



Week 1

250dynastyNewMike

Released	Jonnu Smith	MIA TE	Owner	Sun Jul 14 10:16pm CT
Released	Jamaal Williams	NO RB	Owner	Sun Jul 14 10:16pm CT
Released	Bailey Zappe	NE QB	Owner	Sun Jul 14 10:16pm CT
Released	Jerick McKinnon	KC RB	Owner	Sun Jul 14 10:16pm CT
Released	Trey Palmer	TB WR	Owner	Sun Jul 14 10:16pm CT
Released	Tyler Higbee	LAR TE	Owner	Sun Jul 14 10:16pm CT
Traded		Roof		Wed May 29 1:53pm CT
	2025 Draft, Rnd 2		T.J. Hockenson TE MIN	
Traded		GAMEDAY		Sun Apr 21 1:13am CT
	Rnd 6, Pick 10		Rnd 7, Pick 5	
			Rnd 8, Pick 5	
			Rnd 9, Pick 5	
			Rnd 10, Pick 5	

BigLondon7

Released	Odell Beckham Jr.	MIA WR	Owner	Sun Jul 14 11:01am CT
Released	Josh Reynolds	DEN WR	Owner	Sun Jul 14 11:01am CT
Released	D.J. Chark	LAC WR	Owner	Sun Jul 14 11:01am CT
Released	Tyler Boyd	TEN WR	Owner	Sun Jul 14 11:01am CT
Released	D'Onta Foreman	CLE RB	Owner	Sun Jul 14 11:01am CT
Released	Detroit Lions	DET D/ST	Owner	Fri Jul 12 11:55am CT
Released	Jalin Hyatt	NYG WR	Owner	Fri Jul 12 11:55am CT
Released	Jake Moody	SF K	Owner	Fri Jul 12 11:55am CT
Traded		Tiger Bait D250-4		Sat Jul 20 9:51am CT
	Joe Mixon RB HOU		Isiah Pacheco RB KC	

Chachi Dyn 250

Released	Isaiah Spiller	LAC RB	Owner	Fri Jul 5 6:35am CT
Released	Sam Howell	SEA QB	Owner	Thu Jun 13 8:50am CT
Released	Hendon Hooker	DET QB	Owner	Thu Jun 6 7:30am CT
Released	Miami Dolphins	MIA D/ST	Owner	Mon Apr 15 8:46am CT
Traded		This league is Molasses		Wed Jul 10 7:03pm CT
	Zamir White RB LV		Tyler Allgeier RB ATL	
	Rnd 2, Pick 10		Rnd 1, Pick 6	
Traded		Dynasty Swagg		Sun Jun 2 1:10pm CT
	Rnd 2, Pick 8		Rnd 2, Pick 5	
	Rnd 3, Pick 8			

Dynasty Swagg

Released	Zach Evans	LAR RB	Owner	Sun Jun 16 5:14pm CT
Released	Antonio Gibson	NE RB	Owner	Sun Jun 16 5:14pm CT
Released	Brandin Cooks	DAL WR	Owner	Sun Jun 16 5:14pm CT
Released	Alec Pierce	IND WR	Owner	Sun Jun 16 5:14pm CT
Released	Adam Thielen	CAR WR	Owner	Sun Jun 16 5:14pm CT
Released	Justin Tucker	BAL K	Owner	Sun Jun 16 5:14pm CT
Released	Juwan Johnson	NO TE	Owner	Mon Jun 3 2:30pm CT



Released	Allen Lazard	NYJ WR	Owner	Mon Jun 3 2:30pm CT
Released	Deuce Vaughn	DAL RB	Owner	Mon Jun 3 2:30pm CT
Traded		Fighting Orkans D250	2025 Draft, Rnd 8	Tue Jul 23 3:37pm CT
Traded	Dameon Pierce RB HOU	Tiger Bait D250-4	Rnd 6, Pick 4	Sun Jul 7 7:12pm CT
Traded	Rnd 2, Pick 11 Rnd 2, Pick 12	Tiger Bait D250-4	Rashee Rice WR KC	Fri Jun 21 7:49pm CT
Traded	Rnd 2, Pick 5	Chachi Dyn 250	Rnd 2, Pick 8 Rnd 3, Pick 8	Sun Jun 2 1:10pm CT
Traded	Rnd 2, Pick 6 Rnd 4, Pick 1	Fighting Orkans D250	Keenan Allen WR CHI	Wed May 29 4:33pm CT
Traded	Rnd 1, Pick 5	GAMEDAY	Rnd 2, Pick 5 Rnd 2, Pick 6 Rnd 2, Pick 7	Tue May 14 9:34pm CT
Traded	Rnd 2, Pick 1 Rnd 3, Pick 10	GAMEDAY	Rnd 2, Pick 11 Rnd 2, Pick 12 Rnd 3, Pick 1	Sun May 12 8:21pm CT
Traded	Rnd 1, Pick 1 Rnd 3, Pick 1	GAMEDAY	Drake London WR ATL Rnd 1, Pick 5 Rnd 2, Pick 1	Thu Apr 4 5:56pm CT
Traded	Calvin Ridley WR TEN	This league is Molasses	Austin Ekeler RB WAS	Thu Apr 4 4:21pm CT

Fighting Orkans D250

On I/R	Jayden Reed	GB WR	Owner	Fri Aug 2 10:12am CT
On I/R	Jonathon Brooks	CAR RB	Owner	Wed Jul 31 9:55pm CT
Off I/R	Ricky Pearsall	SF WR	Owner	Mon Jul 29 1:39pm CT
Off I/R	Jonathon Brooks	CAR RB	Owner	Mon Jul 29 1:39pm CT
Off I/R	Jayden Reed	GB WR	Owner	Sun Jul 28 3:32pm CT
On I/R	Ricky Pearsall	SF WR	Owner	Sun Jul 28 3:32pm CT
On I/R	Jayden Reed	GB WR	Owner	Sun Jul 21 10:10pm CT
On I/R	Jonathon Brooks	CAR RB	Owner	Sun Jul 21 10:10pm CT
Released	Baker Mayfield	TB QB	Owner	Fri Jul 12 12:08pm CT
Released	Kenny Pickett	PHI QB	Owner	Sun Jun 16 8:06pm CT
Released	Sky Moore	KC WR	Owner	Sun Jun 16 8:06pm CT
Traded	Rnd 9, Pick 12 Rnd 10, Pick 12	GAMEDAY	2025 Draft, Rnd 7	Wed Jul 24 3:24pm CT
Traded	2025 Draft, Rnd 8	Dynasty Swagg		Tue Jul 23 3:37pm CT
Traded	Rnd 3, Pick 12	Tiger Bait D250-4	2025 Draft, Rnd 2	Sun Jul 21 9:05pm CT



Traded	CeeDee Lamb WR DAL Jerome Ford RB CLE	GAMEDAY	Jaylen Waddle WR MIA Zay Flowers WR BAL Rnd 1, Pick 5	Fri Jul 12 10:07am CT
Traded	Ty Chandler RB MIN Rnd 7, Pick 12 Rnd 8, Pick 12	This league is Molasses	Gus Edwards RB LAC	Wed Jul 10 6:09pm CT
Traded	Joe Burrow QB CIN Isaiah Likely TE BAL	The Thin Man Again	Michael Pittman Jr. WR IND Rnd 2, Pick 3	Fri Jul 5 6:29pm CT
Traded	Roschon Johnson RB CHI	GAMEDAY	Rnd 3, Pick 10	Sat Jun 29 11:18am CT
Traded	Keenan Allen WR CHI	Dynasty Swagg	Rnd 2, Pick 6 Rnd 4, Pick 1	Wed May 29 4:33pm CT

Fire It Up

Released	Cedric Tillman	CLE WR	Owner	Sun Jul 14 12:36am CT
Released	Israel Abanikanda	NYJ RB	Owner	Sun Jul 14 12:36am CT
Released	Noah Brown	HOU WR	Owner	Fri Jul 5 3:58am CT
Released	K.J. Osborn	NE WR	Owner	Fri Jul 5 3:58am CT
Released	Evan Hull	IND RB	Owner	Sun Apr 14 11:35pm CT
Released	Hunter Henry	NE TE	Owner	Sun Apr 14 11:35pm CT

GAMEDAY

Released	Chigoziem Okonkwo	TEN TE	Owner	Wed Jul 10 4:28pm CT
Released	Derek Carr	NO QB	Owner	Fri Apr 19 9:28pm CT
Traded	2025 Draft, Rnd 7	Fighting Orkans D250	Rnd 9, Pick 12 Rnd 10, Pick 12	Wed Jul 24 3:24pm CT
Traded	Jaylen Waddle WR MIA Zay Flowers WR BAL Rnd 1, Pick 5	Fighting Orkans D250	CeeDee Lamb WR DAL Jerome Ford RB CLE	Fri Jul 12 10:07am CT
Traded	Rnd 3, Pick 10	Fighting Orkans D250	Roschon Johnson RB CHI	Sat Jun 29 11:18am CT
Traded	Rnd 2, Pick 5 Rnd 2, Pick 6 Rnd 2, Pick 7	Dynasty Swagg	Rnd 1, Pick 5	Tue May 14 9:34pm CT
Traded	Rnd 2, Pick 11 Rnd 2, Pick 12 Rnd 3, Pick 1	Dynasty Swagg	Rnd 2, Pick 1 Rnd 3, Pick 10	Sun May 12 8:21pm CT
Traded	Rnd 7, Pick 5 Rnd 8, Pick 5 Rnd 9, Pick 5	250dynastyNewMike	Rnd 6, Pick 10	Sun Apr 21 1:13am CT



Rnd 10, Pick 5

Traded

Drake London WR ATL
Rnd 1, Pick 5
Rnd 2, Pick 1

Dynasty Swagg

Rnd 1, Pick 1
Rnd 3, Pick 1

Thu Apr 4 5:56pm CT

MAGANIFICENT

On I/R

Keaton Mitchell

BAL RB

Owner

Mon Jul 15 10:49pm CT

Released

Cam Akers

HOU RB

Owner

Tue Apr 23 9:32am CT

Traded

Rnd 6, Pick 8
Rnd 6, Pick 11

This league is Molasses

Rnd 5, Pick 6

Wed Jul 10 12:18pm CT

Traded

Rnd 5, Pick 11

Tiger Bait D250-4

Rnd 6, Pick 8
Rnd 7, Pick 8
Rnd 8, Pick 4

Fri Jun 21 9:10pm CT

Traded

George Kittle TE SF
Courtland Sutton WR DEN

Tiger Bait D250-4

Rnd 2, Pick 4
Rnd 2, Pick 11
Rnd 4, Pick 4

Fri Jun 21 8:58pm CT

Roof

Released

Jake Browning

CIN QB

Owner

Sun Jul 7 10:13pm CT

Traded

Rnd 8, Pick 7

Tiger Bait D250-4

Khalil Herbert RB CHI

Fri Jun 28 12:01pm CT

Traded

Jakobi Meyers WR LV
Marvin Mims WR DEN
Rnd 9, Pick 7
Rnd 10, Pick 7

Tiger Bait D250-4

Rnd 2, Pick 12
Rnd 4, Pick 8

Fri Jun 28 11:38am CT

Traded

Isiah Pacheco RB KC
Rnd 1, Pick 7

Tiger Bait D250-4

Rhamondre Stevenson RB NE
Jaylen Warren RB PIT
Rnd 1, Pick 4

Fri Jun 28 8:46am CT

Traded

T.J. Hockenson TE MIN

250dynastyNewMike

2025 Draft, Rnd 1
2025 Draft, Rnd 2

Wed May 29 1:53pm CT

The Thin Man Again

Released

Luke Schoonmaker

DAL TE

Owner

Sun Jul 7 4:24pm CT

Released

Cincinnati Bengals

CIN D/ST

Owner

Fri Jul 5 8:27am CT

Released

John Metchie III

HOU WR

Owner

Fri Jul 5 8:27am CT

Released

Dalvin Cook

BAL RB

Owner

Fri Jul 5 8:27am CT

Released

Justin Fields

PIT QB

Owner

Fri Jul 5 8:27am CT

Released

Damien Harris

BUF RB

Owner

Fri Jul 5 8:27am CT

Released

Darren Waller

NYG TE

Owner

Fri Jul 5 8:27am CT

Traded

Michael Pittman Jr. WR IND

Fighting Orkans D250

Joe Burrow QB CIN

Fri Jul 5 6:29pm CT



Rnd 2, Pick 3

Isaiah Likely TE BAL

This league is Molasses

On I/R	Kendrick Bourne	NE WR	Owner	Wed Jul 24 2:15pm CT
Released	Khalil Shakir	BUF WR	Owner	Thu Jun 13 7:02am CT
Released	Dontayvion Wicks	GB WR	Owner	Fri Jun 7 8:11am CT
Released	Russell Wilson	PIT QB	Owner	Thu May 23 5:35pm CT
Released	Kendrick Bourne	NE WR	Owner	Tue May 14 8:08am CT
Released	Michael Wilson	ARI WR	Owner	Fri May 10 5:32pm CT
Released	Emari Demercado	ARI RB	Owner	Wed Mar 13 2:37pm CT
Released	A.T. Perry	NO WR	Owner	Wed Mar 13 2:37pm CT
Traded		Chachi Dyn 250		Wed Jul 10 7:03pm CT
	Tyler Allgeier RB ATL		Zamir White RB LV	
	Rnd 1, Pick 6		Rnd 2, Pick 10	
Traded		Fighting Orkans D250		Wed Jul 10 6:09pm CT
	Gus Edwards RB LAC		Ty Chandler RB MIN	
			Rnd 7, Pick 12	
			Rnd 8, Pick 12	
Traded		MAGANIFICENT		Wed Jul 10 12:18pm CT
	Rnd 5, Pick 6		Rnd 6, Pick 8	
			Rnd 6, Pick 11	
Traded		Tiger Bait D250-4		Thu Jun 27 8:25am CT
	Zack Moss RB CIN		Mike Evans WR TB	
Traded		Dynasty Swagg		Thu Apr 4 4:21pm CT
	Austin Ekeler RB WAS		Calvin Ridley WR TEN	

Tiger Bait D250-4

Released	Michael Thomas	NO WR	Owner	Sun Jul 7 7:20pm CT
Released	AJ Dillon	GB RB	Owner	Fri Jun 28 12:05pm CT
Released	Jordan Mason	SF RB	Owner	Fri Jun 28 12:01pm CT
Released	Philadelphia Eagles	PHI D/ST	Owner	Wed Jun 26 6:37pm CT
Released	Cameron Dicker	LAC K	Owner	Wed Jun 26 6:37pm CT
Released	Jeff Wilson	MIA RB	Owner	Wed Jun 26 6:37pm CT
Released	Luke Musgrave	GB TE	Owner	Wed Jun 26 6:37pm CT
Released	Tampa Bay Buccaneers	TB D/ST	Owner	Fri Jun 21 1:46pm CT
Off I/R	Luke Musgrave	GB TE	Owner	Fri Jun 21 1:45pm CT
Off I/R	Michael Thomas	NO WR	Owner	Fri Jun 21 1:45pm CT
Released	Darrell Henderson	LAR RB	Owner	Fri Jun 21 1:45pm CT
Traded		Fighting Orkans D250		Sun Jul 21 9:05pm CT
	2025 Draft, Rnd 2		Rnd 3, Pick 12	
Traded		BigLondon7		Sat Jul 20 9:51am CT
	Isiah Pacheco RB KC		Joe Mixon RB HOU	
Traded		Dynasty Swagg		Sun Jul 7 7:12pm CT
	Rnd 6, Pick 4		Dameon Pierce RB HOU	
Traded		Roof		Fri Jun 28 12:01pm CT
	Khalil Herbert RB CHI		Rnd 8, Pick 7	
Traded		Roof		Fri Jun 28 11:38am CT
	Rnd 2, Pick 12		Jakobi Meyers WR LV	
	Rnd 4, Pick 8		Marvin Mims WR DEN	



RealTime Dynasty

Rnd 9, Pick 7
Rnd 10, Pick 7

Traded

Rhamondre Stevenson RB NE
Jaylen Warren RB PIT
Rnd 1, Pick 4

Roof

Isiah Pacheco RB KC
Rnd 1, Pick 7

Fri Jun 28 8:46am CT

Traded

Mike Evans WR TB

This league is Molasses

Zack Moss RB CIN

Thu Jun 27 8:25am CT

Traded

Rnd 6, Pick 8
Rnd 7, Pick 8
Rnd 8, Pick 4

MAGANIFICENT

Rnd 5, Pick 11

Fri Jun 21 9:10pm CT

Traded

Rnd 2, Pick 4
Rnd 2, Pick 11
Rnd 4, Pick 4

MAGANIFICENT

George Kittle TE SF
Courtland Sutton WR DEN

Fri Jun 21 8:58pm CT

Traded

Rashee Rice WR KC

Dynasty Swagg

Rnd 2, Pick 11
Rnd 2, Pick 12

Fri Jun 21 7:49pm CT