



Week 1

\*Detroit Lions 6

Released	Jonathan Mingo	CAR WR	Owner	Sat Jul 13 9:11pm CT
Released	Case Keenum	HOU QB	Owner	Tue Jun 4 8:04pm CT
Released	Ameer Abdullah	LV RB	Owner	Tue Jun 4 8:04pm CT
Released	Emari Demercado	ARI RB	Owner	Tue Jun 4 8:04pm CT
Released	Tutu Atwell	LAR WR	Owner	Tue Jun 4 8:04pm CT
Released	Justin Watson	KC WR	Owner	Tue Jun 4 8:04pm CT
Released	Brandon Johnson	DEN WR	Owner	Tue Jun 4 8:04pm CT
Traded		Stubborn Brother Dynasty		Fri Jul 12 3:23pm CT
	Gabriel Davis WR JAX		Rnd 6, Pick 6	
Traded		I Must Break You		Thu Jul 11 9:38am CT
	Rnd 10, Pick 12		Gabriel Davis WR JAX	
Traded		FAKE NEWS(8)		Sat Jul 6 12:54pm CT
	Chase Brown RB CIN		Jerome Ford RB CLE	
Traded		Big Diggs Energy_SF		Wed Jun 26 9:12am CT
	Rnd 3, Pick 12		Khalil Shakir WR BUF Rnd 9, Pick 9	
Traded		Spring		Wed Jun 5 6:45am CT
	Jaleel McLaughlin RB DEN		Dameon Pierce RB HOU Rnd 5, Pick 4	

Bells of War

Released	Zach Evans	LAR RB	Owner	Sun Jun 16 5:15pm CT
Released	Alec Pierce	IND WR	Owner	Sun Jun 16 5:15pm CT
Released	Kayshon Boutte	NE WR	Owner	Mon Jun 3 4:16pm CT
Traded		Big Diggs Energy_SF		Mon Jun 3 4:42pm CT
	Ezekiel Elliott RB DAL		Rnd 6, Pick 9	

Big Diggs Energy\_SF

Released	Isaiah Likely	BAL TE	Owner	Fri Jul 12 11:45pm CT
Released	A.T. Perry	NO WR	Owner	Fri Jul 12 11:45pm CT
Released	Odell Beckham Jr.	MIA WR	Owner	Fri Jun 21 2:03am CT
Released	Kendrick Bourne	NE WR	Owner	Fri Jun 21 2:03am CT
Released	Michael Thomas	NO WR	Owner	Fri May 17 7:00pm CT
Released	Jimmy Garoppolo	LAR QB	Owner	Fri May 17 7:00pm CT
Traded		*Detroit Lions 6		Wed Jun 26 9:12am CT
	Khalil Shakir WR BUF Rnd 9, Pick 9		Rnd 3, Pick 12	
Traded		Stubborn Brother Dynasty		Tue Jun 4 11:51am CT
	Adam Thielen WR CAR		Rnd 7, Pick 6	
Traded		Bells of War		Mon Jun 3 4:42pm CT
	Rnd 6, Pick 9		Ezekiel Elliott RB DAL	
Traded		Stubborn Brother Dynasty		Fri May 17 6:59pm CT
	Rnd 4, Pick 9		Jalin Hyatt WR NYG	



### clear water

Released	Jeff Wilson	MIA RB	Owner	Fri Jul 12 7:46am CT
Released	Kenneth Gainwell	PHI RB	Owner	Fri Jul 12 7:46am CT
Released	Cam Akers	MIN RB	Owner	Fri Jul 12 7:46am CT
Released	Kadarius Toney	KC WR	Owner	Fri Jul 12 7:46am CT
Released	Irv Smith Jr.	KC TE	Owner	Fri Jul 12 7:46am CT
Released	Gerald Everett	CHI TE	Owner	Fri Jul 12 7:46am CT

### FAKE NEWS(8)

Released	Michael Mayer	LV TE	Owner	Wed Jun 26 5:37pm CT
Released	Cedric Tillman	CLE WR	Owner	Tue Mar 12 11:42am CT
Traded		*Detroit Lions 6		Sat Jul 6 12:54pm CT
	Jerome Ford RB CLE		Chase Brown RB CIN	
Traded		I Must Break You		Tue Apr 30 9:02pm CT
	Gabriel Davis WR JAX		Antonio Gibson RB NE	

### I Must Break You

Released	AJ Dillon	GB RB	Owner	Thu Jul 11 8:19am CT
Released	D.J. Chark	LAC WR	Owner	Thu Jul 11 8:19am CT
Released	D'Ernest Johnson	JAX RB	Owner	Wed Jul 10 8:11am CT
Released	Rondale Moore	ATL WR	Owner	Wed Jul 10 8:11am CT
Released	Clyde Edwards-Helaire	KC RB	Owner	Wed Jul 10 8:11am CT
Traded		*Detroit Lions 6		Thu Jul 11 9:38am CT
	Gabriel Davis WR JAX		Rnd 10, Pick 12	
Traded		FAKE NEWS(8)		Tue Apr 30 9:02pm CT
	Antonio Gibson RB NE		Gabriel Davis WR JAX	
Traded		Spicy Chicken Sandwich		Mon Mar 11 3:36pm CT
	Rnd 1, Pick 7		Devin Singletary RB NYG	
			Rnd 2, Pick 4	

### MOC6-StartUpChamp (SF)

Released	Keaton Mitchell	BAL RB	Owner	Sat Jul 13 2:30pm CT
Released	Cedrick Wilson	NO WR	Owner	Wed Jul 10 6:11pm CT
Released	John Metchie III	HOU WR	Owner	Wed Jul 10 6:11pm CT
Released	Jerick McKinnon	KC RB	Owner	Wed Jul 10 6:11pm CT
Released	Tucker Kraft	GB TE	Owner	Wed Jul 10 6:11pm CT
Released	Kenny Pickett	PHI QB	Owner	Wed Jul 10 6:11pm CT
Released	Joe Flacco	IND QB	Owner	Wed Jul 10 6:11pm CT
Off I/R	Jerick McKinnon	KC RB	Owner	Sat Apr 6 6:14pm CT
Off I/R	Keaton Mitchell	BAL RB	Owner	Sat Apr 6 6:14pm CT

### Sneaky Pete

Released	Darius Slayton	NYG WR	Owner	Sat Jul 13 5:41pm CT
Released	Dalton Schultz	HOU TE	Owner	Sat Jul 13 5:41pm CT
Released	Tyler Boyd	TEN WR	Owner	Mon Jul 8 4:51pm CT
Released	Mecole Hardman	KC WR	Owner	Mon Jul 8 4:51pm CT
Released	Robert Woods	HOU WR	Owner	Mon Jul 8 4:29pm CT
Released	JuJu Smith-Schuster	NE WR	Owner	Mon Jul 8 4:29pm CT



# 2023 Dynasty Startup!

Released	Allen Lazard	NYJ WR	Owner	Mon Jul 8 4:29pm CT
Released	Joshua Kelley	LAC RB	Owner	Mon Jul 8 4:29pm CT
Released	Mike White	MIA QB	Owner	Mon Jul 8 4:29pm CT
Off I/R	Mike Williams	NYJ WR	Owner	Wed May 8 4:49pm CT
Off I/R	Daniel Jones	NYG QB	Owner	Wed May 8 4:49pm CT
Traded		Spring		Fri Jul 5 3:14am CT
	Mike Williams WR NYJ		Kirk Cousins QB ATL	
	Dorian Thompson-Robinson QB CLE		Quentin Johnston WR LAC	
	Rnd 1, Pick 1		Rashee Rice WR KC	
	Rnd 2, Pick 1		Rnd 1, Pick 4	
	Rnd 3, Pick 1		Rnd 3, Pick 8	

## Spicy Chicken Sandwich

Released	Dalvin Cook	BAL RB	Owner	Sun May 12 9:37am CT
Released	Tyler Scott	CHI WR	Owner	Thu May 2 9:44pm CT
Released	Damien Harris	BUF RB	Owner	Mon Mar 25 10:05pm CT
Traded		Stubborn Brother Dynasty		Wed May 15 2:14pm CT
	Rnd 1, Pick 8		Rnd 1, Pick 6	
	Rnd 3, Pick 2		Rnd 5, Pick 6	
Traded		I Must Break You		Mon Mar 11 3:36pm CT
	Devin Singletary RB NYG		Rnd 1, Pick 7	
	Rnd 2, Pick 4			
Traded		Spring		Sat Mar 9 1:59pm CT
	Rnd 2, Pick 6		Rnd 2, Pick 4	
	Rnd 3, Pick 8			

## Spring

Released	Josh Reynolds	DEN WR	Owner	Sat Jul 13 8:40pm CT
Released	Dorian Thompson-Robinson	CLE QB	Owner	Sat Jul 13 8:40pm CT
Released	Tommy DeVito	NYG QB	Owner	Sat Jul 13 8:40pm CT
Released	Hendon Hooker	DET QB	Owner	Wed Jun 19 4:41pm CT
Released	Logan Thomas	SF TE	Owner	Wed Jun 19 4:41pm CT
Off I/R	Kirk Cousins	ATL QB	Owner	Wed Jun 5 5:55am CT
Off I/R	Joe Burrow	CIN QB	Owner	Wed Jun 5 5:55am CT
Released	Darrell Henderson	LAR RB	Owner	Wed Jun 5 5:55am CT
Released	Latavius Murray	BUF RB	Owner	Wed Jun 5 5:55am CT
Released	Bailey Zappe	NE QB	Owner	Wed Jun 5 5:55am CT
Traded		Sneaky Pete		Fri Jul 5 3:14am CT
	Kirk Cousins QB ATL		Mike Williams WR NYJ	
	Quentin Johnston WR LAC		Dorian Thompson-Robinson QB CLE	
	Rashee Rice WR KC		Rnd 1, Pick 1	
	Rnd 1, Pick 4		Rnd 2, Pick 1	
	Rnd 3, Pick 8		Rnd 3, Pick 1	
Traded		*Detroit Lions 6		Wed Jun 5 6:45am CT
	Dameon Pierce RB HOU		Jaleel McLaughlin RB DEN	
	Rnd 5, Pick 4			
Traded		Stubborn Brother Dynasty		Mon Apr 1 2:45pm CT
	Rnd 4, Pick 7		Raheem Mostert RB MIA	
Traded		Spicy Chicken Sandwich		Sat Mar 9 1:59pm CT
	Rnd 2, Pick 4		Rnd 2, Pick 6	



Rnd 3, Pick 8

### Stubborn Brother Dynasty

Released	Juwan Johnson	NO TE	Owner	Sat Jun 22 12:50pm CT
Released	Darren Waller	NYG TE	Owner	Thu Apr 11 5:28pm CT
Traded		*Detroit Lions 6		Fri Jul 12 3:23pm CT
	Rnd 6, Pick 6		Gabriel Davis WR JAX	
Traded		Big Diggs Energy_SF		Tue Jun 4 11:51am CT
	Rnd 7, Pick 6		Adam Thielen WR CAR	
Traded		Big Diggs Energy_SF		Fri May 17 6:59pm CT
	Jalin Hyatt WR NYG		Rnd 4, Pick 9	
Traded		Spicy Chicken Sandwich		Wed May 15 2:14pm CT
	Rnd 1, Pick 6		Rnd 1, Pick 8	
	Rnd 5, Pick 6		Rnd 3, Pick 2	
Traded		Spring		Mon Apr 1 2:45pm CT
	Raheem Mostert RB MIA		Rnd 4, Pick 7	

### zSTL City

Released	J.K. Dobbins	LAC RB	Owner	Sun Jul 14 8:08pm CT
Released	Raheem Blackshear	CAR RB	Owner	Sat Jul 13 9:17am CT
Released	Sam Howell	SEA QB	Owner	Sat Jul 13 9:17am CT
Released	Tanner Hudson	CIN TE	Owner	Sat Jul 13 9:17am CT
Released	D'Onta Foreman	CLE RB	Owner	Sat Jul 13 9:17am CT
Released	Kareem Hunt	CLE RB	Owner	Sat Jul 13 9:17am CT
Released	Samaje Perine	DEN RB	Owner	Sat Jul 13 9:17am CT
Released	Tyler Higbee	LAR TE	Owner	Sat Jul 13 9:17am CT