	Sat Jul 13 11:37am CT
Released	Derek Carr	NO QB	Owner	Sat Jul 13 11:37am CT
Released	Kareem Hunt	CLE RB	Owner	Fri Jul 12 3:40pm CT



# The Leagues

Off I/R	Joe Burrow	CIN QB	Owner	Sun Jun 23 4:27pm CT
Released	Royce Freeman	DAL RB	Owner	Mon May 27 10:04am CT
Released	Jonnu Smith	MIA TE	Owner	Sat Apr 20 1:28pm CT
Released	Wil Lutz	DEN K	Owner	Sat Apr 20 1:28pm CT
Traded		Let's Ride The Green Cow (8th, 12th)		Tue Jul 16 10:45am CT
	Joe Burrow QB CIN		Justin Herbert QB LAC	
	Rnd 4, Pick 7		Rnd 2, Pick 8	
Traded		ren LittleLebowskiUrbanAchieversIV250		Sat Jul 13 3:21pm CT
	Rnd 6, Pick 11		Rnd 5, Pick 12	
	Rnd 8, Pick 7			
Traded		AngryLittleElfD1		Fri May 17 8:11pm CT
	Tank Bigsby RB JAX		Rnd 7, Pick 2	
	Rnd 9, Pick 7			