

#### Week 1

#### DYN250++

On I/R	Tucker Kraft	GB TE	Owner	Fri Jul 26 5:03am CT
On I/R	Keaton Mitchell	BAL RB	Owner	Mon Jul 22 12:42pm CT
Released	Josh Palmer	LAC WR	Owner	Tue Jul 9 5:27am CT
Released	Dontayvion Wicks	GB WR	Owner	Mon Jun 24 11:47pm CT
Released	Brandon Aubrey	DAL K	Owner	Thu Mar 7 12:33am CT
Released	Dallas Cowbovs	DAL D/ST	Owner	Thu Mar 7 12:33am CT

## Fully Loaded

Released	Elijah Mitchell	SF RB	Owner	Sun Jul 14 12:28am CT
Released	Keaton Mitchell	BAL RB	Owner	Sun Jul 14 12:28am CT
Released	Jaleel McLaughlin	DEN RB	Owner	Sun Jul 14 12:28am CT
Released	Geno Smith	SEA QB	Owner	Sun Jul 14 12:28am CT
Released	Marvin Mims	DEN WR	Owner	Sun Jul 14 12:28am CT
Released	Jonnu Smith	MIA TE	Owner	Mon May 20 2:47am CT

#### Grind It Out

Released	Younghoe Koo	ATL K	Owner	Wed May 22 12:39pm CT
Released	Los Angeles Chargers	LAC D/ST	Owner	Wed May 22 12:39pm CT
Released	Kenny Pickett	PHI QB	Owner	Wed May 22 12:39pm CT
Released	Daniel Carlson	LV K	Owner	Wed May 22 12:39pm CT
Released	Emari Demercado	ARI RB	Owner	Wed May 22 12:39pm CT
Released	Tyler Conklin	NYJ TE	Owner	Wed May 22 12:39pm CT
Off I/R	Nick Chubb	CLE RB	Owner	Wed May 22 12:35pm CT
Traded		Old School		Mon Jul 8 8:03pm CT
	Gabriel Davis WR JAX		Rnd 6. Pick 3	

Rnd 8, Pick 3

## Mendham Maulers

Rnd 8, Pick 6

Released A	Alexander Mattison	LV RB	Owner	Mon Jul 29 7:20pm CT
Released J	Jonnu Smith	MIA TE	Owner	Mon Jul 29 7:20pm CT
Released T	Ty Chandler	MIN RB	Owner	Mon Jul 29 7:20pm CT
Released D	Dalvin Cook	BAL RB	Owner	Mon Jul 29 7:20pm CT
Released A	Alexander Mattison	LV RB	Owner	Fri Jul 12 9:50am CT
Released J	Jamaal Williams	NO RB	Owner	Fri Jul 12 9:50am CT
Released S	Samaje Perine	DEN RB	Owner	Fri Jul 12 9:50am CT
Released J	Joe Flacco	IND QB	Owner	Fri Jul 12 9:50am CT
Released J	Jake Browning	CIN QB	Owner	Fri Jul 12 9:50am CT
Released C	Cade Otton	TB TE	Owner	Fri Jul 12 9:50am CT

#### **Old School**

On I/R	Blake Watson	DEN RB	Owner	Sat Jul 27 12:56pm CT
Released	Tyler Boyd	TEN WR	Owner	Tue Jul 9 1:43pm CT
Released	Tyler Higbee	LAR TE	Owner	Tue Jul 2 12:07am CT
Released	Tyler Bass	BUF K	Owner	Tue Jul 2 12:07am CT
Released	Van Jefferson	PIT WR	Owner	Sat Jun 8 3:25pm CT
Released	Noah Fant	SEA TE	Owner	Sat Jun 8 3:25pm CT
Released	Tampa Bay Buccaneers	TB D/ST	Owner	Sat Jun 8 3:25pm CT



## **Training Day**

www.rtsports.com 2024 Transactions Wed Jul 31 10:09am CT

				Wed Jul 31 10.09
Released	Cam Akers	HOU RB	Owner	Sat Jun 8 3:25pm CT
Traded		The Cows		Tue Jul 23 9:54am CT
	Rnd 8, Pick 6		Rnd 4, Pick 2	
	2025 Draft, Rnd 3			
Traded		The Cows		Tue Jul 9 11:43am CT
riaded	Rnd 5, Pick 3	THE COWS	Rnd 6, Pick 2	ruc dui 3 11.40am O1
	Title 0, I lok 0		Rnd 7, Pick 2	
			Rnd 8, Pick 2	
			5, 2	
Traded		Grind It Out		Mon Jul 8 8:03pm CT
	Rnd 6, Pick 3		Gabriel Davis WR JAX	
	Rnd 8, Pick 3		Rnd 8, Pick 6	
Primetime	Dynasty			
Released	New York Jets	NYJ D/ST	Owner	Thu Jul 11 6:31pm CT
Released	Jason Sanders	MIA K	Owner	Thu Jun 20 10:48pm CT
Released	Noah Gray	KC TE	Owner	Thu Jun 20 10:40pm CT
Released	Skyy Moore	KC WR	Owner	Thu Jun 20 10:37pm CT
Released	Demarcus Robinson	LAR WR	Owner	Thu Jun 20 10:33pm CT
Released	Kareem Hunt	CLE RB	Owner	Mon Jun 17 8:04am CT
Traded		The Dirty D		Sat Jul 6 5:55am CT
	Tony Pollard RB TEN	·	Mike Williams WR NYJ	
	C.J. Stroud QB HOU		Devin Singletary RB NYG	
	Jalin Hyatt WR NYG		Bryce Young QB CAR	
	Rnd 4, Pick 11		Rnd 1, Pick 4	
Rives MV	В			
Released	Demario Douglas	NE WR	Owner	Sat Jul 13 1:34pm CT
Released	Michael Mayer	LV TE	Owner	Wed Jun 26 3:18am CT
Released	Tank Bigsby	JAX RB	Owner	Wed Jun 26 3:18am CT
Released	Baltimore Ravens	BAL D/ST	Owner	Wed Jun 26 3:18am CT
Traded		The Cows		Thu May 9 4:35pm CT
	Rnd 2, Pick 10		Khalil Shakir WR BUF	
Stingers(2	24)			
Released	Jordan Mason	SF RB	Owner	Fri Apr 5 4:36pm CT
Released	Kenneth Gainwell	PHI RB	Owner	Fri Apr 5 4:36pm CT
TGBPC10	QD			
Released	Brandon McManus	WAS K	Commissioner	Mon Jul 15 2:31pm CT
Released	Indianapolis Colts	IND D/ST	Commissioner	Mon Jul 15 2:31pm CT
Released	Jake Elliott	PHI K	Commissioner	Mon Jul 15 2:31pm CT
Released	Joshua Kelley	LAC RB	Commissioner	Mon Jul 15 2:31pm CT
Released	Zach Evans	LAR RB	Commissioner	Mon Jul 15 2:31pm CT
Released	Mac Jones	JAX QB	Commissioner	Mon Jul 15 2:31pm CT
The Cows	3			
Released	Jonathan Mingo	CAR WR	Owner	Fri Jul 12 12:14am CT
Released	Israel Abanikanda	NYJ RB	Owner	Tue Jun 4 10:40am CT



### **Training Day**

www.rtsports.com 2024 Transactions

Sports			- <del> j</del>	
				Wed Jul 31 10:09am 0
Released	Greg Dulcich	DEN TE	Owner	Tue Jun 4 10:40am CT
Released	Evan McPherson	CIN K	Owner	Tue Jun 4 10:40am CT
Released	Buffalo Bills	BUF D/ST	Owner	Tue Jun 4 10:40am CT
Off I/R	Joe Burrow	CIN QB	Owner	Sun May 12 11:33pm CT
Off I/R	Greg Dulcich	DEN TE	Owner	Sun May 12 11:33pm CT
Traded		Old School		Tue Jul 23 9:54am CT
	Rnd 4, Pick 2		Rnd 8, Pick 6	
			2025 Draft, Rnd 3	
Traded		The Dirty D		Tue Jul 9 11:46am CT
	Elijah Moore WR CLE			
Traded		Old School		Tue Jul 9 11:43am CT
	Rnd 6, Pick 2		Rnd 5, Pick 3	
	Rnd 7, Pick 2			
	Rnd 8, Pick 2			
Traded		Rives MVB		Thu May 9 4:35pm CT
	Khalil Shakir WR BUF		Rnd 2, Pick 10	
Traded		Wollywoppers		Fri May 3 3:38pm CT
	Will Levis QB TEN		Rnd 8, Pick 7	
The Dirty D				
Released	Desmond Ridder	ARI QB	Owner	Wed Jul 10 9:16am CT
Released	Hayden Hurst	LAC TE	Owner	Thu Jul 4 9:46am CT
Released	Dalvin Cook	BAL RB	Owner	Thu Jul 4 9:46am CT
Released	Taylor Heinicke	ATL QB	Owner	Thu Jul 4 9:44am CT
Released	Dorian Thompson-Robinson	CLE QB	Owner	Thu Jul 4 9:44am CT
Released	Minnesota Vikings	MIN D/ST	Owner	Wed Jul 3 4:57pm CT
Released	Greg Joseph	GB K	Owner	Wed Jul 3 4:57pm CT
Released	Donovan Peoples-Jones	DET WR	Owner	Wed Jul 3 4:57pm CT
Released	JuJu Smith-Schuster	NE WR	Owner	Wed Jul 3 4:57pm CT
Off I/R	Mike Williams	NYJ WR	Owner	Wed Jul 3 2:51pm CT
Off I/R	Kirk Cousins	ATL QB	Owner	Wed Jul 3 2:51pm CT
Traded		The Cows		Tue Jul 9 11:46am CT

Traded	Primetime Dynasty	Sat Jul 6 5:55am CT
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Mike Williams WR NYJ	Tony Pollard RB TEN
Devin Singletary RB NYG	C.J. Stroud QB HOU
Bryce Young QB CAR	Jalin Hyatt WR NYG
Rnd 1, Pick 4	Rnd 4, Pick 11

# Wollywoppers

Releas	ed Justin Tucker	BAL K	Owner	Sat Jul 13 2:01pm CT
Trade	l	The Cows		Fri May 3 3:38pm CT
	Rnd 8. Pick 7		Will Levis QB TEN	