



Week 1

AngryLittleElfD1

Released	Kadarius Toney	KC WR	Owner	Tue Jul 2 3:58pm CT
Released	Sky Moore	KC WR	Owner	Tue Jul 2 3:58pm CT
Released	Rondale Moore	ATL WR	Owner	Tue Jul 2 3:58pm CT
Released	Samaje Perine	DEN RB	Owner	Tue Jul 2 3:58pm CT
Released	Sam Howell	SEA QB	Owner	Tue Jul 2 3:58pm CT
Released	Kenny Pickett	PHI QB	Owner	Thu May 2 10:49pm CT
Released	Gerald Everett	CHI TE	Owner	Thu May 2 10:49pm CT
Traded		ren LittleLebowskiUrbanAchieversIV250		Tue Jul 2 6:09pm CT
	Rnd 5, Pick 12		Keaton Mitchell RB BAL	
Traded		Rufus		Fri May 17 8:11pm CT
	Rnd 7, Pick 2		Tank Bigsby RB JAX Rnd 9, Pick 7	
Traded		Pup		Wed May 1 11:00pm CT
	Rnd 6, Pick 12		Gardner Minshew II QB LV	
Traded		Let's Ride The Green Cow (8th, 12th)		Wed May 1 11:00pm CT
	Rnd 2, Pick 2		David Njoku TE CLE Rnd 3, Pick 2	

Black

Released	Jonathan Mingo	CAR WR	Owner	Sat Jul 6 3:02pm CT
Released	Joshua Kelley	LAC RB	Owner	Sat Apr 13 8:13am CT
Released	Brandon Aubrey	DAL K	Owner	Sat Apr 13 8:13am CT
Traded		Let's Ride The Green Cow (8th, 12th)		Sat Jul 6 3:33pm CT
	Rnd 1, Pick 12		Chris Godwin WR TB Rnd 3, Pick 7	
Traded		Pup		Wed Apr 3 1:25pm CT
	Matthew Stafford QB LAR A.J. Brown WR PHI Josh Palmer WR LAC Rnd 3, Pick 11 Rnd 6, Pick 8 Rnd 8, Pick 11		Russell Wilson QB PIT Keenan Allen WR CHI Joe Mixon RB HOU Rnd 1, Pick 12	

Bulldogs

Released	Geno Smith	SEA QB	Owner	Sat Jun 22 11:08am CT
Released	Tucker Kraft	GB TE	Owner	Sat Jun 22 11:08am CT
Released	Jake Moody	SF K	Owner	Sat Jun 22 11:08am CT
Released	New York Jets	NYJ D/ST	Owner	Sat Jun 22 11:08am CT
Released	Rashaad Penny	CAR RB	Owner	Sat Jun 22 11:08am CT
Released	Kenneth Gainwell	PHI RB	Owner	Sat Jun 22 11:08am CT
Released	Trey Palmer	TB WR	Owner	Sat Jun 22 11:08am CT
Off I/R	Deshaun Watson	CLE QB	Owner	Wed Mar 27 12:15am CT
Traded		For Sale		Sat Jul 6 11:52am CT
	Michael Wilson WR ARI		Pat Freiermuth TE PIT	

Feebly



# The Leagues

www.rtsports.com  
2024 Transactions  
Sun Jul 7 1:47pm CT

Released	Dalvin Cook	BAL RB	Owner	Sun Jul 7 7:31am CT
Released	Jordan Mason	SF RB	Owner	Tue Jul 2 6:47pm CT
Traded		Pup		Sun Jul 7 7:30am CT
	Rnd 8, Pick 5		Miles Sanders RB CAR	
Traded		Let's Ride The Green Cow (8th, 12th)		Tue Jul 2 6:47pm CT
	Rnd 10, Pick 5		Chigoziem Okonkwo TE TEN	
Traded		Let's Ride The Green Cow (8th, 12th)		Fri Apr 19 5:02pm CT
	Rnd 7, Pick 5		Dalvin Cook RB BAL	
Traded		ren LittleLebowskiUrbanAchieversIV250		Sun Mar 10 9:06am CT
	James Cook RB BUF		Rnd 1, Pick 9	
	Treyton Burks WR TEN		Rnd 2, Pick 9	
	Zamir White RB LV			

## FireSkunks2

Released	Miami Dolphins	MIA D/ST	Owner	Mon Jun 3 1:05pm CT
Released	Jake Elliott	PHI K	Owner	Mon Jun 3 1:05pm CT
Released	Jeff Wilson	MIA RB	Owner	Mon Jun 3 1:05pm CT
Released	Robert Woods	HOU WR	Owner	Mon Jun 3 1:05pm CT
Off I/R	Daniel Jones	NYG QB	Owner	Mon Jun 3 1:04pm CT
Traded		Let's Ride The Green Cow (8th, 12th)		Mon Jun 24 11:03am CT
	D.K. Metcalf WR SEA		Christian Kirk WR JAX	
			Tyjae Spears RB TEN	
			Rnd 2, Pick 2	
Traded		Pup		Fri Jun 21 2:30pm CT
	Tyler Allgeier RB ATL		Rnd 3, Pick 11	
	Rnd 4, Pick 12			
	Rnd 10, Pick 1			

## For Sale

Traded		Bulldogs		Sat Jul 6 11:52am CT
	Pat Freiermuth TE PIT		Michael Wilson WR ARI	

## Jevin's Cash Cow FF-DYN250

No transactions performed this week.

## Let's Ride The Green Cow (8th, 12th)

Released	Joe Flacco	IND QB	Owner	Mon Apr 8 12:42am CT
Released	Clyde Edwards-Helaire	KC RB	Owner	Mon Apr 8 12:42am CT
Off I/R	Nick Chubb	CLE RB	Owner	Mon Apr 8 12:42am CT
Off I/R	Marquise Brown	KC WR	Owner	Mon Apr 8 12:42am CT
Traded		Black		Sat Jul 6 3:33pm CT
	Chris Godwin WR TB		Rnd 1, Pick 12	
	Rnd 3, Pick 7			
Traded		Feebly		Tue Jul 2 6:47pm CT
	Chigoziem Okonkwo TE TEN		Rnd 10, Pick 5	
Traded		Pup		Tue Jul 2 10:06am CT
	Dallas Cowboys D/ST		Rnd 9, Pick 12	



Traded	Christian Kirk WR JAX Tyjae Spears RB TEN Rnd 2, Pick 2	FireSkunks2	D.K. Metcalf WR SEA	Mon Jun 24 11:03am CT
Traded	David Njoku TE CLE Rnd 3, Pick 2	AngryLittleElfD1	Rnd 2, Pick 2	Wed May 1 11:00pm CT
Traded	Dalvin Cook RB BAL	Feebly	Rnd 7, Pick 5	Fri Apr 19 5:02pm CT

### Mr. Not Guilty

Released	Kyler Murray	ARI QB	Owner	Thu Jun 6 9:36am CT
Released	Matt Gay	IND K	Owner	Thu Jun 6 9:36am CT
Released	Elijah Moore	CLE WR	Owner	Thu Jun 6 9:36am CT
Released	Cordarrelle Patterson	PIT RB	Owner	Thu Jun 6 9:36am CT
Released	Cam Akers	MIN RB	Owner	Thu Jun 6 9:36am CT
Released	Denver Broncos	DEN D/ST	Owner	Thu Jun 6 9:36am CT
Released	Pierre Strong Jr.	CLE RB	Owner	Tue Mar 12 9:09am CT
Traded	Nico Collins WR HOU	ren LittleLebowskiUrbanAchieversIV250	Rachaad White RB TB Rnd 3, Pick 9	Mon Mar 11 7:39pm CT

### Pup

Released	Justice Hill	BAL RB	Owner	Sat Jul 6 10:28am CT
Released	Chris Rodriguez Jr.	WAS RB	Owner	Fri Jul 5 12:27pm CT
Released	Jake Browning	CIN QB	Owner	Thu Jul 4 10:09am CT
Released	Jake Bobo	SEA WR	Owner	Tue Jun 11 6:35pm CT
Released	Logan Thomas	SF TE	Owner	Tue Jun 11 6:35pm CT
Traded	Miles Sanders RB CAR	Feebly	Rnd 8, Pick 5	Sun Jul 7 7:30am CT
Traded	Rnd 9, Pick 12	Let's Ride The Green Cow (8th, 12th)	Dallas Cowboys D/ST	Tue Jul 2 10:06am CT
Traded	Rnd 3, Pick 11	FireSkunks2	Tyler Allgeier RB ATL Rnd 4, Pick 12 Rnd 10, Pick 1	Fri Jun 21 2:30pm CT
Traded	Gardner Minshew II QB LV	AngryLittleElfD1	Rnd 6, Pick 12	Wed May 1 11:00pm CT
Traded	Russell Wilson QB PIT Keenan Allen WR CHI Joe Mixon RB HOU Rnd 1, Pick 12	Black	Matthew Stafford QB LAR A.J. Brown WR PHI Josh Palmer WR LAC Rnd 3, Pick 11 Rnd 6, Pick 8 Rnd 8, Pick 11	Wed Apr 3 1:25pm CT

### ren LittleLebowskiUrbanAchieversIV250

Released	Treyton Burks	TEN WR	Owner	Tue Jul 2 6:12pm CT
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# The Leagues

Released	Michael Carter	ARI RB	Owner	Sun Mar 17 6:32pm CT
Released	Isaiah Spiller	LAC RB	Owner	Sun Mar 10 9:08am CT
Released	Gabriel Davis	JAX WR	Owner	Sun Mar 10 9:08am CT
Released	Kendrick Bourne	NE WR	Owner	Thu Mar 7 3:41pm CT
Released	Ronnie Rivers	LAR RB	Owner	Thu Mar 7 3:41pm CT
Released	Desmond Ridder	ARI QB	Owner	Thu Mar 7 3:41pm CT
Released	Evan McPherson	CIN K	Owner	Thu Mar 7 3:41pm CT
Off I/R	Kendrick Bourne	NE WR	Owner	Thu Mar 7 3:40pm CT
Off I/R	Keaton Mitchell	BAL RB	Owner	Thu Mar 7 3:40pm CT
Traded		AngryLittleElfD1		Tue Jul 2 6:09pm CT
	Keaton Mitchell RB BAL		Rnd 5, Pick 12	
Traded		Mr. Not Guilty		Mon Mar 11 7:39pm CT
	Rachaad White RB TB		Nico Collins WR HOU	
	Rnd 3, Pick 9			
Traded		Feebly		Sun Mar 10 9:06am CT
	Rnd 1, Pick 9		James Cook RB BUF	
	Rnd 2, Pick 9		Treylon Burks WR TEN	
			Zamir White RB LV	

## Rufus

Off I/R	Joe Burrow	CIN QB	Owner	Sun Jun 23 4:27pm CT
Released	Royce Freeman	DAL RB	Owner	Mon May 27 10:04am CT
Released	Jonnu Smith	MIA TE	Owner	Sat Apr 20 1:28pm CT
Released	Wil Lutz	DEN K	Owner	Sat Apr 20 1:28pm CT
Traded		AngryLittleElfD1		Fri May 17 8:11pm CT
	Tank Bigsby RB JAX		Rnd 7, Pick 2	
	Rnd 9, Pick 7			