



Week 1

DYN250++

Released	Jacob Cowing	SF WR	Owner	Wed Aug 21 2:38am ET
Released	Jared Wiley	KC TE	Owner	Wed Aug 21 2:38am ET
Released	Tucker Kraft	GB TE	Owner	Fri Aug 16 2:07am ET
Off I/R	Tucker Kraft	GB TE	Owner	Sat Aug 10 9:32pm ET
On I/R	Tucker Kraft	GB TE	Owner	Fri Jul 26 6:03am ET
On I/R	Keaton Mitchell	BAL RB	Owner	Mon Jul 22 1:42pm ET
Released	Josh Palmer	LAC WR	Owner	Tue Jul 9 6:27am ET
Released	Dontayvion Wicks	GB WR	Owner	Tue Jun 25 12:47am ET
Released	Dallas Cowboys	DAL D/ST	Owner	Thu Mar 7 1:33am ET
Released	Brandon Aubrey	DAL K	Owner	Thu Mar 7 1:33am ET

Fully Loaded

Released	Elijah Mitchell	SF RB	Owner	Sun Jul 14 1:28am ET
Released	Keaton Mitchell	BAL RB	Owner	Sun Jul 14 1:28am ET
Released	Jaleel McLaughlin	DEN RB	Owner	Sun Jul 14 1:28am ET
Released	Geno Smith	SEA QB	Owner	Sun Jul 14 1:28am ET
Released	Marvin Mims	DEN WR	Owner	Sun Jul 14 1:28am ET
Released	Jonnu Smith	MIA TE	Owner	Mon May 20 3:47am ET

Grind It Out

On I/R	J.J. McCarthy	MIN QB	Owner	Sun Aug 18 9:05pm ET
On I/R	Nick Chubb	CLE RB	Owner	Mon Aug 5 1:07pm ET
Released	Younghoe Koo	ATL K	Owner	Wed May 22 1:39pm ET
Released	Los Angeles Chargers	LAC D/ST	Owner	Wed May 22 1:39pm ET
Released	Kenny Pickett	PHI QB	Owner	Wed May 22 1:39pm ET
Released	Daniel Carlson	LV K	Owner	Wed May 22 1:39pm ET
Released	Emari Demercado	ARI RB	Owner	Wed May 22 1:39pm ET
Released	Tyler Conklin	NYJ TE	Owner	Wed May 22 1:39pm ET
Off I/R	Nick Chubb	CLE RB	Owner	Wed May 22 1:35pm ET
Traded		Old School		Mon Jul 8 9:03pm ET
	Gabriel Davis WR JAX		Rnd 6, Pick 3	
	Rnd 8, Pick 6		Rnd 8, Pick 3	

Mendham Maulers

Released	Alexander Mattison	LV RB	Owner	Mon Jul 29 8:20pm ET
Released	Jonnu Smith	MIA TE	Owner	Mon Jul 29 8:20pm ET
Released	Ty Chandler	MIN RB	Owner	Mon Jul 29 8:20pm ET
Released	Dalvin Cook	BAL RB	Owner	Mon Jul 29 8:20pm ET
Released	Alexander Mattison	LV RB	Owner	Fri Jul 12 10:50am ET
Released	Jamaal Williams	NO RB	Owner	Fri Jul 12 10:50am ET
Released	Samaje Perine	DEN RB	Owner	Fri Jul 12 10:50am ET
Released	Joe Flacco	IND QB	Owner	Fri Jul 12 10:50am ET
Released	Jake Browning	CIN QB	Owner	Fri Jul 12 10:50am ET
Released	Cade Otton	TB TE	Owner	Fri Jul 12 10:50am ET

Old School

On I/R	Blake Watson	DEN RB	Owner	Sat Jul 27 1:56pm ET
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# Training Day

Released	Tyler Boyd	TEN WR	Owner	Tue Jul 9 2:43pm ET
Released	Tyler Higbee	LAR TE	Owner	Tue Jul 2 1:07am ET
Released	Tyler Bass	BUF K	Owner	Tue Jul 2 1:07am ET
Released	Van Jefferson	PIT WR	Owner	Sat Jun 8 4:25pm ET
Released	Noah Fant	SEA TE	Owner	Sat Jun 8 4:25pm ET
Released	Tampa Bay Buccaneers	TB D/ST	Owner	Sat Jun 8 4:25pm ET
Released	Cam Akers	HOU RB	Owner	Sat Jun 8 4:25pm ET
Traded		The Cows		Tue Jul 23 10:54am ET
	Rnd 8, Pick 6		Rnd 4, Pick 2	
	2025 Draft, Rnd 3			
Traded		The Cows		Tue Jul 9 12:43pm ET
	Rnd 5, Pick 3		Rnd 6, Pick 2	
			Rnd 7, Pick 2	
			Rnd 8, Pick 2	
Traded		Grind It Out		Mon Jul 8 9:03pm ET
	Rnd 6, Pick 3		Gabriel Davis WR JAX	
	Rnd 8, Pick 3		Rnd 8, Pick 6	

## Primetime Dynasty

Released	New York Jets	NYJ D/ST	Owner	Thu Jul 11 7:31pm ET
Released	Jason Sanders	MIA K	Owner	Thu Jun 20 11:48pm ET
Released	Noah Gray	KC TE	Owner	Thu Jun 20 11:40pm ET
Released	Sky Moore	KC WR	Owner	Thu Jun 20 11:37pm ET
Released	Demarcus Robinson	LAR WR	Owner	Thu Jun 20 11:33pm ET
Released	Kareem Hunt	CLE RB	Owner	Mon Jun 17 9:04am ET
Traded		The Dirty D		Sat Jul 6 6:55am ET
	Tony Pollard RB TEN		Mike Williams WR NYJ	
	C.J. Stroud QB HOU		Devin Singletary RB NYG	
	Jalin Hyatt WR NYG		Bryce Young QB CAR	
	Rnd 4, Pick 11		Rnd 1, Pick 4	

## Rives MVB

Released	Demario Douglas	NE WR	Owner	Sat Jul 13 2:34pm ET
Released	Michael Mayer	LV TE	Owner	Wed Jun 26 4:18am ET
Released	Tank Bigsby	JAX RB	Owner	Wed Jun 26 4:18am ET
Released	Baltimore Ravens	BAL D/ST	Owner	Wed Jun 26 4:18am ET
Traded		The Cows		Thu May 9 5:35pm ET
	Rnd 2, Pick 10		Khalil Shakir WR BUF	

## Stingers(22)

On I/R	Nyheim Hines	CLE RB	Owner	Wed Jul 31 11:54am ET
On I/R	Juwan Johnson	NO TE	Owner	Wed Jul 31 11:54am ET
Released	Jordan Mason	SF RB	Owner	Fri Apr 5 5:36pm ET
Released	Kenneth Gainwell	PHI RB	Owner	Fri Apr 5 5:36pm ET

## TGBPC1QD

Released	Brandon McManus	WAS K	Commissioner	Mon Jul 15 3:31pm ET
Released	Indianapolis Colts	IND D/ST	Commissioner	Mon Jul 15 3:31pm ET
Released	Jake Elliott	PHI K	Commissioner	Mon Jul 15 3:31pm ET



Released	Joshua Kelley	NYG RB	Commissioner	Mon Jul 15 3:31pm ET
Released	Zach Evans	LAR RB	Commissioner	Mon Jul 15 3:31pm ET
Released	Mac Jones	JAX QB	Commissioner	Mon Jul 15 3:31pm ET

### The Cows

Released	Jonathan Mingo	CAR WR	Owner	Fri Jul 12 1:14am ET
Released	Israel Abanikanda	NYJ RB	Owner	Tue Jun 4 11:40am ET
Released	Greg Dulcich	DEN TE	Owner	Tue Jun 4 11:40am ET
Released	Evan McPherson	CIN K	Owner	Tue Jun 4 11:40am ET
Released	Buffalo Bills	BUF D/ST	Owner	Tue Jun 4 11:40am ET
Off I/R	Joe Burrow	CIN QB	Owner	Mon May 13 12:33am ET
Off I/R	Greg Dulcich	DEN TE	Owner	Mon May 13 12:33am ET
Traded		Old School		Tue Jul 23 10:54am ET
	Rnd 4, Pick 2		Rnd 8, Pick 6 2025 Draft, Rnd 3	
Traded		The Dirty D		Tue Jul 9 12:46pm ET
	Elijah Moore WR CLE			
Traded		Old School		Tue Jul 9 12:43pm ET
	Rnd 6, Pick 2		Rnd 5, Pick 3	
	Rnd 7, Pick 2			
	Rnd 8, Pick 2			
Traded		Rives MVB		Thu May 9 5:35pm ET
	Khalil Shakir WR BUF		Rnd 2, Pick 10	
Traded		Wollywoppers		Fri May 3 4:38pm ET
	Will Levis QB TEN		Rnd 8, Pick 7	

### The Dirty D

On I/R	Rondale Moore	ATL WR	Owner	Tue Aug 13 9:06am ET
Released	Desmond Ridder	ARI QB	Owner	Wed Jul 10 10:16am ET
Released	Hayden Hurst	LAC TE	Owner	Thu Jul 4 10:46am ET
Released	Dalvin Cook	BAL RB	Owner	Thu Jul 4 10:46am ET
Released	Taylor Heinicke	ATL QB	Owner	Thu Jul 4 10:44am ET
Released	Dorian Thompson-Robinson	CLE QB	Owner	Thu Jul 4 10:44am ET
Released	Minnesota Vikings	MIN D/ST	Owner	Wed Jul 3 5:57pm ET
Released	Greg Joseph	GB K	Owner	Wed Jul 3 5:57pm ET
Released	Donovan Peoples-Jones	DET WR	Owner	Wed Jul 3 5:57pm ET
Released	JuJu Smith-Schuster	NE WR	Owner	Wed Jul 3 5:57pm ET
Off I/R	Mike Williams	NYJ WR	Owner	Wed Jul 3 3:51pm ET
Off I/R	Kirk Cousins	ATL QB	Owner	Wed Jul 3 3:51pm ET
Traded		The Cows		Tue Jul 9 12:46pm ET
			Elijah Moore WR CLE	
Traded		Primetime Dynasty		Sat Jul 6 6:55am ET
	Mike Williams WR NYJ		Tony Pollard RB TEN	
	Devin Singletary RB NYG		C.J. Stroud QB HOU	
	Bryce Young QB CAR		Jalin Hyatt WR NYG	
	Rnd 1, Pick 4		Rnd 4, Pick 11	

### Wollywoppers

Released	Justin Tucker	BAL K	Owner	Sat Jul 13 3:01pm ET
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# Training Day

www.rtsports.com  
2024 Transactions  
Fri Aug 23 4:47am ET

Traded

Rnd 8, Pick 7

The Cows

Will Levis QB TEN

Fri May 3 4:38pm ET