



Week 1

250dynastyNewMike

Released	Jonnu Smith	MIA TE	Owner	Sun Jul 14 10:16pm CT
Released	Jamaal Williams	NO RB	Owner	Sun Jul 14 10:16pm CT
Released	Bailey Zappe	NE QB	Owner	Sun Jul 14 10:16pm CT
Released	Jerick McKinnon	KC RB	Owner	Sun Jul 14 10:16pm CT
Released	Trey Palmer	TB WR	Owner	Sun Jul 14 10:16pm CT
Released	Tyler Higbee	LAR TE	Owner	Sun Jul 14 10:16pm CT
Traded		Roof		Wed May 29 1:53pm CT
	2025 Draft, Rnd 2		T.J. Hockenson TE MIN	
Traded		GAMEDAY(p1)		Sun Apr 21 1:13am CT
	Rnd 6, Pick 10		Rnd 7, Pick 5	
			Rnd 8, Pick 5	
			Rnd 9, Pick 5	
			Rnd 10, Pick 5	

BigLondon7

Released	Odell Beckham Jr.	MIA WR	Owner	Sun Jul 14 11:01am CT
Released	Josh Reynolds	DEN WR	Owner	Sun Jul 14 11:01am CT
Released	D.J. Chark	LAC WR	Owner	Sun Jul 14 11:01am CT
Released	Tyler Boyd	TEN WR	Owner	Sun Jul 14 11:01am CT
Released	D'Onta Foreman	CLE RB	Owner	Sun Jul 14 11:01am CT
Released	Detroit Lions	DET D/ST	Owner	Fri Jul 12 11:55am CT
Released	Jalin Hyatt	NYG WR	Owner	Fri Jul 12 11:55am CT
Released	Jake Moody	SF K	Owner	Fri Jul 12 11:55am CT

Chachi Dyn 250

Released	Isaiah Spiller	LAC RB	Owner	Fri Jul 5 6:35am CT
Released	Sam Howell	SEA QB	Owner	Thu Jun 13 8:50am CT
Released	Hendon Hooker	DET QB	Owner	Thu Jun 6 7:30am CT
Released	Miami Dolphins	MIA D/ST	Owner	Mon Apr 15 8:46am CT
Traded		This league is Molasses		Wed Jul 10 7:03pm CT
	Zamir White RB LV		Tyler Allgeier RB ATL	
	Rnd 2, Pick 10		Rnd 1, Pick 6	
Traded		Dynasty Swagg		Sun Jun 2 1:10pm CT
	Rnd 2, Pick 8		Rnd 2, Pick 5	
	Rnd 3, Pick 8			

Dynasty Swagg

Released	Zach Evans	LAR RB	Owner	Sun Jun 16 5:14pm CT
Released	Antonio Gibson	NE RB	Owner	Sun Jun 16 5:14pm CT
Released	Brandin Cooks	DAL WR	Owner	Sun Jun 16 5:14pm CT
Released	Alec Pierce	IND WR	Owner	Sun Jun 16 5:14pm CT
Released	Adam Thielen	CAR WR	Owner	Sun Jun 16 5:14pm CT
Released	Justin Tucker	BAL K	Owner	Sun Jun 16 5:14pm CT
Released	Juwan Johnson	NO TE	Owner	Mon Jun 3 2:30pm CT
Released	Allen Lazard	NYJ WR	Owner	Mon Jun 3 2:30pm CT
Released	Deuce Vaughn	DAL RB	Owner	Mon Jun 3 2:30pm CT
Traded		Tiger Bait D250-4		Sun Jul 7 7:12pm CT



	Dameon Pierce RB HOU		Rnd 6, Pick 4	
Traded		Tiger Bait D250-4		Fri Jun 21 7:49pm CT
	Rnd 2, Pick 11 Rnd 2, Pick 12		Rashee Rice WR KC	
Traded		Chachi Dyn 250		Sun Jun 2 1:10pm CT
	Rnd 2, Pick 5		Rnd 2, Pick 8 Rnd 3, Pick 8	
Traded		Fighting Orkans D250		Wed May 29 4:33pm CT
	Rnd 2, Pick 6 Rnd 4, Pick 1		Keenan Allen WR CHI	
Traded		GAMEDAY(p1)		Tue May 14 9:34pm CT
	Rnd 1, Pick 5		Rnd 2, Pick 5 Rnd 2, Pick 6 Rnd 2, Pick 7	
Traded		GAMEDAY(p1)		Sun May 12 8:21pm CT
	Rnd 2, Pick 1 Rnd 3, Pick 10		Rnd 2, Pick 11 Rnd 2, Pick 12 Rnd 3, Pick 1	
Traded		GAMEDAY(p1)		Thu Apr 4 5:56pm CT
	Rnd 1, Pick 1 Rnd 3, Pick 1		Drake London WR ATL Rnd 1, Pick 5 Rnd 2, Pick 1	
Traded		This league is Molasses		Thu Apr 4 4:21pm CT
	Calvin Ridley WR TEN		Austin Ekeler RB WAS	

### Fighting Orkans D250

Released	Baker Mayfield	TB QB	Owner	Fri Jul 12 12:08pm CT
Released	Sky Moore	KC WR	Owner	Sun Jun 16 8:06pm CT
Released	Kenny Pickett	PHI QB	Owner	Sun Jun 16 8:06pm CT
Traded		GAMEDAY(p1)		Fri Jul 12 10:07am CT
	CeeDee Lamb WR DAL Jerome Ford RB CLE		Jaylen Waddle WR MIA Zay Flowers WR BAL Rnd 1, Pick 5	
Traded		This league is Molasses		Wed Jul 10 6:09pm CT
	Ty Chandler RB MIN Rnd 7, Pick 12 Rnd 8, Pick 12		Gus Edwards RB LAC	
Traded		The Thin Man Again		Fri Jul 5 6:29pm CT
	Joe Burrow QB CIN Isaiah Likely TE BAL		Michael Pittman Jr. WR IND Rnd 2, Pick 3	
Traded		GAMEDAY(p1)		Sat Jun 29 11:18am CT
	Roschon Johnson RB CHI		Rnd 3, Pick 10	
Traded		Dynasty Swagg		Wed May 29 4:33pm CT
	Keenan Allen WR CHI		Rnd 2, Pick 6 Rnd 4, Pick 1	

### Fire It Up



Released	Cedric Tillman	CLE WR	Owner	Sun Jul 14 12:36am CT
Released	Israel Abanikanda	NYJ RB	Owner	Sun Jul 14 12:36am CT
Released	Noah Brown	HOU WR	Owner	Fri Jul 5 3:58am CT
Released	K.J. Osborn	NE WR	Owner	Fri Jul 5 3:58am CT
Released	Evan Hull	IND RB	Owner	Sun Apr 14 11:35pm CT
Released	Hunter Henry	NE TE	Owner	Sun Apr 14 11:35pm CT

### GAMEDAY(p1)

Released	Chigoziem Okonkwo	TEN TE	Owner	Wed Jul 10 4:28pm CT
Released	Derek Carr	NO QB	Owner	Fri Apr 19 9:28pm CT
Traded		Fighting Orkans D250		Fri Jul 12 10:07am CT
	Jaylen Waddle WR MIA		CeeDee Lamb WR DAL	
	Zay Flowers WR BAL		Jerome Ford RB CLE	
	Rnd 1, Pick 5			
Traded		Fighting Orkans D250		Sat Jun 29 11:18am CT
	Rnd 3, Pick 10		Roschon Johnson RB CHI	
Traded		Dynasty Swagg		Tue May 14 9:34pm CT
	Rnd 2, Pick 5		Rnd 1, Pick 5	
	Rnd 2, Pick 6			
	Rnd 2, Pick 7			
Traded		Dynasty Swagg		Sun May 12 8:21pm CT
	Rnd 2, Pick 11		Rnd 2, Pick 1	
	Rnd 2, Pick 12		Rnd 3, Pick 10	
	Rnd 3, Pick 1			
Traded		250dynastyNewMike		Sun Apr 21 1:13am CT
	Rnd 7, Pick 5		Rnd 6, Pick 10	
	Rnd 8, Pick 5			
	Rnd 9, Pick 5			
	Rnd 10, Pick 5			
Traded		Dynasty Swagg		Thu Apr 4 5:56pm CT
	Drake London WR ATL		Rnd 1, Pick 1	
	Rnd 1, Pick 5		Rnd 3, Pick 1	
	Rnd 2, Pick 1			

### Lets Go Brandon

Released	Cam Akers	MIN RB	Owner	Tue Apr 23 9:32am CT
Traded		This league is Molasses		Wed Jul 10 12:18pm CT
	Rnd 6, Pick 8		Rnd 5, Pick 6	
	Rnd 6, Pick 11			
Traded		Tiger Bait D250-4		Fri Jun 21 9:10pm CT
	Rnd 5, Pick 11		Rnd 6, Pick 8	
			Rnd 7, Pick 8	
			Rnd 8, Pick 4	
			Rnd 9, Pick 4	
			Rnd 10, Pick 4	
Traded		Tiger Bait D250-4		Fri Jun 21 8:58pm CT
	George Kittle TE SF		Rnd 2, Pick 4	
	Courtland Sutton WR DEN		Rnd 2, Pick 11	
			Rnd 4, Pick 4	



### Roof

Released	Jake Browning	CIN QB	Owner	Sun Jul 7 10:13pm CT
Traded		Tiger Bait D250-4		Fri Jun 28 12:01pm CT
	Rnd 8, Pick 7		Khalil Herbert RB CHI	
Traded		Tiger Bait D250-4		Fri Jun 28 11:38am CT
	Jakobi Meyers WR LV		Rnd 2, Pick 12	
	Marvin Mims WR DEN		Rnd 4, Pick 8	
	Rnd 9, Pick 7			
	Rnd 10, Pick 7			
Traded		Tiger Bait D250-4		Fri Jun 28 8:46am CT
	Isiah Pacheco RB KC		Rhamondre Stevenson RB NE	
	Rnd 1, Pick 7		Jaylen Warren RB PIT	
			Rnd 1, Pick 4	
Traded		250dynastyNewMike		Wed May 29 1:53pm CT
	T.J. Hockenson TE MIN		2025 Draft, Rnd 1	
			2025 Draft, Rnd 2	

### The Thin Man Again

Released	Luke Schoonmaker	DAL TE	Owner	Sun Jul 7 4:24pm CT
Released	Cincinnati Bengals	CIN D/ST	Owner	Fri Jul 5 8:27am CT
Released	John Metchie III	HOU WR	Owner	Fri Jul 5 8:27am CT
Released	Dalvin Cook	BAL RB	Owner	Fri Jul 5 8:27am CT
Released	Justin Fields	PIT QB	Owner	Fri Jul 5 8:27am CT
Released	Damien Harris	BUF RB	Owner	Fri Jul 5 8:27am CT
Released	Darren Waller	NYG TE	Owner	Fri Jul 5 8:27am CT
Traded		Fighting Orkans D250		Fri Jul 5 6:29pm CT
	Michael Pittman Jr. WR IND		Joe Burrow QB CIN	
	Rnd 2, Pick 3		Isaiah Likely TE BAL	

### This league is Molasses

Released	Khalil Shakir	BUF WR	Owner	Thu Jun 13 7:02am CT
Released	Dontayvion Wicks	GB WR	Owner	Fri Jun 7 8:11am CT
Released	Russell Wilson	PIT QB	Owner	Thu May 23 5:35pm CT
Released	Kendrick Bourne	NE WR	Owner	Tue May 14 8:08am CT
Released	Michael Wilson	ARI WR	Owner	Fri May 10 5:32pm CT
Released	Emari Demercado	ARI RB	Owner	Wed Mar 13 2:37pm CT
Released	A.T. Perry	NO WR	Owner	Wed Mar 13 2:37pm CT
Traded		Chachi Dyn 250		Wed Jul 10 7:03pm CT
	Tyler Allgeier RB ATL		Zamir White RB LV	
	Rnd 1, Pick 6		Rnd 2, Pick 10	
Traded		Fighting Orkans D250		Wed Jul 10 6:09pm CT
	Gus Edwards RB LAC		Ty Chandler RB MIN	
			Rnd 7, Pick 12	
			Rnd 8, Pick 12	
Traded		Lets Go Brandon		Wed Jul 10 12:18pm CT
	Rnd 5, Pick 6		Rnd 6, Pick 8	
			Rnd 6, Pick 11	
Traded		Tiger Bait D250-4		Thu Jun 27 8:25am CT
	Zack Moss RB CIN		Mike Evans WR TB	



Traded		Dynasty Swagg		Thu Apr 4 4:21pm CT
	Austin Ekeler RB WAS		Calvin Ridley WR TEN	

### Tiger Bait D250-4

Released	Michael Thomas	NO WR	Owner	Sun Jul 7 7:20pm CT
Released	AJ Dillon	GB RB	Owner	Fri Jun 28 12:05pm CT
Released	Jordan Mason	SF RB	Owner	Fri Jun 28 12:01pm CT
Released	Philadelphia Eagles	PHI D/ST	Owner	Wed Jun 26 6:37pm CT
Released	Cameron Dicker	LAC K	Owner	Wed Jun 26 6:37pm CT
Released	Jeff Wilson	MIA RB	Owner	Wed Jun 26 6:37pm CT
Released	Luke Musgrave	GB TE	Owner	Wed Jun 26 6:37pm CT
Released	Tampa Bay Buccaneers	TB D/ST	Owner	Fri Jun 21 1:46pm CT
Off I/R	Luke Musgrave	GB TE	Owner	Fri Jun 21 1:45pm CT
Off I/R	Michael Thomas	NO WR	Owner	Fri Jun 21 1:45pm CT
Released	Darrell Henderson	LAR RB	Owner	Fri Jun 21 1:45pm CT
Traded		Dynasty Swagg		Sun Jul 7 7:12pm CT

Rnd 6, Pick 4	Dameon Pierce RB HOU
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Traded		Roof		Fri Jun 28 12:01pm CT
	Khalil Herbert RB CHI		Rnd 8, Pick 7	

Traded		Roof		Fri Jun 28 11:38am CT
	Rnd 2, Pick 12		Jakobi Meyers WR LV	
	Rnd 4, Pick 8		Marvin Mims WR DEN	
			Rnd 9, Pick 7	
			Rnd 10, Pick 7	

Traded		Roof		Fri Jun 28 8:46am CT
	Rhamondre Stevenson RB NE		Isiah Pacheco RB KC	
	Jaylen Warren RB PIT		Rnd 1, Pick 7	
	Rnd 1, Pick 4			

Traded		This league is Molasses		Thu Jun 27 8:25am CT
	Mike Evans WR TB		Zack Moss RB CIN	

Traded		Lets Go Brandon		Fri Jun 21 9:10pm CT
	Rnd 6, Pick 8		Rnd 5, Pick 11	
	Rnd 7, Pick 8			
	Rnd 8, Pick 4			
	Rnd 9, Pick 4			
	Rnd 10, Pick 4			

Traded		Lets Go Brandon		Fri Jun 21 8:58pm CT
	Rnd 2, Pick 4		George Kittle TE SF	
	Rnd 2, Pick 11		Courtland Sutton WR DEN	
	Rnd 4, Pick 4			

Traded		Dynasty Swagg		Fri Jun 21 7:49pm CT
	Rashee Rice WR KC		Rnd 2, Pick 11	
			Rnd 2, Pick 12	