



Week 1

DYN250++ #12 E

|          |                  |          |       |                       |
|----------|------------------|----------|-------|-----------------------|
| On I/R   | Keaton Mitchell  | BAL RB   | Owner | Mon Jul 22 12:42pm CT |
| Released | Josh Palmer      | LAC WR   | Owner | Tue Jul 9 5:27am CT   |
| Released | Dontayvion Wicks | GB WR    | Owner | Mon Jun 24 11:47pm CT |
| Released | Brandon Aubrey   | DAL K    | Owner | Thu Mar 7 12:33am CT  |
| Released | Dallas Cowboys   | DAL D/ST | Owner | Thu Mar 7 12:33am CT  |

Fully Loaded

|          |                   |        |       |                       |
|----------|-------------------|--------|-------|-----------------------|
| Released | Elijah Mitchell   | SF RB  | Owner | Sun Jul 14 12:28am CT |
| Released | Keaton Mitchell   | BAL RB | Owner | Sun Jul 14 12:28am CT |
| Released | Jaleel McLaughlin | DEN RB | Owner | Sun Jul 14 12:28am CT |
| Released | Geno Smith        | SEA QB | Owner | Sun Jul 14 12:28am CT |
| Released | Marvin Mims       | DEN WR | Owner | Sun Jul 14 12:28am CT |
| Released | Jonnu Smith       | MIA TE | Owner | Mon May 20 2:47am CT  |

Grind It Out

|          |                      |            |               |                       |
|----------|----------------------|------------|---------------|-----------------------|
| Released | Younghoe Koo         | ATL K      | Owner         | Wed May 22 12:39pm CT |
| Released | Los Angeles Chargers | LAC D/ST   | Owner         | Wed May 22 12:39pm CT |
| Released | Kenny Pickett        | PHI QB     | Owner         | Wed May 22 12:39pm CT |
| Released | Daniel Carlson       | LV K       | Owner         | Wed May 22 12:39pm CT |
| Released | Emari Demercado      | ARI RB     | Owner         | Wed May 22 12:39pm CT |
| Released | Tyler Conklin        | NYJ TE     | Owner         | Wed May 22 12:39pm CT |
| Off I/R  | Nick Chubb           | CLE RB     | Owner         | Wed May 22 12:35pm CT |
| Traded   |                      | Old School |               | Mon Jul 8 8:03pm CT   |
|          | Gabriel Davis WR JAX |            | Rnd 6, Pick 3 |                       |
|          | Rnd 8, Pick 6        |            | Rnd 8, Pick 3 |                       |

Mendham Maulers

|          |                    |        |       |                      |
|----------|--------------------|--------|-------|----------------------|
| Released | Cade Otton         | TB TE  | Owner | Fri Jul 12 9:50am CT |
| Released | Jake Browning      | CIN QB | Owner | Fri Jul 12 9:50am CT |
| Released | Joe Flacco         | IND QB | Owner | Fri Jul 12 9:50am CT |
| Released | Samaje Perine      | DEN RB | Owner | Fri Jul 12 9:50am CT |
| Released | Jamaal Williams    | NO RB  | Owner | Fri Jul 12 9:50am CT |
| Released | Alexander Mattison | LV RB  | Owner | Fri Jul 12 9:50am CT |

Old School

|          |                      |          |               |                      |
|----------|----------------------|----------|---------------|----------------------|
| Released | Tyler Boyd           | TEN WR   | Owner         | Tue Jul 9 1:43pm CT  |
| Released | Tyler Higbee         | LAR TE   | Owner         | Tue Jul 2 12:07am CT |
| Released | Tyler Bass           | BUF K    | Owner         | Tue Jul 2 12:07am CT |
| Released | Van Jefferson        | PIT WR   | Owner         | Sat Jun 8 3:25pm CT  |
| Released | Noah Fant            | SEA TE   | Owner         | Sat Jun 8 3:25pm CT  |
| Released | Tampa Bay Buccaneers | TB D/ST  | Owner         | Sat Jun 8 3:25pm CT  |
| Released | Cam Akers            | HOU RB   | Owner         | Sat Jun 8 3:25pm CT  |
| Traded   |                      | The Cows |               | Tue Jul 23 9:54am CT |
|          | Rnd 8, Pick 6        |          | Rnd 4, Pick 2 |                      |
|          | 2025 Draft, Rnd 3    |          |               |                      |
| Traded   |                      | The Cows |               | Tue Jul 9 11:43am CT |
|          | Rnd 5, Pick 3        |          | Rnd 6, Pick 2 |                      |



|        |               |              |                      |                     |
|--------|---------------|--------------|----------------------|---------------------|
| Traded |               |              | Rnd 7, Pick 2        |                     |
|        |               |              | Rnd 8, Pick 2        |                     |
|        |               |              |                      | Mon Jul 8 8:03pm CT |
|        |               | Grind It Out |                      |                     |
|        | Rnd 6, Pick 3 |              | Gabriel Davis WR JAX |                     |
|        | Rnd 8, Pick 3 |              | Rnd 8, Pick 6        |                     |

## Primetime Dynasty

|          |                     |             |                         |                       |
|----------|---------------------|-------------|-------------------------|-----------------------|
| Released | New York Jets       | NYJ D/ST    | Owner                   | Thu Jul 11 6:31pm CT  |
| Released | Jason Sanders       | MIA K       | Owner                   | Thu Jun 20 10:48pm CT |
| Released | Noah Gray           | KC TE       | Owner                   | Thu Jun 20 10:40pm CT |
| Released | Skyy Moore          | KC WR       | Owner                   | Thu Jun 20 10:37pm CT |
| Released | Demarcus Robinson   | LAR WR      | Owner                   | Thu Jun 20 10:33pm CT |
| Released | Kareem Hunt         | CLE RB      | Owner                   | Mon Jun 17 8:04am CT  |
| Traded   |                     | The Dirty D |                         | Sat Jul 6 5:55am CT   |
|          | Tony Pollard RB TEN |             | Mike Williams WR NYJ    |                       |
|          | C.J. Stroud QB HOU  |             | Devin Singletary RB NYG |                       |
|          | Jalin Hyatt WR NYG  |             | Bryce Young QB CAR      |                       |
|          | Rnd 4, Pick 11      |             | Rnd 1, Pick 4           |                       |

## Rives MVB

|          |                  |          |                      |                      |
|----------|------------------|----------|----------------------|----------------------|
| Released | Demario Douglas  | NE WR    | Owner                | Sat Jul 13 1:34pm CT |
| Released | Michael Mayer    | LV TE    | Owner                | Wed Jun 26 3:18am CT |
| Released | Tank Bigsby      | JAX RB   | Owner                | Wed Jun 26 3:18am CT |
| Released | Baltimore Ravens | BAL D/ST | Owner                | Wed Jun 26 3:18am CT |
| Traded   |                  | The Cows |                      | Thu May 9 4:35pm CT  |
|          | Rnd 2, Pick 10   |          | Khalil Shakir WR BUF |                      |

## Stingers( p9)

|          |                  |        |       |                     |
|----------|------------------|--------|-------|---------------------|
| Released | Jordan Mason     | SF RB  | Owner | Fri Apr 5 4:36pm CT |
| Released | Kenneth Gainwell | PHI RB | Owner | Fri Apr 5 4:36pm CT |

## TGBPC1QD

|          |                    |          |              |                      |
|----------|--------------------|----------|--------------|----------------------|
| Released | Brandon McManus    | WAS K    | Commissioner | Mon Jul 15 2:31pm CT |
| Released | Indianapolis Colts | IND D/ST | Commissioner | Mon Jul 15 2:31pm CT |
| Released | Jake Elliott       | PHI K    | Commissioner | Mon Jul 15 2:31pm CT |
| Released | Joshua Kelley      | LAC RB   | Commissioner | Mon Jul 15 2:31pm CT |
| Released | Zach Evans         | LAR RB   | Commissioner | Mon Jul 15 2:31pm CT |
| Released | Mac Jones          | JAX QB   | Commissioner | Mon Jul 15 2:31pm CT |

## The Cows

|          |                   |            |               |                       |
|----------|-------------------|------------|---------------|-----------------------|
| Released | Jonathan Mingo    | CAR WR     | Owner         | Fri Jul 12 12:14am CT |
| Released | Israel Abanikanda | NYJ RB     | Owner         | Tue Jun 4 10:40am CT  |
| Released | Greg Dulcich      | DEN TE     | Owner         | Tue Jun 4 10:40am CT  |
| Released | Evan McPherson    | CIN K      | Owner         | Tue Jun 4 10:40am CT  |
| Released | Buffalo Bills     | BUF D/ST   | Owner         | Tue Jun 4 10:40am CT  |
| Off I/R  | Joe Burrow        | CIN QB     | Owner         | Sun May 12 11:33pm CT |
| Off I/R  | Greg Dulcich      | DEN TE     | Owner         | Sun May 12 11:33pm CT |
| Traded   |                   | Old School |               | Tue Jul 23 9:54am CT  |
|          | Rnd 4, Pick 2     |            | Rnd 8, Pick 6 |                       |



## Training Day

www.rtsports.com  
2024 Transactions  
Thu Jul 25 8:49am CT

2025 Draft, Rnd 3

|        |                      |              |                |                      |
|--------|----------------------|--------------|----------------|----------------------|
| Traded |                      | The Dirty D  |                | Tue Jul 9 11:46am CT |
|        | Elijah Moore WR CLE  |              | Rnd 10, Pick 4 |                      |
| Traded |                      | Old School   |                | Tue Jul 9 11:43am CT |
|        | Rnd 6, Pick 2        |              | Rnd 5, Pick 3  |                      |
|        | Rnd 7, Pick 2        |              |                |                      |
|        | Rnd 8, Pick 2        |              |                |                      |
| Traded |                      | Rives MVB    |                | Thu May 9 4:35pm CT  |
|        | Khalil Shakir WR BUF |              | Rnd 2, Pick 10 |                      |
| Traded |                      | Wollywoppers |                | Fri May 3 3:38pm CT  |
|        | Will Levis QB TEN    |              | Rnd 8, Pick 7  |                      |

## The Dirty D

|          |                          |                   |                     |                      |
|----------|--------------------------|-------------------|---------------------|----------------------|
| Released | Desmond Ridder           | ARI QB            | Owner               | Wed Jul 10 9:16am CT |
| Released | Hayden Hurst             | LAC TE            | Owner               | Thu Jul 4 9:46am CT  |
| Released | Dalvin Cook              | BAL RB            | Owner               | Thu Jul 4 9:46am CT  |
| Released | Taylor Heinicke          | ATL QB            | Owner               | Thu Jul 4 9:44am CT  |
| Released | Dorian Thompson-Robinson | CLE QB            | Owner               | Thu Jul 4 9:44am CT  |
| Released | Minnesota Vikings        | MIN D/ST          | Owner               | Wed Jul 3 4:57pm CT  |
| Released | Greg Joseph              | GB K              | Owner               | Wed Jul 3 4:57pm CT  |
| Released | Donovan Peoples-Jones    | DET WR            | Owner               | Wed Jul 3 4:57pm CT  |
| Released | JuJu Smith-Schuster      | NE WR             | Owner               | Wed Jul 3 4:57pm CT  |
| Off I/R  | Mike Williams            | NYJ WR            | Owner               | Wed Jul 3 2:51pm CT  |
| Off I/R  | Kirk Cousins             | ATL QB            | Owner               | Wed Jul 3 2:51pm CT  |
| Traded   |                          | The Cows          |                     | Tue Jul 9 11:46am CT |
|          | Rnd 10, Pick 4           |                   | Elijah Moore WR CLE |                      |
| Traded   |                          | Primetime Dynasty |                     | Sat Jul 6 5:55am CT  |
|          | Mike Williams WR NYJ     |                   | Tony Pollard RB TEN |                      |
|          | Devin Singletary RB NYG  |                   | C.J. Stroud QB HOU  |                      |
|          | Bryce Young QB CAR       |                   | Jalin Hyatt WR NYG  |                      |
|          | Rnd 1, Pick 4            |                   | Rnd 4, Pick 11      |                      |

## Wollywoppers

|          |               |          |                   |                      |
|----------|---------------|----------|-------------------|----------------------|
| Released | Justin Tucker | BAL K    | Owner             | Sat Jul 13 2:01pm CT |
| Traded   |               | The Cows |                   | Fri May 3 3:38pm CT  |
|          | Rnd 8, Pick 7 |          | Will Levis QB TEN |                      |