



Week 1

DYN250++

Released	Jacob Cowing	SF WR	Owner	Wed Aug 21 1:38am CT
Released	Jared Wiley	KC TE	Owner	Wed Aug 21 1:38am CT
Released	Tucker Kraft	GB TE	Owner	Fri Aug 16 1:07am CT
Off I/R	Tucker Kraft	GB TE	Owner	Sat Aug 10 8:32pm CT
On I/R	Tucker Kraft	GB TE	Owner	Fri Jul 26 5:03am CT
On I/R	Keaton Mitchell	BAL RB	Owner	Mon Jul 22 12:42pm CT
Released	Josh Palmer	LAC WR	Owner	Tue Jul 9 5:27am CT
Released	Dontayvion Wicks	GB WR	Owner	Mon Jun 24 11:47pm CT
Released	Dallas Cowboys	DAL D/ST	Owner	Thu Mar 7 12:33am CT
Released	Brandon Aubrey	DAL K	Owner	Thu Mar 7 12:33am CT

Fully Loaded

Released	Elijah Mitchell	SF RB	Owner	Sun Jul 14 12:28am CT
Released	Keaton Mitchell	BAL RB	Owner	Sun Jul 14 12:28am CT
Released	Jaleel McLaughlin	DEN RB	Owner	Sun Jul 14 12:28am CT
Released	Geno Smith	SEA QB	Owner	Sun Jul 14 12:28am CT
Released	Marvin Mims	DEN WR	Owner	Sun Jul 14 12:28am CT
Released	Jonnu Smith	MIA TE	Owner	Mon May 20 2:47am CT

Grind It Out

On I/R	J.J. McCarthy	MIN QB	Owner	Sun Aug 18 8:05pm CT
On I/R	Nick Chubb	CLE RB	Owner	Mon Aug 5 12:07pm CT
Released	Younghoe Koo	ATL K	Owner	Wed May 22 12:39pm CT
Released	Los Angeles Chargers	LAC D/ST	Owner	Wed May 22 12:39pm CT
Released	Kenny Pickett	PHI QB	Owner	Wed May 22 12:39pm CT
Released	Daniel Carlson	LV K	Owner	Wed May 22 12:39pm CT
Released	Emari Demercado	ARI RB	Owner	Wed May 22 12:39pm CT
Released	Tyler Conklin	NYJ TE	Owner	Wed May 22 12:39pm CT
Off I/R	Nick Chubb	CLE RB	Owner	Wed May 22 12:35pm CT
Traded		Old School		Mon Jul 8 8:03pm CT
	Gabriel Davis WR JAX		Rnd 6, Pick 3	
	Rnd 8, Pick 6		Rnd 8, Pick 3	

Mendham Maulers

Released	Alexander Mattison	LV RB	Owner	Mon Jul 29 7:20pm CT
Released	Jonnu Smith	MIA TE	Owner	Mon Jul 29 7:20pm CT
Released	Ty Chandler	MIN RB	Owner	Mon Jul 29 7:20pm CT
Released	Dalvin Cook	BAL RB	Owner	Mon Jul 29 7:20pm CT
Released	Alexander Mattison	LV RB	Owner	Fri Jul 12 9:50am CT
Released	Jamaal Williams	NO RB	Owner	Fri Jul 12 9:50am CT
Released	Samaje Perine	DEN RB	Owner	Fri Jul 12 9:50am CT
Released	Joe Flacco	IND QB	Owner	Fri Jul 12 9:50am CT
Released	Jake Browning	CIN QB	Owner	Fri Jul 12 9:50am CT
Released	Cade Otton	TB TE	Owner	Fri Jul 12 9:50am CT

Old School

On I/R	Blake Watson	DEN RB	Owner	Sat Jul 27 12:56pm CT
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# Training Day

Released	Tyler Boyd	TEN WR	Owner	Tue Jul 9 1:43pm CT
Released	Tyler Higbee	LAR TE	Owner	Tue Jul 2 12:07am CT
Released	Tyler Bass	BUF K	Owner	Tue Jul 2 12:07am CT
Released	Van Jefferson	PIT WR	Owner	Sat Jun 8 3:25pm CT
Released	Noah Fant	SEA TE	Owner	Sat Jun 8 3:25pm CT
Released	Tampa Bay Buccaneers	TB D/ST	Owner	Sat Jun 8 3:25pm CT
Released	Cam Akers	HOU RB	Owner	Sat Jun 8 3:25pm CT
Traded		The Cows		Tue Jul 23 9:54am CT
	Rnd 8, Pick 6		Rnd 4, Pick 2	
	2025 Draft, Rnd 3			
Traded		The Cows		Tue Jul 9 11:43am CT
	Rnd 5, Pick 3		Rnd 6, Pick 2	
			Rnd 7, Pick 2	
			Rnd 8, Pick 2	
Traded		Grind It Out		Mon Jul 8 8:03pm CT
	Rnd 6, Pick 3		Gabriel Davis WR JAX	
	Rnd 8, Pick 3		Rnd 8, Pick 6	

## Primetime Dynasty

Released	New York Jets	NYJ D/ST	Owner	Thu Jul 11 6:31pm CT
Released	Jason Sanders	MIA K	Owner	Thu Jun 20 10:48pm CT
Released	Noah Gray	KC TE	Owner	Thu Jun 20 10:40pm CT
Released	Sky Moore	KC WR	Owner	Thu Jun 20 10:37pm CT
Released	Demarcus Robinson	LAR WR	Owner	Thu Jun 20 10:33pm CT
Released	Kareem Hunt	CLE RB	Owner	Mon Jun 17 8:04am CT
Traded		The Dirty D		Sat Jul 6 5:55am CT
	Tony Pollard RB TEN		Mike Williams WR NYJ	
	C.J. Stroud QB HOU		Devin Singletary RB NYG	
	Jalin Hyatt WR NYG		Bryce Young QB CAR	
	Rnd 4, Pick 11		Rnd 1, Pick 4	

## Rives MVB

Released	Demario Douglas	NE WR	Owner	Sat Jul 13 1:34pm CT
Released	Michael Mayer	LV TE	Owner	Wed Jun 26 3:18am CT
Released	Tank Bigsby	JAX RB	Owner	Wed Jun 26 3:18am CT
Released	Baltimore Ravens	BAL D/ST	Owner	Wed Jun 26 3:18am CT
Traded		The Cows		Thu May 9 4:35pm CT
	Rnd 2, Pick 10		Khalil Shakir WR BUF	

## Stingers(22)

On I/R	Nyheim Hines	CLE RB	Owner	Wed Jul 31 10:54am CT
On I/R	Juwan Johnson	NO TE	Owner	Wed Jul 31 10:54am CT
Released	Jordan Mason	SF RB	Owner	Fri Apr 5 4:36pm CT
Released	Kenneth Gainwell	PHI RB	Owner	Fri Apr 5 4:36pm CT

## TGBPC1QD

Released	Brandon McManus	WAS K	Commissioner	Mon Jul 15 2:31pm CT
Released	Indianapolis Colts	IND D/ST	Commissioner	Mon Jul 15 2:31pm CT
Released	Jake Elliott	PHI K	Commissioner	Mon Jul 15 2:31pm CT



Released	Joshua Kelley	NYG RB	Commissioner	Mon Jul 15 2:31pm CT
Released	Zach Evans	LAR RB	Commissioner	Mon Jul 15 2:31pm CT
Released	Mac Jones	JAX QB	Commissioner	Mon Jul 15 2:31pm CT

### The Cows

Released	Jonathan Mingo	CAR WR	Owner	Fri Jul 12 12:14am CT
Released	Israel Abanikanda	NYJ RB	Owner	Tue Jun 4 10:40am CT
Released	Greg Dulcich	DEN TE	Owner	Tue Jun 4 10:40am CT
Released	Evan McPherson	CIN K	Owner	Tue Jun 4 10:40am CT
Released	Buffalo Bills	BUF D/ST	Owner	Tue Jun 4 10:40am CT
Off I/R	Joe Burrow	CIN QB	Owner	Sun May 12 11:33pm CT
Off I/R	Greg Dulcich	DEN TE	Owner	Sun May 12 11:33pm CT
Traded		Old School		Tue Jul 23 9:54am CT
	Rnd 4, Pick 2		Rnd 8, Pick 6 2025 Draft, Rnd 3	
Traded		The Dirty D		Tue Jul 9 11:46am CT
	Elijah Moore WR CLE			
Traded		Old School		Tue Jul 9 11:43am CT
	Rnd 6, Pick 2		Rnd 5, Pick 3	
	Rnd 7, Pick 2			
	Rnd 8, Pick 2			
Traded		Rives MVB		Thu May 9 4:35pm CT
	Khalil Shakir WR BUF		Rnd 2, Pick 10	
Traded		Wollywoppers		Fri May 3 3:38pm CT
	Will Levis QB TEN		Rnd 8, Pick 7	

### The Dirty D

On I/R	Rondale Moore	ATL WR	Owner	Tue Aug 13 8:06am CT
Released	Desmond Ridder	ARI QB	Owner	Wed Jul 10 9:16am CT
Released	Hayden Hurst	LAC TE	Owner	Thu Jul 4 9:46am CT
Released	Dalvin Cook	BAL RB	Owner	Thu Jul 4 9:46am CT
Released	Taylor Heinicke	ATL QB	Owner	Thu Jul 4 9:44am CT
Released	Dorian Thompson-Robinson	CLE QB	Owner	Thu Jul 4 9:44am CT
Released	Minnesota Vikings	MIN D/ST	Owner	Wed Jul 3 4:57pm CT
Released	Greg Joseph	GB K	Owner	Wed Jul 3 4:57pm CT
Released	Donovan Peoples-Jones	DET WR	Owner	Wed Jul 3 4:57pm CT
Released	JuJu Smith-Schuster	NE WR	Owner	Wed Jul 3 4:57pm CT
Off I/R	Mike Williams	NYJ WR	Owner	Wed Jul 3 2:51pm CT
Off I/R	Kirk Cousins	ATL QB	Owner	Wed Jul 3 2:51pm CT
Traded		The Cows		Tue Jul 9 11:46am CT
			Elijah Moore WR CLE	
Traded		Primetime Dynasty		Sat Jul 6 5:55am CT
	Mike Williams WR NYJ		Tony Pollard RB TEN	
	Devin Singletary RB NYG		C.J. Stroud QB HOU	
	Bryce Young QB CAR		Jalin Hyatt WR NYG	
	Rnd 1, Pick 4		Rnd 4, Pick 11	

### Wollywoppers

Released	Justin Tucker	BAL K	Owner	Sat Jul 13 2:01pm CT
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# Training Day

www.rtsports.com  
2024 Transactions  
Wed Aug 21 4:01pm CT

Traded

Rnd 8, Pick 7

The Cows

Will Levis QB TEN

Fri May 3 3:38pm CT