### **Training Day**

#### Week 1

## DYN250++ #12 E

Released	Josh Palmer	LAC WR	Owner	Tue Jul 9 5:27am CT
Released	Dontayvion Wicks	GB WR	Owner	Mon Jun 24 11:47pm CT
Released	Brandon Aubrey	DAL K	Owner	Thu Mar 7 12:33am CT
Released	Dallas Cowboys	DAL D/ST	Owner	Thu Mar 7 12:33am CT

## **Fully Loaded**

Released Jonnu Smith MIA TE Owner Mon May 20 2:47am CT

## Grind It Out

Released	Younghoe Koo	ATL K	Owner	Wed May 22 12:39pm CT
Released	Los Angeles Chargers	LAC D/ST	Owner	Wed May 22 12:39pm CT
Released	Kenny Pickett	PHI QB	Owner	Wed May 22 12:39pm CT
Released	Daniel Carlson	LV K	Owner	Wed May 22 12:39pm CT
Released	Emari Demercado	ARI RB	Owner	Wed May 22 12:39pm CT
Released	Tyler Conklin	NYJ TE	Owner	Wed May 22 12:39pm CT
Off I/R	Nick Chubb	CLE RB	Owner	Wed May 22 12:35pm CT
Traded		Old School		Mon Jul 8 8:03pm CT

Gabriel Davis WR JAX Rnd 6, Pick 3
Rnd 8, Pick 6 Rnd 8, Pick 3

## Mendham Maulers

No transactions performed this week.

## Old School

Released	Tyler Higbee	LAR TE	Owner	Tue Jul 2 12:07am CT
Released	Tyler Bass	BUF K	Owner	Tue Jul 2 12:07am CT
Released	Van Jefferson	PIT WR	Owner	Sat Jun 8 3:25pm CT
Released	Noah Fant	SEA TE	Owner	Sat Jun 8 3:25pm CT
Released	Tampa Bay Buccaneers	TB D/ST	Owner	Sat Jun 8 3:25pm CT
Released	Cam Akers	MIN RB	Owner	Sat Jun 8 3:25pm CT
Traded		Grind It Out		Mon Jul 8 8:03pm CT
	Rnd 6, Pick 3		Gabriel Davis WR JAX	

Rnd 8, Pick 6

## **Primetime Dynasty**

Rnd 8, Pick 3

Traded		The Dirty D		Sat Jul 6 5:55am CT
Released	Kareem Hunt	CLE RB	Owner	Mon Jun 17 8:04am CT
Released	Demarcus Robinson	LAR WR	Owner	Thu Jun 20 10:33pm CT
Released	Skyy Moore	KC WR	Owner	Thu Jun 20 10:37pm CT
Released	Noah Gray	KC TE	Owner	Thu Jun 20 10:40pm CT
Released	Jason Sanders	MIA K	Owner	Thu Jun 20 10:48pm CT

Tony Pollard RB TEN Mike Williams WR NYJ
C.J. Stroud QB HOU Devin Singletary RB NYG
Jalin Hyatt WR NYG Bryce Young QB CAR
Rnd 4, Pick 11 Rnd 1, Pick 4



### **Training Day**

www.rtsports.com 2024 Transactions Tue Jul 9 11:13am CT

#### Rives MVB

Released	Michael Mayer	LV TE	Owner	Wed Jun 26 3:18am CT
Released	Tank Bigsby	JAX RB	Owner	Wed Jun 26 3:18am CT
Released	Baltimore Ravens	BAL D/ST	Owner	Wed Jun 26 3:18am CT
Traded		The Cows (2nd)		Thu May 9 4:35pm CT

Rnd 2, Pick 10 Khalil Shakir WR BUF

## Stingers(p9)

Released Jordan Mason SF RB Owner Fri Apr 5 4:36pm CT Released Kenneth Gainwell PHI RB Owner Fri Apr 5 4:36pm CT

#### TGBPC1QD

No transactions performed this week.

## The Cows (2nd)

Released	Israel Abanikanda	NYJ RB	Owner	Tue Jun 4 10:40am CT
Released	Greg Dulcich	DEN TE	Owner	Tue Jun 4 10:40am CT
Released	Evan McPherson	CIN K	Owner	Tue Jun 4 10:40am CT
Released	Buffalo Bills	BUF D/ST	Owner	Tue Jun 4 10:40am CT
Off I/R	Joe Burrow	CIN QB	Owner	Sun May 12 11:33pm CT
Off I/R	Greg Dulcich	DEN TE	Owner	Sun May 12 11:33pm CT
Traded		Rives MVB		Thu May 9 4:35pm CT
	Khalil Shakir WR BUF		Rnd 2, Pick 10	
Traded		Wollywoppers		Fri May 3 3:38pm CT

Wollywoppers
Will Levis QB TEN Rnd 8, Pick 7

## The Dirty D

Released	Hayden Hurst	LAC TE	Owner	Thu Jul 4 9:46am CT
Released	Dalvin Cook	BAL RB	Owner	Thu Jul 4 9:46am CT
Released	Taylor Heinicke	ATL QB	Owner	Thu Jul 4 9:44am CT
Released	Dorian Thompson-Robinson	CLE QB	Owner	Thu Jul 4 9:44am CT
Released	Minnesota Vikings	MIN D/ST	Owner	Wed Jul 3 4:57pm CT
Released	Greg Joseph	GB K	Owner	Wed Jul 3 4:57pm CT
Released	Donovan Peoples-Jones	DET WR	Owner	Wed Jul 3 4:57pm CT
Released	JuJu Smith-Schuster	NE WR	Owner	Wed Jul 3 4:57pm CT
Off I/R	Mike Williams	NYJ WR	Owner	Wed Jul 3 2:51pm CT
Off I/R	Kirk Cousins	ATL QB	Owner	Wed Jul 3 2:51pm CT
Traded		Primetime Dynasty		Sat Jul 6 5:55am CT
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Mike Williams WR NYJTony Pollard RB TENDevin Singletary RB NYGC.J. Stroud QB HOUBryce Young QB CARJalin Hyatt WR NYGRnd 1, Pick 4Rnd 4, Pick 11

# Wollywoppers

Traded The Cows (2nd) Fri May 3 3:38pm CT

Rnd 8, Pick 7 Will Levis QB TEN